

**COURSE DATA****Data Subject**

Code	33470
Name	Education for health: Prevention of addictive behaviour
Cycle	Grade
ECTS Credits	4.5
Academic year	2020 - 2021

Study (s)

Degree	Center	Acad. year	Period
1306 - Degree in Social Education	Faculty of Philosophy and Educational Sciences	4	First term

Subject-matter

Degree	Subject-matter	Character
1306 - Degree in Social Education	261 - Socio-educational intervention II	Optional

SUMMARY

Health, considered a value over the history of humanity has undergone changes over time, changes that result from the context and time in which we live. Thus, a value to be something better for the subject, is a preference that arises from the individual's social immersion, and relationships with various institutions and groups. Thus, each of us can have an individual concept of health, but do not forget that this concept does not arise only as individual choice, but is closely related to understanding and understanding of that value has on the social level .

The Health Education is located in the scientific framework of the Theory of Education, and therefore from General Systems Theory provides a concept interrelation between the physical health, psychological and social. Seeks from a systemic-cybernetic, and through health education, which subjects learn to cope with the stresses from the environment in which they interact, both from the area of physical health and mental, social and environmental.

The various relationships are such that any change in the physical, mental and social development through the education system is an improvement in self - development of positive feedback loop - self esteem, therefore systemically analyzed the characteristics of this loop and propose some suggestions for studying the evolution of the educational system in the three areas of health.



PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

OUTCOMES

LEARNING OUTCOMES

Resultados de aprendizaje

Know and use basic concepts and content related to health and education.

- Understand the place of health education in our educational system.
- Know how to apply the main methodologies, strategies and policies in health education.
- Manage a variety of content areas in health education.
- Develop programs of health education.

WORKLOAD

ACTIVITY	Hours	% To be attended
Theory classes	30,00	100
Classroom practices	15,00	100
TOTAL	45,00	

TEACHING METHODOLOGY

Metodología docente

Depending on the results of learning are different methods used will be specified in the various activities teachers / learners (theoretical-practical class, seminar, tutorial ...): expository methodology, cooperative work, group discussion, text analysis, learning activities , etc.



EVALUATION

Sistema de evaluación de la asignatura

- **Assessment:**

- Draft educational intervention: the course will be held during an intervention project as a group related to the intervention areas worked on in class. There will be follow up on the dates indicated.
- Final test written, the program issues relating to the subject (contents explained by the teacher and the student activities / y in relation to the issues.).

- Portfolio: This is where an individual work where a body of evidence collected in the learning process and the learning: learning activities, reflections, activities.

- **General evaluation criteria:**

- Attendance to theoretical and practical sessions, seminars and joint activities.
- Active participation, commitment and interest
- Domain and conceptual precision.
- Clarity of exposition and synthesis capabilities.
- Exhibition structured, systematic and documented.
- Developing personal, critical and informed of what was learned.
- Correcting grammar and spelling
- Compliance with the deadlines set for the subject

REFERENCES

Basic

- Referencia b1: GÓMEZOCAÑA, C; RIUS LOZANO, M. (1998): Educación para la Salud. Una transversal curricular. Conselleria de Sanitat y Consum. Direcció General de Salut Pública. IVESP. Valencia.

Referencia b2:

ROCHON, A. (1991): Educación para la Salud. Una guía práctica para realizar un proyecto. Ed. Masson. Barcelona.

Referencia b3: VV.AA.(1999): Saber viure: estils de vida i salut. Octaedro. Barcelona

ADDENDUM COVID-19



This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

English version is not available

1- Contenidos

Se mantienen los contenidos

2. Volumen de trabajo y planificación temporal de la docencia

Se mantiene el volumen de trabajo inicial, si bien se ha adaptado a las circunstancias sobrevenidas por el covid-19.

Se mantienen los horarios estipulados en la titulación aunque se trabajará por semanas alternas, con la mitad del grupo en cada semana y mediante trabajo autónomo tutorizado con el alumnado que esa semana no asista presencialmente.

3. Metodología docente

Lección magistral participativa

-Discusión en grupo, debate, etc.

-Elaboración de reflexiones

-Prácticas de aula: aplicaciones de la teoría, estudios de casos, solución de problemas, uso de pruebas e instrumentos

-Trabajo en grupo

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4. Evaluación

Proyecto de intervención socioeducativa o trabajo de investigación: Se realizará durante el curso de relacionado con los ámbitos de intervención trabajados en clase. Se realizará su seguimiento en las fechas indicadas.

- **Prueba final:** de las cuestiones referidas al programa de la asignatura (contenidos explicados



por la profesora y actividades realizadas por el alumno/a en relación a los temas.).

Portafolio: Se trata de un trabajo individual donde se recoge un conjunto de evidencias del proceso de aprendizaje y de lo aprendido: actividades de aprendizaje, reflexiones, actividades complementarias.