

# **COURSE DATA**

Data Subject	
Code	36351
Name	Functional Histology
Cycle	Grade
ECTS Credits	6.0
Academic year	2021 - 2022

Stud	ly (	(s)
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Degree	Center	Acad. year	Period
1109 - Degree in Biochemistry and Biomedical Sciences	Faculty of Biological Sciences	2	Second term

Subject-matter		
Degree	Subject-matter	Character
1109 - Degree in Biochemistry and Biomedical Sciences	11 - Integración fisiológica y fisiopatológica	Obligatory

### Coordination

Name	Department
GARCIA VERDUGO, JOSE MANUEL	21 - Cellular Biology and Parasitology
MORANTE REDOLAT, JOSE MANUEL	21 - Cellular Biology and Parasitology

## SUMMARY

Functional Histology course deals with the study of organic tissues (General Histology) and how they are organized into organs and systems (Microscopic Organography). It is based on the observation and description of the tissue components, integrates molecular and morphofunctional aspects (histophysiology), and includes basic principles of histopathology. Embryonic origin, classification, organization and morphofunctional characteristics of epithelial, connective, cartilage, bone, muscle, nervous, haematopoietic and limphoid tissues. The lectures also include fundamentals of organography, which is complemented during the practical classes with observations, interpretations and diagnosis of tissue samples and organs. The contents of this course will provide the basis for other subjects, such as Regulation of Proliferation and Cell Fate, Human Physiology, Immunology and Immunopathology, and Molecular Neurobiology and Neuropathology.



# PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

## Other requirements

Basic knowledge in biochemistry, genetics, molecular biology, and cell biology.

## **OUTCOMES**

### 1109 - Degree in Biochemistry and Biomedical Sciences

- Know the usual procedures used by scientists in the area of molecular biosciences and biomedicine to generate, transmit and disseminate scientific information.
- Know the common and differential molecular and cellular elements of the different types of living organisms with special emphasis on the human being and model organisms for their study.
- Understand experimental approaches and their limitations and interpret scientific results in molecular biosciences and biomedicine.
- Know how to design multidisciplinary experimental strategies in the field of molecular biosciences to solve complex biological problems, especially those related to human health.
- Acquire skills to use the methodologies of molecular biosciences and to keep an annotated record of activities.
- Know how to work responsibly and rigorously in the laboratory, considering the safety aspects in experimentation as well as the legal and practical aspects of the handling and disposal of waste.
- Know the biochemical and molecular bases of cell function.
- Have an integrated view of normal and altered cell function, including metabolism and gene expression.
- Have an integrated view of the cellular responses to environmental effectors and changes and the alterations that cause pathologies.
- Have an integrated view of the systems of intercellular communication and cellular physiology that regulate normal and pathological development and function.
- Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.
- Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.
- Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.



- Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.
- Show initiative and leadership for multidisciplinary teamwork and cooperation.
- Be able to assimilate scientific texts in English.

# **LEARNING OUTCOMES**

Knowledge about the position of histology in the context of biomedical sciences and recognition of its implications.

Understanding the rationale of tissue physiology from its structural organization. Being able to solve issues and design basic experimental approaches in histology.

Developed skills of observation and of integration of structural, molecular, genetic and functional information to achieve an integrated view of the functions of tissues, organs and organ systems.

Understanding and use of the methods for histological analysis, especially microscopy and histochemistry.

Knowledge about and proper use of microscopes as basic tools for the analysis of cells and tissues, and capacity for interpreting three-dimensional microscopic images.

Understanding of the tissue bases of human pathology.

Becoming familiar with the literature in the field of histology and capacity of analysis and synthesis to organize, integrate and present information in a consistent manner.

Capacity for critical analysis of information in the field.

# **DESCRIPTION OF CONTENTS**

### 1. INTRODUCTION TO HISTOLOGY

The role of histology in Biomedical Sciences. Functional classification of cell types. Concept of tissue. Simple and complex tissues. General organization of tissues. Introduction to methodologies for the study of histology. General aspects of the embryonic development of tissues.

#### 2. EPITHELIAL TISSUE

General characteristics of epithelia: embryonic origin, distribution and morphofunctional organization. Unity and diversity: cytokeratins. Epithelial cell polarity. Morpho-functional domains and membrane specializations. Cell adhesion systems. Basement membrane. Epithelia and glandular epithelia. Exocrine and endocrine glands: types and mechanisms of secretion. Structure of secretory epithelial cells. Histological organization of the glands.



#### 3. CONNECTIVE TISSUE

Cellular and extracellular components. Histogenesis, functions and distribution. Mesenchyme. Morphofunctional characteristics of different connective tissues. Serous membranes. Concept of parenchyma and stroma. Adipose tissue.

#### 4. CARTILAGE TISSUE

General morphology. Cellular and extracellular components. Structure of mature cartilage. Perichondrium. Chondrogenesis, growth and nutrition. Types of cartilage. Hyaline cartilage. Elastic cartilage. Fibrocartilage. Chordoid tissue.

### **5. BONE TISSUE**

General histological structure of bone tissue. Bone cells: osteoprogenitor cells, osteoblasts, osteocytes and osteoclasts. Bone matrix: structure, composition and process of mineralization. Patterns of gross and microscopic organization of bone. Compact bone: concept of osteon. Spongy bone tissue. Bone structure. Periosteum and endosteum. Osteogenesis: endochondral and endomembranous ossification. Immature and lamellar bone. Growth and bone remodeling. Bone dynamics. Joints: general structure.

#### 6. MUSCLE TISSUE

General features of muscle tissue. Histological Organization of skeletal muscle. Skeletal muscle fibers: myofibrils, myofilaments and sarcomere structure. Morphofunctional basis of muscle contraction. Muscle-tendon junction. Myogenesis and regeneration of skeletal muscle. Histological organization of cardiac muscle tissue. Types and structure of myocardial cells. Intercalated disks. Conducting tissues. Purkinje fibers. Histological organization and distribution of smooth muscle. Structure of smooth muscle fibers. Contraction mechanisms. Other contractile cell types: myoepithelial cells, myofibroblasts and pericytes.

### 7. NERVOUS SYSTEM

General characteristics of the nervous tissue. Cell types: morphology and basic aspects. General organization of the central nervous system and peripheral nervous system. Ependyma. Choroid plexus. Blood brain barrier.

#### 8. HEMATOPOIETIC AND LYMPHOID ORGANS

Blood components. Structure of blood cells. Histological organization of the bone marrow. Hematopoiesis. General structure of the lymphoid system. Histological organization of lymphoid organs.



#### 9. CARDIOVASCULAR SYSTEM

General characteristics of the cardiovascular system. Arteries. Veins. Capillaries. Arteriovenous anastomoses. Lymphatic vessels. Heart. Vasculogenesis and angiogenesis.

#### 10. RESPIRATORI SYSTEM

General organization of the respiratory system. Wall structure of the respiratory tract. Trachea. Lung. Alveolar Histophysiology. Pleura.

#### 11. URINARY SYSTEM

Macroscopic and microscopic organization of the kidney. Uriniferous tubule. Renal corpuscle. Structure of the urinary tract wall.

### 12. DIGESTIVE SYSTEM

Mouth and mouth organs. General organization of the digestive tract. Esophagus. Stomach. Small and large intestine. Salivary glands. Liver. Pancreas.

## 13. REPRODUCTIVE SYSTEM

Testis. Epididymis. Prostate. Ovary. Uterus. Placenta.

### 14. SKIN APPENDAGES

General organization of the skin. Structure of the epidermis, biology and functional alterations. Dermis. Sensory receptors in the skin. Wound healing. Skin tags. Sweat glands. Sebaceous glands. Mammary glands.

#### 15. SENSE ORGANS: SIGHT AND HEARING

General and microscopic structure of the eye. General and microscopic structure of the ear.

## **16. ENDOCRINE SYSTEM**

Special characteristics of endocrine cells and tissues. Histological organization of the thyroid gland, parathyroid glands and adrenal glands.



#### 17. LABORATORY PRACTICAL CLASSES

#### **INGLÉS**

- 1. Foundations for the study of microscopic anatomy. Epithelial lining tissue. Connective tissue.
- 2. Glandular epithelial tissue. Muscle tissue.
- 3. Mesenchyme. Cartilaginous tissue. Bone tissue.
- 4. Nervous tissue. Skin.
- 5. Tissue and lymphoid organs. Respiratory system.
- 6. Urinary system. Digestive system.
- 7. Reproductive system

# **WORKLOAD**

ACTIVITY	Hours	% To be attended
Theory classes	40,00	100
Laboratory practices	20,00	100
Development of group work	10,00	0
Development of individual work	7,00	0
Study and independent work	31,00	0
Readings supplementary material	7,00	0
Preparing lectures	23,00	0
Preparation of practical classes and problem	12,00	0
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# **TEACHING METHODOLOGY**

**Lectures**. The teacher will present the basics of the subject, devoting more time to highly complex issues, and will guide the students in the integration of the contents with related issues of other subjects. Teaching and bibliographic resources will be available to students in multimedia.

**Laboratory practical classes**. The program of practical classes will develop coordinated and parallel to the lectures. It will consist of the microscopic analysis of histological, morphological and functional organization of tissues of mammals. The program also includes the descriptive study of the microscopic and macroscopic anatomy of the principal body organ systems, by analyzing using human normal and pathological samples.

**Seminars**. The participation of students in these mandatory activities consist of the preparation and presentation of a seminar during approximately 30 minutes (in groups of two students). This activity will be organized jointly with other subjects in the second year.



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# **EVALUATION**

#### Theoretical block

The evaluation of the contents of the theoretical program will be carried out by a test of each of the two parts of the subject: Histology (topics 1 to 8) and Organography (topics 9 to 16). This exam may consist on questions of various formats (quiz, true / false and/or short open answer questions) aimed to evaluate the knowledge and understanding acquired by the student on the subject and their ability to use the specific scientific language. Additionally, throughout the semester, teachers may propose the realization of evaluable tasks the grade of which will represent a percentage (not higher than 10%) of the grade of the corresponding part of the subject.

Depending on the calendar and the general organization of the course, the exam of the first part (Histology) might be carried out on a date prior to that of the first call. In that case, the second part exam (Organography) will be celebrated on the official date according to the exam schedule. The realization of the exam of any of the two parts will necessarily imply a grade in the student's record, eliminating the option of appearing as "not presented".

The theoretical part of the subject will be considered passed with a combined final score of the two parts equal to or greater than 5 (out of 10), provided that the individual mark of each of them is greater than 3.5. The grades on first call, equal to or greater than 3.5 in any of the two parts may be kept for the second call.

The combined final grade of the two parts (Histology and Organography) will represent 60% of the final grade.

#### Practical block

The evaluation of this block will include an exam where students will be asked to identify and interpret histological images (20% of the final grade) and the presentation of observation guides elaborated upon the work during the practical sessions (15% of the final grade). To pass this part, it is necessary to obtain a grade equal to or greater than 5 (out of 10) in the practical exam and to present all of the observation guides. If passed in the first call, this grade will be kept for the second one in case other parts are still pending, but under no circumstances will it be transferred to the following year, nor will exempt him/her from the obligatory attendance to the practical classes the next time she/he courses the subject.

#### Seminars

The student's participation in the seminar activity, which is compulsory and organized jointly with the rest of the second-year subjects, will represent 5% of the final grade.

## **REFERENCES**



#### **Basic**

- Alberts, B., Johnson, A., Lewis, J., Raff, M., Roberts, K., Walter, P. (2010). Biología Molecular de la Célula. 5ª ed. Ediciones Omega.
- Gartner, L.P. and Hiatt, J.L. (2007). Color Textbook of Histology. 3rd ed. Saunders Elsevier.
- Gilbert, S.F. (2005). Biología del desarrollo. 7ª ed. Ed. Médica Panamericana.
- Junqueira, L.C: y Carneiro, J. (2005). Histología básica: texto y atlas. 6ª ed. Masson.
- Kierszenbaum, A.L. y Tres, L.L. (2012). Histología y Biología Celular. Introducción a la anatomía patológica. 3ª ed. Elsevier-Saunders.
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- Martín-Lacave, I. (2014). Atlas de Histología Humana. 1ª ed. Ediciones Díaz de Santos.
- Montuenga Badía, L. (2014) Técnicas en histología y biología celular. 2ª ed. Elsevier España.
- Rhodin, J.A. (1974). Histology: a Text and Atlas. Oxford Univ. Press.
- Ross, M.H. y Pawlina, W. (2012). Histología. Texto y Atlas color con Biología Celular y Molecular. 6ª ed. Ed. Médica Panamericana.
- Stevens, A. y Lowe, J. (2006). Histología humana. 3ª ed. Elsevier-Mosby.
- Welsch, U. (2013). Sobotta Histología. 3ª ed. Panamericana.
- Young, B., Heath, J.W. y Woodford, P. (2014). Wheater Histología funcional. Texto y Atlas en Color. 6<sup>a</sup> ed. Elsevier España.

# **ADDENDUM COVID-19**

This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

1 y 2) Contenidos y Volumen de trabajo.

Sin cambios

#### 3) Metodología.

En principio, dado el número de estudiantes y las aulas disponibles es de plena presencialidad en las actividades. Sin embargo, ante la posibilidad de que la evolución de la situación derivada de la COVID-19 obligue a una reducción de la presencialidad, se tomarán las siguientes medidas:



- 1) Las actividades presenciales en aula se sustituirían en función de las herramientas tecnológicas disponibles en el aula en el momento de desarrollo del curso, por las siguientes metodologías:
- -Videoconferencia síncrona
- -Videos de presentaciones en mmedia.uv.es
- -Presentaciones Powerpoint locutadas en Aula Virtual
- -Presentaciones Powerpoint con apuntes extendidos en Aula Virtual
- -Propuestas de actividades de resolución de Cuestionarios de Aula Virtual y entrega de tareas y cuestiones por Aula Virtual
- 2) Las actividades presenciales de prácticas de laboratorio, se sustituirían por las siguientes metodologías, según las necesidades de la asignatura:
- Prácticas telemáticas asíncronas mediante microscopios virtuales disponibles en internet.
- Presentaciones Powerpoint locutadas en Aula Virtual
- Discusiones en foros asíncronos en Aula Virtual
- 3) Para tutorías y dudas se utilizarían las siguientes metodologías:
- -Chats síncronos en Aula Virtual
- -Foros asíncronos en Aula Virtual
- -Comunicación directa profesor-estudiante a través del correo institucional

#### 4) Evaluación.

En caso de la imposibilidad de realizar exámenes presenciales, se adaptará evaluación de la siguiente manera:

### **BLOQUE TEÓRICO (60%)**

- 1) Los exámenes de test de teoría originalmente planeados en el calendario (incluyendo el posible parcial de la primera parte de la asignatura (Histología)) se realizarán 'on line' en Aula Virtual mediante las herramientas disponibles.
- 2) Resolución de cuestiones sobre el temario de teoría que podrán realizarse o bien junto como parte del examen de teoría o bien a lo largo del cuatrimestre con plazo de entrega programado a través de aula virtual.

La nota máxima de cada test será de 8,5 (4,25 cada uno de los test) a los que se sumarán hasta 1,5 puntos que se obtendrán por la realización de las cuestiones/actividades. Estos 1,5 puntos se repartirán de la siguiente manera



- hasta 0,75 por una actividad relacionada con los contenidos de la primera parte de la asignatura temas 1-8).
- hasta 0,75 por la actividad relacionada con los contenidos de la segunda parte de la asignatura temas 9-16).

## **BLOQUE PRÁCTICO (35%)**

La evaluación de las prácticas de laboratorio se basará en la realización de un examen de identificación de imágenes histológicas (25% de la nota final) y la presentación de guiones de observación elaborados para cada sesión de prácticas (10% de la nota final).

Los cuestionarios se realizarán online o bien mediante documentos escaneados convertidos a formato pdf de los dibujos/esquemas realizados sobre papel.

El examen de prácticas de identificación de imágenes se realizará online a través de aula virtual.

## ACTIVIDAD SEMINARIO (5%)

Los detalles concretos de la adaptación a las situaciones que se pudieran producir se supervisarán por la CAT y se comunicaran a los estudiantes a través de Aula Virtual

## 5) Bibliografía.

Sin cambios