



COURSE DATA

Data Subject

Code	34376
Name	Community nursing
Cycle	Grade
ECTS Credits	6.0
Academic year	2023 - 2024

Study (s)

Degree	Center	Acad. year	Period
1200 - Degree in Nursing	Faculty of Nursing and Chiropody	2	First term
1213 - Degree in Nursing (Ontinyent)	Faculty of Nursing and Chiropody	2	First term

Subject-matter

Degree	Subject-matter	Character
1200 - Degree in Nursing	15 - Public health and community nursing	Obligatory
1213 - Degree in Nursing (Ontinyent)	15 - Salud pública y enfermería comunitaria	Obligatory

Coordination

Name	Department
BALLESTAR TARIN, MARIA LUISA	125 - Nursing
MARTINEZ SABATER, ANTONIO	125 - Nursing

SUMMARY

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La asignatura de *Enfermería Comunitaria* es la segunda de las tres que fundamentan la materia de “*Salud Pública y Enfermería Comunitaria*” dentro del perfil curricular del nuevo plan de estudios de Enfermería.

En ella estudiaremos el modelo de promoción de la salud internacionalmente reconocido y propuesto en la Carta de Ottawa, el cual se interpreta como un conjunto de medidas que tienen como objeto el mejorar la calidad de vida de la población, y que requieren de políticas sociales integradas en educación, sanidad, vivienda, alimentación, trabajo, ocio y tiempo libre, etc.



En este modelo, la Salud Pública actúa de puente entre la política social y el sistema sanitario. La promoción de la salud se considera como un instrumento de apoyo para la transformación del modelo de atención curativo, centrado en el individuo, a otro centrado en la comunidad. Para conseguir esto es necesario que la comunidad sea un factor decisivo en el impulso de las políticas saludables, es decir, que participe y tome decisiones sobre los problemas de salud que la afectan y sobre su calidad de vida. Es necesario que pueda tomar decisiones que afectan al Sistema Sanitario y a otros sectores como el social, el educativo, el laboral, de medio ambiente, etc., que también repercuten en la salud.

La promoción de la salud y la participación de la comunidad requieren de la Educación para la Salud, considerada ésta como una metodología de investigación participativa adecuada para la Atención Primaria y mediante la cual se desarrollan actividades educativas y de acción social.

Por ello, es importante que los profesionales de la salud, y en especial los de Enfermería, adquieran la metodología necesaria para la práctica de la promoción de la salud, dado que es en este campo donde se fundamenta el modelo profesional de la Enfermería Comunitaria, para conseguir, desde la Atención Primaria, una coordinación intersectorial y la participación y el desarrollo de la comunidad. La metodología de investigación-acción permitirá conocer los problemas y necesidades de salud de la población y establecer programas globales y sectoriales en los que se produzcan alternativas emancipadoras que permitan despertar una conciencia y una voluntad de transformación crítica.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

El alumnado deberá disponer de los conocimientos básicos de Salud Pública (1er curso).

OUTCOMES

1200 - Degree in Nursing

- Be able to provide comprehensive and professional nursing care that is appropriate to the health needs of the person, family and community being cared of, from the recognition of the citizens' right to health, and in accordance with the current state of development of scientific knowledge and with the quality and safety standards established in applicable legal and deontological regulations.
- Recognise the right to health, apply the principle of social equity to professional practice and understand the ethical implications of health in a changing global context.
- Reflect on the importance of gender analysis in health, and understand how, depending on lifestyles, the use of time and working conditions have an impact on people's health.



- Analyse and reflect on the consequences of being a woman and a man in the process of getting sick, the differential attention received and the specific way of dealing with pain and illness.
- Work as a team, understood as a basic unit into which professionals and other workers of health care organisations are integrated, structured and organised in single- or multi-disciplinary and inter-disciplinary teams, as a way of ensuring the quality of health care.
- Propose and develop health care actions that privilege health promotion and disease prevention, and that aim to improve the living conditions of the population.
- Know and apply the theoretical and methodological foundations and principles of nursing, for the promotion and protection of health, the prevention of illness and the comprehensive care of people, in order to improve the quality of life of the population.
- Protect the health and welfare of the individuals, families and groups being cared of, guaranteeing comprehensive care.
- Promote healthy lifestyles that encourage self-care among individuals, families and communities.
- Provide nursing care based on integrated healthcare principles, involving multi-professional cooperation, process integration and continuity of care, in coordination with all the levels of healthcare and other social and health resources and services.
- Offer health education actions using strategies that are appropriate to individuals, families and communities, making scientific information and recommendations available to the population in an understandable language.
- Establish truthful, effective and respectful communication with patients, family, social groups, other professionals and the media, both orally and in writing, and promote health education.
- Know and apply communication techniques and tools from a non-sexist perspective, both in interpersonal relationships and in group dynamics.
- Know the structure, operation and financing of the health and social-health systems, in order to make optimal use of the available resources.
- Establish evaluation procedures applying scientific-technical and quality principles.
- Know and use the different health information systems.
- Identify the biological, demographic, environmental, social, economic, cultural, psychological and gender determinants of health, and analyse their influence on the living and working conditions of the population and their impact on the health-disease process.
- Identify community participation as an essential element for the development of health promotion, and participate in the formulation, implementation and evaluation of healthy public policies and intersectoral projects that strengthen local development.
- Understand, critically assess and know how to use sources of clinical, biomedical and health information to obtain, organise, interpret and communicate scientific and epidemiological information.
- Apply information and communication technologies in clinical, therapeutic, preventive, health promotion and research activities.



- Have a critical, creative, constructive and research-oriented point of view in professional practice.
- Understand the importance and limitations of scientific thinking for the study, prevention and management of people's health.
- Acquire basic training for research, identifying the elements and phases of the research process.
- Be able to formulate hypotheses and to gather and critically assess information to resolve problems by applying, among others, the gender approach.
- Direct, evaluate and provide comprehensive nursing care to the individual, family and community.
- Be able to describe the foundations of the primary health care level and the activities to be developed to provide comprehensive nursing care to the individual, family and community. Understand the role and activities and cooperative attitude that the professional must adopt within a primary health care team. Promote the involvement of individuals and groups in their health-disease process.
- Get to know the Spanish health system. Identify the characteristics of the managerial function of nursing services and care management. Know and be able to apply the techniques of group management.
- Bachelor's thesis. Cross-disciplinary subject area involving work related to different subjects.

LEARNING OUTCOMES

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WORKLOAD

ACTIVITY	Hours	% To be attended
Theory classes	78,00	100
Classroom practices	10,00	100
Tutorials	2,00	100
Development of group work	12,00	0
Study and independent work	22,00	0
Preparation of evaluation activities	8,00	0
Preparing lectures	18,00	0
TOTAL	150,00	

TEACHING METHODOLOGY



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EVALUATION

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REFERENCES

Basic

- 1. Martín Zurro, A. M., i Jodar Solá, G. J. (2018). Atención familiar y salud comunitaria: conceptos y materiales para docentes y estudiantes. Madrid: Elsevier.
- 2. Marchioni, M. (2004). La Acción Social en y con la Comunidad. Zaragoza: Libros Certeza.
- 3. Marqués, F. (2004). Métodos y medios en promoción y educación para la salud. Ed. UOC
- 4. Mazarrasa, L.; Sánchez, A.; Germán, C.; Sánchez A.M.; Merelles, A.; Aparicio, V. (2003). Salud Pública y Enfermería Comunitaria. Madrid: McGraw-Hill Interamericana.
- 5. Lindström, B., i Eriksson, M. (2011). Guía del autoestopista salutogénico: camino salutogénico hacia la promoción de la salud (Vol. 1). Documenta Universitaria.

Additional

- 1. Piedrola Gil, G. directores Joaquín Fernández-Crehuet Navajas [et al.] (2016). Medicina preventiva y salud pública. Barcelona: Elsevier-Masson.
- Portales de Internet de interés
 - a. Conselleria de Sanitat Universal i salut pública. Valencia: <http://www.san.gva.es/>
 - b. Escuela Andaluza de Salud Pública: <http://www.easp.es/web/esp/index.asp>
 - c. Escuela Valenciana de Estudios en Salud: <http://www.eves.san.gva.es/portal/>
 - d. Ministerio de Sanidad y Consumo: <http://www.msc.es>
 - e. Organización Mundial de la Salud: <http://www.who.org>
 - f. Sociedad Española de Medicina de Familia y Comunitaria (SEMFYC): <http://www.semfyc.es/es/>
 - g. Gobierno de Aragón. Salud y Consumo. <http://portal.aragon.es/portal/page/portal/SALUDPUBLICA>