

**COURSE DATA****Data Subject**

Code	33325
Name	Psychopharmacology
Cycle	Grade
ECTS Credits	4.5
Academic year	2023 - 2024

Study (s)

Degree	Center	Acad. year	Period
1319 - Degree in Psychology	Faculty of Psychology and Speech Therapy	4	Second term

Subject-matter

Degree	Subject-matter	Character
1319 - Degree in Psychology	24 - Psychopharmacology	Obligatory

Coordination

Name	Department
RODRIGUEZ ARIAS, MARTA	268 - Psychobiology

SUMMARY

The subject Psychopharmacology is compulsory. It is developed in six major areas such as history, concept and methodology of psychopharmacology, the biological and psychopharmacological treatment of mood and anxiety disorders, psychotic disorders, cognitive disorders and attention deficit disorder, as well as substance abuse disorders.

It is connected with other subjects such as “Fundamentos de Psicobiología”, “Psicología Fisiológica and “Psicoendocrinología” that provide the basis for understanding Psychopharmacology.

Finally, the three non-compulsory subjects in the field of Psychobiology also require the basic knowledge and skills developed in Psychopharmacology. In addition, during this subject students acquire knowledge and skills that will be useful in other subjects during their Psychology degree, as it provides the a psychopharmacological basis which can be useful and necessary in order to understand different aspects of treatment for mental disorders in other subjects addressed in the grade.



This subject is clearly connected to different professional fields such as clinical, evolutionary development, social intervention or research activity.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

Students must have a basic knowledge of the Biology subject teaches in the bachelor of health sciences. They also need computer skills at user level. It is also advisable to have passed the course the subject Fundamentos de Psicobiología and have basic knowledge of the subjects Psicología Fisiológica I y II.

OUTCOMES

1319 - Degree in Psychology

- Be able to describe and measure variables (personality, intelligence, attitudes, aptitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes.
- Be able to prepare oral and written reports.
- Know and comply with professional ethics of Psychology.
- Know the methodology used for developing psycho-drugs and the methods to verify their therapeutic effectiveness.
- Be able to recognise the type of psycho-drug that a specific substance belongs to.
- Be able to guide the pharmacological treatment of specific clinical cases.
- Know the different groups of psycho-drugs and their use in different mental disorders.

LEARNING OUTCOMES

1. Place the subject Psychopharmacology both in the context of psychology and neurosciences.
- 2 - Understand the concept and history of psychopharmacology.
- 3 - Identify and interpret the main techniques applied in Psychopharmacology.
- 4- Understand the biological basis and different psychopharmacological treatments of mood disorders.
- 5- Understand the biological basis and main psychopharmacological treatments of anxiety disorders.
- 6- Understand the biological basis and different psychopharmacological treatments of psychotic disorders.
- 7- Know the biological basis and different psychopharmacological treatments of cognitive disorders and of the attention deficit disorder.
- 8-Understand the biological basis and different psychopharmacological treatments of substance abuse disorders.



DESCRIPTION OF CONTENTS

1. History, concept and methodology of psychopharmacology.

2. Biological basis and psychopharmacological treatment of mood disorders.

3. Biological basis and psychopharmacological treatment of anxiety disorders.

4. Biological basis and psychopharmacological treatment of psychotic disorders

5. Biological basis and psychopharmacological treatment of cognitive disorders and attention deficit disorder.

6. Biological and psychopharmacological treatment of substance abuse disorders

WORKLOAD

ACTIVITY	Hours	% To be attended
Theoretical and practical classes	45,00	100
Attendance at events and external activities	2,00	0
Development of individual work	10,00	0
Study and independent work	20,00	0
Readings supplementary material	2,00	0
Preparing lectures	20,00	0
Preparation of practical classes and problem	6,00	0
Resolution of case studies	7,50	0
TOTAL	112,50	

TEACHING METHODOLOGY

- Lectures with audiovisual support.



- Practical sessions aimed at applied aspects of psychopharmacology, as can be, Vademecum, familiarity with technical data and presentation of drugs and focus of clinical cases of several mental disorders.
- Carrying out practical work on theoretical and applied aspects of psychopharmacology.
- Scheduled tutorial.

EVALUATION

1- Testing on the level of theoretical and practical knowledge acquired by the students, through a multiple choice exam that will constitute 80% of the final grade.

2- Assessment of practical work that involves the ability of students to solve assumptions and practical cases of psychopharmacological treatment, showing the acquisition of knowledge, understanding and application of the contents of the subject. This section constitutes 20% of the final grade. This report will be presented at the end of classes and/or on the day of the official call to take the performance test. This section is recoverable in the second call, being able to deliver the corresponding report on the official date of the same.

In the second assessment period are recoverable both the performance test and the report that the student must present.

Minimum requirements: To pass the subject, both in the first and second call, it is required to obtain a minimum of 4 out of 10 both in the performance test and in the practical work, adding a minimum of 5 points out of 10 in the final grade.

The assignment of honors registration will be carried out in strict order of note. In the event of a tie, the voluntary development question that will be included in the exam will be scored.

The evaluation of the subject and the claim of the score obtained are subject to the provisions of the Evaluation and Qualification Regulations of the University of Valencia for Bachelor's and Master's degrees (ACGUV 108/2017 of May 30, 2017).

http://www.uv.es/graus/normatives/2017_108_reglament_avaluacio_qualificacio.pdf

The copy or plagiarism of any task of the evaluation will preclude the student from passing the course. Furthermore, the appropriate disciplinary measures may be applied.

Please be aware that, according to article 13.d) of the Statute of the University Student (RD 1791/2010, of 30 of December), a student must abstain to use or cooperate in fraudulent procedures in the tests of evaluation and works that they perform, or in official documents of the university.

In the event of fraudulent practices, the Action Protocol for fraudulent practices at the University of Valencia will be applied (ACGUV 123/2020): <https://www.uv.es/sgeneral/Protocols/C83sp.pdf>

The teaching staff may require individual or small group interviews to verify the degree of participation and the achievement of the objectives associated with any task. Not accept such verification would mean failing to pass the task.



REFERENCES

Basic

- STAHL. PSICOFARMACOLOGÍA ESENCIAL 5ª Edición: Bases neurocientíficas y aplicaciones prácticas, Stephen M. Stahl. Editorial: Aula Médica. ISBN 9788478856985
- Manzanedo C., y Rodríguez-Arias M. (coordinadoras) (2023). Psicofarmacología para estudiantes de Psicología. Ángeles Carrillo Baeza. Valencia. Versión Castellano, Inglés y Valenciano
- GOLDBERG, STAHL. PSICOFARMACOLOGÍA PRÁCTICA 1/Ed. Trasladando los hallazgos de los estudios basados en la evidencia a la práctica clínica, Joseph F. Goldberg y Stephen M. Stahl Editorial: Aula Médica. ISBN 9788478857043

Additional

- Case Studies: Stahl's Essential Psychopharmacology. Takesha Cooper, Gerald Maguire, Stephen Stahl. Cambridge University Press 2021. 9781009012898
- PRESCRIBERS GUIDE. Stephen M. Stahl, Cambridge University Press 7th edition. 2021. 9781108921275
- Colado, M. Farré, M. Leza, J. Lizasoain, I. (2023) Drogodependencias. Ed. Panamericana. Madrid. ISBN 9788491107064.
- Fernández Teruel A. (2011) Psicofarmacología, terapias psicológicas y tratamientos combinados II: eficacia comparada en los trastornos mentales. Editorial UOC.
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- Moya-Albiol, L (2012). Material d'estudi de Psicofarmacologia. Colecció Psicologia RODERIC repositori de contingut lliure. Universitat de Valencia. <http://roderic.uv.es/handle/10550/25135>
- Sanjuan J (2016) ¿Tratar la mente o tratar el cerebro? Hacia una integración entre psicofármacos y psicoterapia. Ed. Desclée de Brouwer.
- Redolar D. (2008) Cerebro y Adicción. Ed. UOC. Barcelona.
- Puig A., Prat i Vigué G. (2011) Psicofarmacología: de los mecanismos de acción a las estrategias terapéuticas. Ed. Merge.
- Salazar M., Peralta C., Pastor F.J. (2009) Tratado de Psicofarmacología. Bases y Aplicación Clínica. Ed. Médica Panamericana.
- Salazar M. (2011) Manual de Psicofarmacología. Ed. Médica Panamericana.
- Sclaefer TE, Nemeroff CB (2012) Neurobiology of psychiatric disorders. Ed. Elsevier.
- Schatzberg A.F., Jonathan O., DeBattista C. (2008) Manual de Psicofarmacologia Clínica. Luzán S.A. ed.



- Stahl S.M. (2011) Case Studies: Stahls Essential Psychopharmacology. Cambridge University Press.

