

**COURSE DATA****Data Subject**

<b>Code</b>	44200
<b>Name</b>	External internships
<b>Cycle</b>	Master's degree
<b>ECTS Credits</b>	15.0
<b>Academic year</b>	2021 - 2022

**Study (s)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
2194 - M.U. en Nutrición Personalizada y Comunitaria	Faculty of Pharmacy and Food Sciences	1	First term

**Subject-matter**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
2194 - M.U. en Nutrición Personalizada y Comunitaria	5 - External internships	Optional

**Coordination**

<b>Name</b>	<b>Department</b>
SOLER QUILES, CARLA MARIA	265 - Prev. Medicine, Public Health, Food Sc.,Toxic. and For. Med.
SORIANO DEL CASTILLO, JOSE MIGUEL	265 - Prev. Medicine, Public Health, Food Sc.,Toxic. and For. Med.

**SUMMARY**

Internship is a subject of 15 ECTS belonging to "the Master's Degree in Personal and Community Nutrition.

The general aims of the Internship are:

- Complementing the educational training received with practical training, bringing students to work reality in which they could develop professional skills for the future.



- Apply the knowledge and skills acquired during the master to the development of the professional activity.
- To promote the initiative, creativity, overcoming difficulties, problem solving, decision making, responsibility, interest in practical learning, teamwork, respect for the other staff and the fulfilling of commitments.

The Internships consist of 375 hours of work, equivalent to three months of assistance to the company or organization at least 6 hours a day.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

Not applicable

## OUTCOMES

### 2194 - M.U. en Nutrición Personalizada y Comunitaria

- Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.
- Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.
- Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.
- Students should possess and understand foundational knowledge that enables original thinking and research in the field.
- Ser capaces de obtener y de seleccionar la información y las fuentes relevantes para la resolución de problemas, elaboración de estrategias y asesoramiento a clientes.
- Contemplar en conjunto y tener en cuenta los distintos aspectos y las implicaciones en los distintos aspectos de las decisiones y opciones adoptadas, sabiendo elegir o aconsejar las más convenientes dentro de la ética, la legalidad y los valores de la convivencia social.
- Know how to work in multidisciplinary teams reproducing real contexts and contributing and coordinating their own knowledge with that of other branches and participants.



- Participate in, lead and coordinate debates and discussions, be able to summarize them and extract the most relevant conclusions accepted by the majority.
- Projectar sobre problemas concretos sus conocimientos y saber resumir y extraer los argumentos y las conclusiones más relevantes para su resolución.
- Planificar, ordenar y encauzar actividades de manera que se eviten en lo posible los imprevistos, se prevean y minimicen los eventuales problemas y se anticipen sus soluciones.
- Utilizar las distintas técnicas de exposición oral, escrita, presentaciones, paneles, etc., para comunicar sus conocimientos, propuestas y posiciones y teniendo en cuenta un lenguaje integrador e igualitario.
- Desarrollar y redactar resultados y/o publicar trabajos científicos en Nutrición.
- Conocer y aplicar los conocimientos y competencias adquiridas en el ámbito profesional en nutrición y alimentación.
- Adquirir el conocimiento que permita actuar en respeto a los derechos fundamentales y a los principios de igualdad.

## LEARNING OUTCOMES

Learn to work together, organize, plan and make decisions, and to interpret, evaluate and communicate relevant data in various aspects of the professional activity of Personal and Community Nutrition. , making use of information technology and communication.

## DESCRIPTION OF CONTENTS

### 5. External practices

Performing pre-professional in companies and public and private organizations in the field Personal and Community Nutrition



## WORKLOAD

ACTIVITY	Hours	% To be attended
Internship		100
Study and independent work	0,00	0
<b>TOTAL</b>	<b>0,00</b>	

## TEACHING METHODOLOGY

Development and evaluation of projects.

In addition, the contents of the module will be related to the Sustainable Development Goals (SDG). This is intended to provide students with knowledge, skills and motivation to understand and address these SDGs, while promoting reflection and criticism.

## EVALUATION

The internship will be supervised by one or more tutors, some of them being university professors designated

Evaluation of the internship is based on the student's skills, related to Personal and Community Nutrition, using as indicators the report submitted.

The student must fulfill the following requirements to pass the subject:

- Attendance of tutorials and proposed activities.

Adequately fulfill the work plan proposed by the company supervisor.

- Having presented a final internship report;

- The university tutor will evaluate the student's learning based on the adequacy of the student's report and the criteria established by the tutor.

- The company tutor will assess, by means of a questionnaire, the skills acquired by the student. The company supervisor's evaluation will be based on attendance, the fulfillment of the tasks realized by the student, the degree to which the student has assumed responsibilities, the degree of satisfaction of the company/organization with the work performed by the student and the general evaluation of the tasks carried out by the student



## REFERENCES

### Basic

- Las obtenidas al realizar las búsqueda bibliográficas de artículos de revisión y experimentales de la temática seleccionada en las bases de datos, relativas a las actividades de la empresa.

## ADDENDUM COVID-19

**This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council**

### 1. Contents

The contents programmed in the teaching guide are maintained.

### 2. Volume of work and temporary planning of teaching

Maintenance of teaching planning.

### 3. Teaching methodology

**The teaching methodology will be maintained and may be telematic if an agreement is reached with the company or institution.**

The practical training (or at least 50%) may be extended, if there is a possibility until the end of the academic year.

Other alternatives will be considered with the approval of the Academic Coordination Commission of the Master and the Commission of the Center for External Practices.

### 4. Evaluation

The evaluation modality of this section is maintained.

### 5. Bibliography

The recommended readings are kept as they are available in databases that the UV has subscribed to (they require VPN in some cases).