

**COURSE DATA****Data Subject**

<b>Code</b>	34388
<b>Name</b>	Practicum III
<b>Cycle</b>	Grade
<b>ECTS Credits</b>	19.5
<b>Academic year</b>	2018 - 2019

**Study (s)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
1200 - Degree in Nursing	Faculty of Nursing and Chiropody	4	Other cases

**Subject-matter**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
1200 - Degree in Nursing	18 - Integrated practice in the health area/department	External Practice

**Coordination**

<b>Name</b>	<b>Department</b>
MARTINEZ SABATER, ANTONIO	125 - Nursing

**SUMMARY****English version is not available**

El modelo de prácticas integradas en el Departamento/Área de Salud desarrollado en el Grado de Enfermería, integra los conocimientos, habilidades, destrezas, actitudes y valores adquiridos en todas las materias de la titulación incorporando tanto las ciencias biológicas, como médicas y sociales. No obstante, hay que tener en cuenta que la práctica en instituciones sanitarias es un componente esencial del proceso de enseñanza aprendizaje en Enfermería, ofreciendo la oportunidad de desarrollar un conocimiento práctico diferente, adquirido mediante la acción, al permitir reconocer diferentes situaciones e intervenir con una respuesta concreta dada por la práctica, considerándose un conocimiento ligado a la experiencia, y centrado no sólo en la atención a la persona sino a la familia y la comunidad. En este caso, las asignaturas Practicum III y IV completan el proceso iniciado con la asignatura “Introducción a la Práctica de Enfermería” y que ha seguido con las asignaturas del Practicum I y II permitiendo una visión integral de la persona, la familia y la comunidad desarrollado en los Centros de Salud, Centros de Salud Pública y las unidades de apoyo a la Atención Primaria.



Las asignaturas Practicum III y IV se desarrollan en el ámbito de la atención especializada hospitalaria. Por un lado en el Practicum III en las salas de Hospitalización general (médicas y quirúrgicas), mientras que la asignatura Practicum IV está diseñada para desarrollarse en los servicios más especializados hospitalarios: UCI, Reanimación, Urgencias y Quirófano, con rotatorios puntuales en unidades de Materno-infantil y/o Salud Mental. En ella se prevé que el alumnado adquiera habilidades y destrezas en el manejo de instrumentos y la realización de técnicas relacionadas con la “Enfermería Médico-quirúrgica” y “Gestión y Administración de los Servicios de Salud”, así como aplicando en ellas, las diferentes pruebas y procedimientos a realizar en cada servicio, permitiendo relacionar los procesos fisiopatológicos y los cuidados específicos de enfermería aprendidos, utilizando para ello las diferentes guías de práctica clínica, vías clínicas y protocolos de cuidados con el fin de garantizar la calidad en los servicios y la seguridad de la persona atendida. Debemos señalar que a pesar de las características de especialización y tecnificación típicas de estos servicios, a la hora de la valoración y la planificación de los cuidados siempre se tiene presente mantener una visión integral de la persona y de su familia y su entorno.

Con las asignatura Practicum III y IV, se culmina la formación práctica en cuidados de enfermería, en el nivel especializado de salud, como un nivel integrado dentro del proceso asistencial. En ella se posibilita que el alumnado aprenda estando en contacto directo con una persona sana o enferma y su familia. En esta unidad intervienen todas las materias relacionadas con el ciclo vital.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

Es requisito necesario para la matrícula en las Asignaturas de la Materia haber superado 90 créditos ECTS.

Se recomienda compaginar la matrícula con la asignatura Practicum IV y haber superado las asignaturas Practicum I y Practicum II, y así como las asignaturas relacionadas con el ciclo vital en que se han estudiado las actuaciones de enfermería en los procesos más frecuentes en los diversos sectores poblacionales

## COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

### 1200 - Degree in Nursing

- Know the use and suitability of health products linked to nursing care, paying special attention to differences according to age and gender.



- Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.
- Recognise the right to health, apply the principle of social equity to professional practice and understand the ethical implications of health in a changing global context.
- Encourage and respect the patient's right to be involved, informed, independent and to give informed consent when decisions are taken, in accordance with their experience of the process of health-illness and death.
- Work as a team, understood as a basic unit into which professionals and other workers of health care organisations are integrated, structured and organised in single- or multi-disciplinary and inter-disciplinary teams, as a way of ensuring the quality of health care.
- Maintain and update professional skills, with particular emphasis on independent learning of new knowledge and skills and motivation for quality in health care.
- Propose and develop health care actions that privilege health promotion and disease prevention, and that aim to improve the living conditions of the population.
- Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.
- Base nursing interventions on scientific evidence and available means.
- Plan and provide nursing care for individuals, families or groups, focusing on health results and evaluating its impact, using guides to clinical practice and care that set out the processes involved in the diagnosis, treatment or care of a health problem.
- Design care systems for individuals, families or groups, focusing on health results, evaluating their impact and implementing appropriate changes.
- Encourage and respect the patient's right to be involved, informed and independent when decisions are taken, in accordance with their experience of the process of health, illness and death.
- Protect the health and welfare of the individuals, families and groups being cared of, guaranteeing comprehensive care.
- Promote healthy lifestyles that encourage self-care among individuals, families and communities.
- Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.
- Know the strategies to provide comfort and alleviate symptoms, aimed at the patient, the family and the non-professional caregiver, in the administration of palliative care in situations of advanced or terminal illness.
- Offer health education actions using strategies that are appropriate to individuals, families and communities, making scientific information and recommendations available to the population in an understandable language.



- Plan, organise and evaluate training activities for nurses and other health professionals.
- Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.
- Establish evaluation procedures applying scientific-technical and quality principles.
- Identify the biological, demographic, environmental, social, economic, cultural, psychological and gender determinants of health, and analyse their influence on the living and working conditions of the population and their impact on the health-disease process.
- Identify community participation as an essential element for the development of health promotion, and participate in the formulation, implementation and evaluation of healthy public policies and intersectoral projects that strengthen local development.
- Understand, critically assess and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.
- Apply information and communication technologies in clinical, therapeutic, preventive, health promotion and research activities.
- Have a critical, creative, constructive and research-oriented point of view in professional practice.
- Understand the importance and limitations of scientific thinking for the study, prevention and management of people's health.
- Acquire basic training for research, identifying the elements and phases of the research process.
- Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.
- Know the different groups of medicines, the principles of authorisation, their use and indication and their mechanisms of action. Know the use of medicines, evaluating the expected benefits and associated risks and/or the side effects derived from their administration and consumption according to gender difference.
- Know and assess the nutritional needs of healthy people and of those with health problems, throughout the life cycle and according to physical activity, in order to promote and reinforce healthy eating behaviour patterns. Identify the nutrients and the foods in which they are found. Identify the most prevalent nutritional problems in women and men and select appropriate dietary recommendations.
- Implement health care information and communication technologies and systems.
- Identify people's psychosocial responses to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide help in these situations. Establish an empathic and respectful relationship with the patient and family, according to the person's situation, health problem and stage of development. Use strategies and skills that enable effective communication.
- Be able to recognise situations where life is in danger and to perform basic and advanced life-saving techniques.





- Apply the nursing process to provide and guarantee the well-being, quality and safety of the people being cared of.
- Know and apply the principles behind comprehensive nursing care.
- Direct, evaluate and provide comprehensive nursing care to the individual, family and community.
- Be able to describe the foundations of the primary health care level and the activities to be developed to provide comprehensive nursing care to the individual, family and community. Understand the role and activities and cooperative attitude that the professional must adopt within a primary health care team. Promote the involvement of individuals and groups in their health-disease process.
- Know the health alterations of the adult person, identifying the manifestations that appear in the different stages. Identify care needs arising from health problems. Analyse the data collected in the assessment, prioritise the adult patient's problems, define and implement the care plan and evaluate it.
- Identify the characteristics of women in the different stages of the reproductive cycle and in the climacteric and the alterations that can occur, and provide the necessary care in each stage. Apply general care during the maternity process to facilitate the adaptation of women and newborns to new demands and prevent complications.
- Know the specific aspects and care of the newborn. Identify the characteristics of the different stages of childhood and adolescence and the factors that condition the normal pattern of growth and development. Know the most frequent health problems in childhood and identify their manifestations. Analyse child assessment data.
- Understand the changes associated with the aging process and their impact on health. Identify the structural, functional, psychological and lifestyle changes associated with the aging process. Know the most frequent health problems in the elderly. Select caregiving interventions aimed at treating or preventing health problems and their adaptation to daily life through resources that are close to and support the older person.
- Get to know the Spanish health system. Identify the characteristics of the managerial function of nursing services and care management. Know and be able to apply the techniques of group management.
- Know the applicable legislation and the code of ethics of Spanish nursing, inspired by the code of ethics and conduct for European nursing. Provide care respecting the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of patients and families. Customise care based on age, gender, cultural differences, ethnicity, beliefs and values.
- Know the most relevant mental health problems in the different stages of the life cycle, providing comprehensive and effective care in the field of nursing, applying gender analysis.
- Learn about palliative care and pain control in order to provide care that alleviates the situation of the terminally ill.
- Pre-professional work placement, with a final assessment of competences, in health centres, hospitals and other care centres, which will allow students to acquire professional values, communication skills, clinical reasoning, clinical management and critical judgment, by integrating nursing knowledge, skills and attitudes into professional practice.

**LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)****English version is not available****WORKLOAD**

ACTIVITY	Hours	% To be attended
Internship		100
Attendance at events and external activities	5,00	0
Development of group work	80,00	0
Readings supplementary material	20,00	0
Preparation of evaluation activities	5,00	0
Resolution of case studies	7,00	0
<b>TOTAL</b>	<b>117,00</b>	

**TEACHING METHODOLOGY****English version is not available****EVALUATION****English version is not available****REFERENCES****Basic**

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