

**COURSE DATA****Data Subject**

<b>Code</b>	44647
<b>Name</b>	External internships I
<b>Cycle</b>	Master's degree
<b>ECTS Credits</b>	6.0
<b>Academic year</b>	2022 - 2023

**Study (s)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
2220 - M.U. en Recuperación Funcional en Fisioterapia	Faculty of Physiotherapy	1	Second term

**Subject-matter**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
2220 - M.U. en Recuperación Funcional en Fisioterapia	16 - External internships	External Practice

**Coordination**

<b>Name</b>	<b>Department</b>
AGUILAR RODRIGUEZ, MARTA	191 - Physiotherapy

**SUMMARY**

Students will perform practices in centers related to their specialty. They'll perform all tasks necessary for the acquisition of the competences provided in this master, ensuring that they are able to plan and carry out a comprehensive approach to patients, depending on their biopsychosocial sphere. They will perform an exhaustive exploration, planning therapeutic targets, implementing of specific maneuvers, evaluating of treatment outcomes and reports, to meet the demands of this master. Always basing each of their performances in the scientific evidence and without losing sight of its role within a multidisciplinary team.

On the other hand, in order to guide the process of student learning from a educational perspective, all students will have an academic tutor in the Faculty, depending on the chosen specialty.



The Commission of External Practices of the Faculty of Physiotherapy will manage the suitability of the centers of practices and tutors responsible for the teaching of this subject, offering an annual listing of quality teachers and centers of practices adapted to their needs.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

To study this subject no prerequisites are required

## OUTCOMES

### 2220 - M.U. en Recuperación Funcional en Fisioterapia

- Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.
- Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.
- Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.
- Students should demonstrate self-directed learning skills for continued academic growth.
- Students should possess and understand foundational knowledge that enables original thinking and research in the field.
- Ser capaz de promover la educación sanitaria entre los diferentes componentes del equipo transdisciplinar de trabajo.
- Saber aplicar los conocimientos adquiridos y ser capaces de resolver problemas en entornos nuevos, o poco conocidos dentro de contextos más amplios (o multidisciplinares) relacionados con las técnicas fisioterápicas en los distintos niveles de asistencia sanitaria en el tratamiento físico de las patologías y lesiones concretas cuyo nivel de especialización requerido es mayor.
- Ser capaz de elaborar informes orales y escritos acerca de la situación funcional de las/os pacientes.
- Conocer los principios éticos, deontológicos y legales de la aplicación de las técnicas fisioterápicas en cada ámbito de actuación, siendo capaces de gestionar los recursos de manera fiable y viable.
- Ser capaces de integrar conocimientos y enfrentarse a la complejidad de formular juicios a partir de una información que, siendo incompleta o limitada, incluya reflexiones sobre las responsabilidades sociales y éticas vinculadas a la aplicación de sus conocimientos y juicios, planificando un abordaje integral del paciente.



- Ser capaces de aplicar correctamente las diferentes metodologías disponibles basadas en la evidencia en el tratamiento de las patologías y lesiones que nos ocupa.
- Ahondar en el tratamiento de fisioterapia específico según las características de la patología.
- Ser capaces de saber utilizar el ejercicio físico terapéutico en todos los ámbitos de actuación de la recuperación funcional.
- Aplicar en un entorno clínico especializado los programas de recuperación funcional de manera individualizada en colaboración con el equipo multidisciplinar.
- Fomentar, en contextos académicos y profesionales del ámbito de la política económica, el avance tecnológico, social o cultural dentro de una sociedad basada en el conocimiento y en el respeto a: a) los derechos fundamentales y de igualdad de oportunidades entre hombres y mujeres, b) los principios de igualdad de oportunidades y accesibilidad universal de las personas con discapacidad y c) los valores propios de una cultura de paz y valores democrático.

## LEARNING OUTCOMES

Ability to develop independently the profession, with particular emphasis on the development of strategies for the prevention and treatment of major diseases by using specific methods of exploration and functional assessment of patients, application of special techniques physiotherapy and prescription exercise. All it aimed at functional recovery of the patient and adapted to their bio-psycho-social characteristics.

## DESCRIPTION OF CONTENTS

### 1. External Practices

The contents of external practices will focus on the development of physiotherapy own professional activities. Explorations and specific functional assessments will perform, designing treatment plans based on the objectives, implementation of physiotherapy techniques scientifically based, with a focus on functional recovery through exercise and evaluation of results will be conducted interventions.

**WORKLOAD**

ACTIVITY	Hours	% To be attended
Internship		100
Development of individual work	30,00	0
Internship	270,00	0
<b>TOTAL</b>	<b>300,00</b>	

**TEACHING METHODOLOGY**

The student will learn to practice in the clinical setting. He/she will also be tutored along practices by an academic tutor, who will guide him/her in the preparation of the final report.

**EVALUATION**

Evaluation system	Percentage of qualifying
Assistance to clinical practice. In this type of evaluation is taken into account, not only the student's presence in clinical practice, but their involvement in them. Thus, it will consider punctuality, student motivation to dealing with the patient and their relatives, the literature review on the maneuvers performed with the patient or the proposed activities for functional recovery, expanding knowledge and student interest in learning about the medical history of the patient and in providing innovative intervention techniques.	<b>85%</b>
The portfolio will be both theoretical and practical classroom and external practical classes. In this document, students must translate the activities in each subject as a diary, and includes activities that the teacher ask for	<b>15%</b>



outside school hours.	
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**TOTAL= 100%**

**It will be necessary to obtain at least a score of 5 in each part (attendance to practices and final memory), to pass the subject.**

