

**COURSE DATA****Data Subject**

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|----------------------|--------------------------|
| Code | 33946 |
| Name | Introduction to Research |
| Cycle | Grade |
| ECTS Credits | 6.0 |
| Academic year | 2022 - 2023 |

Study (s)

| Degree | Center | Acad. Period |
|--|---------------------|---------------------|
| 1205 - Degree in Human Nutrition and Dietetics | Faculty of Pharmacy | 4 First term |

Subject-matter

| Degree | Subject-matter | Character |
|--|-------------------------------|------------------|
| 1205 - Degree in Human Nutrition and Dietetics | 31 - Introduction to research | Optional |

Coordination

| Name | Department |
|--------------------------|--------------------|
| BOLUDA HERNANDEZ, RAFAEL | 25 - Plant Biology |

SUMMARY

Introduction to Research Methods is a fourth year elective course in Bachelor's Degree in Human Nutrition and Dietetics, which is taught in the Faculty of Pharmacy, University of Valencia. This course has a total of 6 ECTS credits to be given in the first semester.

The aim is focussed to provide the tools to start in the research and to understand and to properly use the various tools and resources currently available for research. For this reason, the student will learn the application of scientific method from the generation of working hypotheses, planning experiments, sampling and data generation, interpretation of results and reporting them to the scientific community and society. This will include management of the main sources of scientific information and databases, ethical issues and the ongoing development of a scientific career both nationally and internationally.



PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

OUTCOMES

1205 - Degree in Human Nutrition and Dietetics

- Develop the capacity to gather and convey information in English at a level equivalent to the B1 level in the Common European Framework of Reference for Languages.
- Adquirir habilidades básicas para buscar referencias científico-técnicas de calidad en las distintas fuentes de información.
- Know the main forums for scientific discussion and their usual operation.
- Be able to write, present and defend research outcomes.
- Understand what a doctoral thesis is and how to write it and present it.
- Be able to fill in an application form for a research project.
- Know the ethical constraints of research in health sciences.

LEARNING OUTCOMES

- To understand the scientific method and its aplicación.
- To know the environment of scientific research and the main tools and resources used in the laboratory.
- To know the main sources of scientific information and how they are used to perform literature searches.
- To know formulate hypotheses and planning experiments to contrast.
- To know how to interpret and communicate the results of scientific research.
- To understand the current structure of the scientific career as developed in the public and private sectors.



DESCRIPTION OF CONTENTS

1. Science and scientific method

1. Introduction to scientific research.

Definitions. Purposes of scientific research. Methods of scientific research. The confusion between science and technology.

2. The scientific method.

Origin of scientific questions. Application of scientific method. Boundaries between science and pseudoscience.

2. The research process

3. The literature review.

The state of affairs. Sources of bibliographic information. Management databases. Storage of information.

4. The research project.

Writing of a research project. Types of projects and funding sources. Project management. Monitoring and projectos.

5. The laboratory work.

Experimental design. The laboratory notebook. Safety in the laboratory. Good laboratory practice. Teamwork.

6. Analysis of experimental results.

Qualitative and quantitative studies. Statistical methods. Interpretation of results and drawing conclusions.

7. Scientific communication.

Types of scientific communications. Structure of the paper. Authorship. How to make tables and graphs. The popularization of science.

3. The scientific career

8. Basic and applied research.

Basic research. Applied research. Technology.

9. Public research and private research.

The public inquiry. Research in the company.

10. The scientific career and professional opportunities.

The graduate. The PhD. The postdoc. The scientific profession. University research.

4. Computing Practices



- 1) Search of references in bibliographic databases, storage in references manager software and introduction to the redaction of a scientific document.
- 2) Search and analysis of calls for scholarships and research grants. Search and analysis of research projects calls of national and international organizations. Search of national and international patents.

WORKLOAD

| ACTIVITY | Hours | % To be attended |
|--|---------------|------------------|
| Theory classes | 45,00 | 100 |
| Computer classroom practice | 8,00 | 100 |
| Seminars | 2,00 | 100 |
| Tutorials | 2,00 | 100 |
| Development of group work | 10,00 | 0 |
| Development of individual work | 10,00 | 0 |
| Study and independent work | 20,00 | 0 |
| Readings supplementary material | 5,00 | 0 |
| Preparation of evaluation activities | 15,00 | 0 |
| Preparing lectures | 15,00 | 0 |
| Preparation of practical classes and problem | 5,00 | 0 |
| Resolution of case studies | 5,00 | 0 |
| TOTAL | 142,00 | |

TEACHING METHODOLOGY

Teaching is based on the individual study of the topics that will be reinforced with the organization of **tutoring**. Prior to the date of tutoring, the student must have prepared the proposed activities to reinforce the learning of specific aspects of the program.

The **computer work** will favor the relationship between knowledge and its application to practice.

Will be conducted **seminars** on topics suggested by the teacher and related to the subject. The preparation of the seminar will be supervised by the teacher. The work shall be in writing and will be presented by students.



EVALUATION

- a) Producing, presentation and defense of Coordinated Seminars works related to the contents explained and discussed in the classroom. Written work will be evaluated and the level of understanding of the content and skills to their exposure, advocacy and discussion. (10%).
- b) Make a **written test** to ensure knowledge and understanding of theoretical minimum content established for the subject (40%).
- c) Evaluation of **computer** work by means teacher supervision, and the ability to make very detailed and organized reports. A written report of the practices have to be delivered (10%).
- d) Elaboration and presentation of a document with the structure of a scientific article (30%).
- e) Performance of the specific tasks raised during the course development (10%)

Attendance at practices and tutorials is mandatory to pass the subject. Those students that ask for early call, should have done the practices of informatics, coordinated seminar and attended the tutorials. Students of second inscription and over, will maintain the qualifications of a) c) d) y e), although they should attend the tutorials. They will be able to repeat the informatics practices, perform the new specific tasks and the elaboration and presentation of the document with structure of scientific article to improve the grade.

REFERENCES

Basic

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- Echeverría J. (1999). Introducción a la metodología de la ciencia. La filosofía de la ciencia en el siglo XX. Ediciones Cátedra.
- Ebel, Hans F. (2004) The art of scientific writing. Wiley-VCH: Weinheim (Alemania).
- Primo-Yúfera E. (1994). Introducción a la investigación científica y tecnológica. Alianza Editorial.
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- di Trocchio F. (1998). Las mentiras de la ciencia. Libro de bolsillo CT2500. Alianza Editorial.

Additional

- Bernabeu i Mestre, J. (2008). Investigación e innovación tecnológica en la ciencia de la nutrición: el abordaje de la malnutrición en el contexto de la cultura científica. ECU Editorial: San Vicent: España
- Contento, I. R. (2007). Nutrition education: linking research, theory, and practice. Jones and Bartlett Publishers: EEUU
- Ireton-Jones C.S., Gottschlich, M.M., Bell, S. J. (1999). Practice-Oriented Nutrition Research: An Outcomes Measurement Approach. Jones and Bartlett Publishers: EEUU
- Koh, E.T. (2000). Introduction to Nutrition and Health Research. Springer: Alemania.
- Miján de la Torre, A. (2002). Técnicas y métodos de investigación en nutrición humana. Glosa Editorial: España.
- Barnard, C. Gilbert F. y McGregor P. (1993). Asking questions in biology. Design, analysis and presentation in practical work. Longman group UK limited.
- Brown D.y Rothery P. (1993). Models in biology: mathematics, statistics and computing. John Wiley and sons.