

# COURSE DATA

Data Subject					
Code	33323				
Name	Practicum (exte	rnal internship)			
Cycle	Grade	1000	57		
ECTS Credits	12.0				
Academic year	2021 - 2022				
Study (s)					
Degree		Center		Acad. Period year	
1319 - Degree in Ps	ychology	Faculty of Psych Therapy	nology and Speech	4 Annual	
Subject-matter					
Degree		Subject-matter	.n. 8741118	Character	
1319 - Degree in Ps	ychology	22 - Psychology	practicum	External Practice	
Coordination					
Name		Departr	Department		
CASTRO CALVO, J	ESUS	295 - Pe Treatme	•	n and Psychological	
PONS CAÑAVERAS	S, DIANA	295 - Pe Treatme		n and Psychological	

## SUMMARY

The work placement is a 12-credit core subject within the undergraduate degree programme in **Psychology.** Students complete a total of 288 hours at the workplace centre (the placement provider). Only in the subject Practicum one credit is equivalent to 30 hours. The total number of hours required to be awarded ECTS credits are specified in the chart below:

No. ECTS credits:	Preparation and follow-up = 10% (36
12 credits	hours)
(1 credit = 30 hours)	<b>Contact hours</b> at the workplace = 80%



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### (288 hours)

#### **Preparation of the final report and other** evaluation activities = 10% (36 hours)

**Duration:** Semester or full-year degree programme

Type: Compulsory

Category: Not related to final project

Work placements are a key component for training future Psychology graduates. Placements are geared towards helping students consolidate acquired knowledge and skills required to carry out a *professional role* in the labour market. First-hand contact with the profession in one of the fields of psychology will facilitate job placement by providing a certain domain of skills needed for professional activity. Ultimately, the general objectives for this subject are:

# 1. Consolidation of knowledge, skills and competencies acquired in the first three years of the undergraduate degree in Psychology.

Ability to integrate classroom theory with professional training, showing flexibility and the ability to adapt to situations when applying theories, techniques and screening instruments.

Ability to acquire new knowledge gained from this professional work experience.

#### 2. Learning the professional role in a professional area of Psychology.

Ability to handle situations from the perspective of what society demands from professional psychologists, having knowledge of ethical obligations and specific features that identify the professional practice of psychology.

Ability to work alongside other professionals from the perspective of the role of the psychologist.

# PREVIOUS KNOWLEDGE

#### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.



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### Other requirements

#### **REQUIREMENTS:**

Have successfully passed two-thirds of the total credits (160 credits) in core subjects.

Know the general code of ethics and those applicable in the field of psychology in which the placement will be undertaken.

IT IS RECOMMENDED that the specific requirements are met for the placement.

# COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

#### 1319 - Degree in Psychology

- Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.
- Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.
- Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.
- Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.
- Know how to analyse the patient's needs and demands in different contexts.
- Be able set goals for psychological treatment in different contexts and in collaboration and agreement with those involved.
- Be able to plan and conduct an interview.
- Be able to describe and measure variables (personality, intelligence, attitudes, aptitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes.
- Be able to identify differences, problems and needs.
- Be able to make a diagnosis according to professional criteria
- Know how to describe and measure interaction processes, group dynamics and group and intergroup structures.
- Be able to identify group and intergroup problems and needs.
- Know how to describe and measure interaction processes, organizational and inter-organizational dynamics and structures.
- Know how to select and manage tools, products and services, and identify stakeholders.
- Be able to establish the goals of intervention and develop a basic work plan according to its purpose (prevention, therapy, rehabilitation, insertion, guidance, etc.).
- Know how to choose the appropriate psychological intervention techniques to achieve the intended goals.



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- Be able to use strategies and techniques to involve patients in the intervention.
- Know how to apply direct intervention strategies and methods: psychological counselling, therapy, negotiation, mediation, etc.
- Be able to plan the assessment of programmes and interventions.
- Be able to measure and obtain relevant data for the assessment of interventions.
- Know how to provide appropriate feedback to patients.
- Be able to prepare oral and written reports.
- Know and comply with professional ethics of Psychology.
- Value the contributions made by scientific research to knowledge and professional practice.
- Promote and contribute to the health, quality of life and well-being of individuals, groups, communities and organisations.

# LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)

The positions offered in "Practicum" try to cover all professional profiles proposed by the Official College of Psychologists, considering that some of them are represented to be more career opportunities with a greater number of professionals.

Profiles that are assigned the majority of places offered: Clinical Psychology and Health, Psychology of Drug Addiction, Psychology of Work and Organizations, Educational Psychology, Psychology of Social Intervention.

Profiles that include lower supply of placements: Traffic Psychology and Road Safety and Legal Psychology.

In all cases, practices are aimed to stimulate and produce learning "know how", "want to", "can do" and "poise", to know to play the professional role. It is not only know and apply techniques and intervention strategies, but mainly to gain an apprenticeship role.

The defining characteristics of each place offered are listed in the Catalogue of placements that the School made known before the registration period for students in the Practicum. This catalogue is made up of a series of tabs, as many as places offered by the Faculty. The data contained on a card are:

a) identification data center and square: the square-Code; Business name of the entity (address, phone ...) and contact persons responsible, section, department, location ...

b) Program activities / tasks of the square: Timeline: Dates, times and days of practice objectives, competencies to be developed; activities and tasks, tools and implements.

c) Prerequisites / access requirements necessary or advisable.

d) Remarks: Other specific elements relevant or interesting in the square of practicum including: existence of scholarship or other benefits, special permits required screening interview, basic computer skills, etc..



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Despite the heterogeneity of existing spaces, can be drawn from the common content appear in most of them and as detailed below:

• Know detect, assess and diagnose needs and situations requiring the intervention of a psychologist.

• Know how to identify behaviors, problems, needs and make a proposal about psychological intervention.

- Know how to identify useful resources that can carry out this intervention.
- Know how to apply, under supervision of the external fixator, part of the psychological intervention.
- Analyse and interpret qualitative and quantitative data.
- Develop oral and written reports.
- Acquire appropriate professional attitudes

• Learn to manage different customer relationships and get to put into practice, under supervision of the external fixator, some of them.

- Develop skills of cooperation with other professionals
- Make contact with the management aspects of the profession
- Become aware of the ethical component and the ethical principles of professional practice.

# **DESCRIPTION OF CONTENTS**

#### **1. CONTACT HOURS**

1.1. At University (1, 2 credits, 36 hours)

Attend group sessions which provides information about the Practicum, specifying the characteristics of this matter, the administrative procedure to pre-register or pre-selection of seats and steps from the final allocation of a place. Make the appropriate paperwork. (5 hours).

Attend the first group or individual tutoring with your Internal or Academic Tutor, which gives information about the center of practice and the Contract of Practice so you can start your training period. (2 hours).

Attend a minimum of three group or individual tutorials with your Academic Tutor which keeps track of its functions and skills acquisition. (6 hours).

Attend tutorials (minimum 3) to specify the performance of memory. (3 hours).

Attend seminars and courses, usually of a group, which delves into various issues related to their internships that allow you to consolidate some of the skills (eg, reporting, management of specific assessment tools, clinical case review, ...) (20 hours).

#### 1.2. At the Center of Practice (9.6 credits, 288 hours)

Attend the meeting host (specify the hours, adaptation of the internship program, visit the center, etc..). (3 hours).

Attend regular meetings with the external tutor (professional) to monitor and track tasks and ongoing



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#### assessment of the student. (15 hours).

Develop the detailed program of activities on the ad and agreed by the two tutors (internal and external). (270 hours).

#### 2. NON-CONTACT HOURS (1.2 credits, 36 hours)

It advises and documents on technical, methodological, and so on. associated with the practices. (6 hours).

Take notes, prepares field notebook or portfolio of activities, etc. (5 hours).

Prepares the final report of the practicum and evaluation reports filled the practicum. (25 hours)

# WORKLOAD

ACTIVITY	Hours	% To be attended
Internship		100
Internship	240,00	0
Seguimiento y tutorización de Prácticas externas	60,00	0
TOTAL	300,00	

## **TEACHING METHODOLOGY**

## 1) CONTACT HOURS

#### 1.1. At University (1, 2 credits, 36 hours)

- Master classes in which students interact through questions, doubts and personal writing.
- Group and individual tutoring to advise / learners on specific content of interest to its formation and development of the Practicum.
- Analysis of situations, cases and problems related to the square it occupies. This analysis can be performed both individually and in small groups.
- Performance reporting and public exhibition of the same.

#### 1.2. At the Center of Practice (9.6 credits, 288 hours)

- Participant Observation
- Individual tutoring sessions
- Analyze situations, cases and relevant issues

Performance evaluation reports of cases



# EVALUATION

#### The final responsible of the note of the student is the Academical supervisor

The following evidences will be employed in order to determine the qualification of the student in the external practices:

- Quality of the final memory (30% of the note)

- Continued assessment by the supervisor in the centre where the internship was conducted, considering aspects such as the predisposition of the student toward the work conducted, interest and performance of the student/to (40% of the note). This assessment will be managed through ADEIT.

- Assessment of the Academical Tutor (30% of the note) considering aspects such as the interest and the performance of the student in the follow-up sessions made along the course. Furthermore, it is mandatory to pass the courses offered by UVocupació in order to be able to be evaluated.

The qualification of the subject will remain subjected to the Rule of Qualifications of the Universitat of València (ACGUV 108/2017).

(http://www.uv.es/graus/normatives/2017\_108\_reglament\_avaluacio\_qualificacio.pdf)

In accordance with this rule, marks will be expressed numerically from 0 to 10 with a decimal, using the following scale of qualification:

- Of 0 to 4.9: Fail.

- Of 5 to 6.9: approved.

- Of 7 to 8.9: remarkable.

- Of 9 to 10: excellent or excellent matrícula of honour.

# In order to obtain an approval in the subject, students have to obtain a degree of at least a 5 in each one of the three sections of the assessment.

In the record of the subject will incorporate the qualification obtained in <u>first announcement</u> in accordance with the following rules:

- If there is not qualification of the section of evaluation with main weighting, the qualification will be NO PRESENTED, with independence of the rest.

- If there is qualification in the section of evaluation with main weighting, and this does not achieve minimum requirements, will certify FAIL.



- If there is qualification in the section of evaluation with main weighting, and east surpasses the minimum requirements established, but do not achieve said requirements in any of the remaining sections, will certify FAIL.

In second announcement, will proceed in accordance with the following rules:

- Only it will fit the NO PRESENTED option, when it have not presented to more than one of the sections of evaluation, including among these the one of main weighting.

- If there are qualifications in all the sections of evaluation and do not fulfil minimum requirements in any of them, will state SUSPENSE and the note in base 10 corresponding to the section that has not surpassed. If it was more than a section the no surpassed, will state the maximum note inside the suspense in base 10.

- If it does not surpass any or varied of the minimum requirements and fault a section of evaluation, will certify SUSPENSE and numerical note in base 10 of the qualification of the no surpassed section.

- If they surpass two sections of evaluation and exists a third in which they have not presented evidences of evaluation, will certify SUSPENSE and, like qualification, the average of punctuations being 0.0 the no presented part (possible maximum 4.9).

- If it surpasses the test of main weighting, but are missing evidences in one or varied of the remaining sections, will state SUSPENSE. They will add the parts and: to) if the sum is inferior to 5, will certify such result; b) if the sum is upper to 5, will certify 4.9.

Impugnation of the qualification obtained in this subject will remain subjected to the Regulation of Impugnation of Qualifications of the Universitat of València (ACGUV 108/2017).

(http://www.uv.es/graus/normatives/2017\_108\_reglament\_avaluacio\_qualificacio.pdf)

## REFERENCES

#### Basic

- Guía de prácticum de psicología. Vicedecanato de Prácticas (en el apartado de la web de la facultad destinado a practicum)

## **ADDENDUM COVID-19**



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This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

#### **VOLUMEN DE TRABAJO**

La Comisión de Prácticas de Psicología ha acordado por unanimidad en la sesión del 9 de julio de 2020 que el crédito de esta asignatura tenga el mismo valor que en cualquier otra de las materias del grado: 1 crédito = 25 horas de trabajo del estudiante.

Por este motivo el volumen de trabajo total de esta asignatura (300horas) queda distribuido, proporcionalmente atendiendo al peso que se tenía hasta el momento, del siguiente modo:

- Realización curso inserción profesional y seguimiento de las prácticas (10%) = 30 horas
- Presencialidad en el centro de prácticas (80%) = 240 horas
- Elaboración de la memoria y actividades de evaluación (10%) = 30 horas

