



## COURSE DATA

### Data Subject

<b>Code</b>	44194
<b>Name</b>	External internships
<b>Cycle</b>	Master's degree
<b>ECTS Credits</b>	30.0
<b>Academic year</b>	2023 - 2024

### Study (s)

Degree	Center	Acad. year	Period
2191 - Master's Degree in General Psychology Health	Faculty of Psychology and Speech Therapy	2	Second term
2244 - Master's Degree in General Psychology Health	Faculty of Psychology and Speech Therapy	2	Annual

### Subject-matter

Degree	Subject-matter	Character
2191 - Master's Degree in General Psychology Health	9 - External internships	External Practice
2244 - Master's Degree in General Psychology Health	9 - External internships	External Practice

### Coordination

Name	Department
ATIENZA GONZALEZ, FRANCISCO L.	295 - Personality, Evaluation and Psychological Treatment

## SUMMARY

This course's main objective is that students put into practice the knowledge acquired through practices in health facilities where at least there will be two clinical psychologist or General Health psychologist. The practices are intended to encourage and produce learning do you "know do" "want to do", "can to do" and "know to be", that is knowing how to play the professional role. It is not only know and apply techniques and intervention strategies, but especially to acquire an apprenticeship role, communication skills, development of empathy and all those skills that are necessary for the proper professional development of a / a psychologist / a toilet.

Despite the heterogeneity of existing practices, they can be drawn aspects common to all of them, which



are the objectives of this subject, which can be summarized as:

- Know detect, assess and diagnose needs and situations requiring the intervention of a psychologist overall health.
- Know how to identify behaviors, problems, needs and make a psychological intervention in this regard.
- Know how to identify and implement the useful resources to carry out that intervention.
- Make oral and written reports.
- Implement professional attitudes and skills appropriate and effective
- Know how to manage different customer relations.
- Develop cooperative skills with other professionals.
  
- . Make contact with the management aspects of the profession
- . To act according to the ethical principles of professional practice and regulations

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

Have passed the matter: 44186, 44187 and 44188

## COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

### 2191 - Master's Degree in General Psychology Health

- Know how to use information and communication technology with different objectives for improving professional skills (relationships with other professionals, gathering of information, dissemination of knowledge, etc.)
- Know how to spread knowledge among professionals in the same discipline or related disciplines.
- Have a concern for achieving quality work.
- Students should apply acquired knowledge to solve problems in unfamiliar contexts within their field of study, including multidisciplinary scenarios.
- Students should be able to integrate knowledge and address the complexity of making informed judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities associated with the application of their knowledge and judgments.
- Students should communicate conclusions and underlying knowledge clearly and unambiguously to both specialized and non-specialized audiences.
- Students should possess and understand foundational knowledge that enables original thinking and research in the field.



- Have a good command of effective oral communication skills in multiple formats (e.g., group discussion, debate, conference, etc.) and for multiple purposes (e.g., inform, defend, explain, persuade, argue, teach, etc.).
- Acquire, develop and implement a comprehensive health concept that includes the biopsychosocial components of health, in accordance with the guidelines established by WHO.
- Work from the perspective of quality and continuous improvement, with a self-critical capacity, necessary for a responsible professional performance.
- Capacidad de comunicación, de diálogo, de apoyo, de trabajo en grupo y de respeto a los principios de igualdad entre hombres y mujeres.
- Learn more about the different models of assessment and intervention in the field of general health psychology, as well as the techniques and procedures deriving from them for addressing behaviour disorders and the psychological factors associated with health problems.
- Plan, conduct and, where appropriate, monitor the process of psychological evaluation of human behaviour and the psychological factors associated with health problems.
- Critically analyse and use sources of clinical information.
- Use information and communication technology in professional practice.
- Obtain an in-depth knowledge of the psychological nature of human behaviour and of the social and biological factors that can affect it.
- Obtain an in-depth knowledge of the psychological nature of human behavioural disorders..
- Obtain an in-depth knowledge of the psychosocial factors associated with health problems and disease.
- Obtain an in-depth knowledge of the biological and psychosocial factors associated with health problems and disease, especially those related to mental health.
- Aplicar los fundamentos de la bioética y el método de deliberación en la práctica profesional, ajustándose su ejercicio como profesional sanitario a lo dispuesto en la Ley 44/2003, de 21 de noviembre, de ordenación de las profesiones sanitarias y a la confidencialidad de la información y de la protección de datos personales de los y las pacientes.
- Adquirir, desarrollar y poner en práctica un concepto de salud integral, en donde tengan cabida los componentes biopsicosociales de la misma, conociendo el marco de actuación del psicólogo general sanitario y sabiendo derivar al profesional especialista correspondiente.
- Desarrollar su trabajo desde la perspectiva de la calidad y la mejora continua, con la capacidad autocrítica necesaria para un desempeño profesional responsable, que conduzca a un grado de excelencia en el conocimiento y aplicación del principio de igualdad entre hombres y mujeres.



## LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)

- Know how to function within the organization or institution that has made the practice.
- Know identify needs and situations requiring intervention overall health psychologist.
- Learn strategies assessment and psychological intervention.
- Know how to interact appropriately with empathy, assertiveness, etc.
- Use strategies of cooperation with other professionals: respect, negotiation, collaboration.
- Know assume the diversity of tasks involved in overall health professional role of psychologist.
- To exercise the profession with respect for human rights, ethical and deontological principles relevant in the context of a culture of peace and equality.
- Know practice in the framework of existing legislation

## DESCRIPTION OF CONTENTS

### 1. External Practices

The program of activities agreed by the two guardians (internal and external) include:

1. The supervised practice of the practical activities contemplated in the internship offer at the center where the student is going to carry out their internship.
2. Individual tutoring sessions
3. Analysis of situations, cases and relevant problems
4. Assessment tasks focused on deepening knowledge, either on the identifying elements of the case. Tasks related to treatment, if any, will focus on choosing the most appropriate psychological interventions or, if circumstances allow, putting them into practice as a co-therapist in a real case.

Through ADEIT ([www.adeituv.es/practicas](http://www.adeituv.es/practicas)) an agreement will be established for the realization of external practices that will contain information on the following elements. Data of the student, data of the institution; data of the tutors, training program with indication of objectives, activities, duration and period of completion of the practices.

Through the link (<http://www.adeituv.es/practicas-en-empresas/estudiantes/ofertas/#/>) will be able to access the places offered for the current academic year. To do this, you must indicate in Type of title "Postgrado oficial"; in Title " Master Universitario en Psicología General Sanitaria ", and in Type of practices "Curricular". In the aforementioned link, the calendar for the presentation of internship applications will also be provided.



## WORKLOAD

ACTIVITY	Hours	% To be attended
Internship		100
Development of individual work	200,00	0
Preparation of evaluation activities	45,00	0
Internship	500,00	0
<b>TOTAL</b>	<b>745,00</b>	

## TEACHING METHODOLOGY

It is directed to / the student in learning-oriented activities. The activity will focus on search, location, analysis, preparation and presentation of the information worked.

Virtual Classroom (<http://pizarra.uv.es>). In this virtual space, students can find documents, information or news

relevant to the subjects.

Learning with the External Tutor practices. In external practices, external tutor guides the student in developing their professional skills.

Attending tutorials with the academic Tutor: In the tutorials teachers guide students in building their knowledge; orient in the elaboration of the work, resolve doubts or difficulties related to the subject. They will be individually and in small groups. If possible, the forum of the Virtual Classroom will be used to facilitate consultations and clarifications that may be of interest to the working groups.

## EVALUATION

Continuous assessment of professional performance during external practices by the external tutor: Weight 80.

Evaluation by the academic tutor of the quality of the final report of external practices presented: Weight 20.

The continuous evaluation of the external practices by the external tutor will be carried out based on the evaluation questionnaire facilitated by ADEIT, through which the following elements will be evaluated:

### Assessment of generic competences

Scale from 0 nothing to 10 much; X: No Answer



- 1. Oral and written communication
- 2. Troubleshooting
- 3. Creativity
- 4. Critical analysis capacity
- 5. Ability to assume responsibilities
- 6. Transfer of theory to practice
- 7. Social skills
- 8. Adaptation to new and complex contexts
- 9. Understanding the usefulness and scope of scientific research results
- 10. Autonomy to participate in scientific and technological projects
- 11. Ability to manage one's professional development
- 12. Planning and management of time and resources
- 13. Decision making
- 14. Team work
- 15. Mastery of work competencies and methodologies

#### **Assessment of practices**

**Scale from 0 nothing to 10 much; X: (Does not Know / Does not Answer)**

- 1. The student has expanded their training with these practices
- 2. Satisfaction with the level of knowledge and skills demonstrated by the student during their internship
- 3. Satisfaction with the work done by the student in practice
- 4. Collaboration and coordination with the academic tutor / a
- 5. Satisfaction with the management carried out by ADEIT
- 6. Overall satisfaction with supervised practice

#### **Global practice rating**

**Scale from 0 nothing to 10 much; X: (Does not Know / Does not Answer)**

**The student has continued in the company or entity after performing the practices:**



### Observations:

The evaluation by the academic tutor of the quality of the final report of practices will be based on the assessment of the quality of the following elements of the same:

1. Description of the company
  - 1-1. Location, sector and activities carried out by the company
2. Activities Report
  - 2.1. Planning and calendar of practices
  - 2.2. Detailed description of the activities developed
3. Conclusions
  - 3.1. Personal assessment
  - 3.2. Usefulness as a complement to university education
  - 3.3. Usefulness for the future labor insertion
  - 3.4. Suggestions for improvement

Annexes

Bibliography (if necessary)

The final report of practices must be delivered to the academic tutor within a maximum period of one week after the completion of external practices. The extension of the first three points of the memory will range between 15 and 25 pages. The annexes and bibliography will not have a page limit, and they are not obligatory. The format of the memory will be as follows: Typeface: New Times Roman; Font size: 12 points (in text body); Line spacing 1.5; Margin: Normal. The final report of practices will be delivered in paper format and / or in PDF format, as indicated by the academic tutor who is to evaluate it.

The consultation and challenge of the qualification obtained in evaluation tasks, will be subject to the provisions of the Rules of Challenging Qualifications (ACGUV 29 april, 2008).  
(<http://www.uv.es/=sgeneral/Reglamentacio/Doc/Estudis/C9.pdf>)

## REFERENCES

### Basic

- Guía de prácticas externas Master en Psicología General Sanitaria. Comisión de Coordinación Académica Master PGS/ADEIT.