

### **COURSE DATA**

Data Subject	
Code	33323
Name	Practicum (external internship)
Cycle	Grade
ECTS Credits	12.0
Academic year	2018 - 2019

Degree	Center	Acad.	Period	
1319 - Degree in Psychology	Faculty of Psychology and Speech	<b>yea</b> i 4	Annual	
1010 Degree III 1 Sychology	Therapy	7	7 tillidai	

Subject-matter		
Degree	Subject-matter	Character
1319 - Degree in Psychology	22 - Psychology practicum	External Practice

#### Coordination

Study (s)

name	Department
CORTES TOMAS, MARIA TERESA	300 - Basic Psychology
GIMENEZ COSTA, JOSE ANTONIO	300 - Basic Psychology

### SUMMARY

The work placement is a 12-credit core subject within the undergraduate degree programme in Psychology. Students complete a total of 288 hours at the workplace centre (the placement provider). Only in the work placement subject does one credit equal 30 hours. The total number of hours required to be awarded ECTS credits are specified in the chart below:

No. ECTS credits:	Preparation and follow-up = 10% (36 hours)		
(1 credit = 30 hours)	Contact hours at the workplace = 80% (288 hours)		



Preparation of the final report and other evaluation activities = 10% (36 hours)

**Duration:** Semester or full-year degree programme

**Type:** Compulsory

Category: Not related to final project

Work placements are a key component for training future Psychology graduates. Placements are geared towards helping students consolidate acquired knowledge and skills required to carry out a *professional role* in the labour market. First-hand contact with the profession in one of the fields of psychology will facilitate job placement by providing a certain domain of skills needed for professional activity. Ultimately, the general objectives for this subject are:

## 1. Consolidation of knowledge, skills and competencies acquired in the first three years of the undergraduate degree in Psychology.

Ability to <u>integrate classroom theory with professional training</u>, showing flexibility and the ability to adapt to situations when applying theories, techniques and screening instruments.

Ability to acquire new knowledge gained from this professional work experience.

#### 2. Learning the professional role in a professional area of Psychology.

Ability to <u>handle situations</u> from the perspective of what society demands from professional psychologists, having knowledge of <u>ethical obligations and specific features</u> that identify the professional practice of psychology.

Ability to work alongside other professionals from the perspective of the role of the psychologist.

### PREVIOUS KNOWLEDGE

#### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.



#### Other requirements

**English** 

#### **REQUIREMENTS:**

Have successfully passed two-thirds of the total credits (160 credits) in core subjects.

Know the general code of ethics and those applicable in the field of psychology in which the placement will be undertaken.

IT IS RECOMMENDED that the specific requirements are met for the placement.

### COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

#### 1319 - Degree in Psychology

- Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.
- Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.
- Students must be able to communicate information, ideas, problems and solutions to both expert and lay audiences.
- Students must have developed the learning skills needed to undertake further study with a high degree of autonomy.
- Know how to analyse the patient's needs and demands in different contexts.
- Be able set goals for psychological treatment in different contexts and in collaboration and agreement with those involved.
- Be able to plan and conduct an interview.
- Be able to describe and measure variables (personality, intelligence, attitudes, aptitudes, etc.) and cognitive, emotional, psychobiological and behavioural processes.
- Be able to identify differences, problems and needs.
- Be able to make a diagnosis according to professional criteria
- Know how to describe and measure interaction processes, group dynamics and group and intergroup structures.
- Be able to identify group and intergroup problems and needs.
- Know how to describe and measure interaction processes, organizational and inter-organizational dynamics and structures.
- Know how to select and manage tools, products and services, and identify stakeholders.
- Be able to establish the goals of intervention and develop a basic work plan according to its purpose (prevention, therapy, rehabilitation, insertion, guidance, etc.).



- Know how to choose the appropriate psychological intervention techniques to achieve the intended goals.
- Be able to use strategies and techniques to involve patients in the intervention.
- Know how to apply direct intervention strategies and methods: psychological counselling, therapy, negotiation, mediation, etc.
- Be able to plan the assessment of programmes and interventions.
- Be able to measure and obtain relevant data for the assessment of interventions.
- Know how to provide appropriate feedback to patients.
- Be able to prepare oral and written reports.
- Know and comply with professional ethics of Psychology.
- Value the contributions made by scientific research to knowledge and professional practice.
- Promote and contribute to the health, quality of life and well-being of individuals, groups, communities and organisations.

### **LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)**

The positions offered in "Practicum" try to cover all professional profiles proposed by the Official College of Psychologists, considering that some of them are represented to be more career opportunities with a greater number of professionals.

Profiles that are assigned the majority of places offered: Clinical Psychology and Health, Psychology of Drug Addiction, Psychology of Work and Organizations, Educational Psychology, Psychology of Social Intervention.

Profiles that include lower supply of placements: Traffic Psychology and Road Safety and Legal Psychology.

In all cases, practices are aimed to stimulate and produce learning "know how", "want to", "can do" and "poise", to know to play the professional role. It is not only know and apply techniques and intervention strategies, but mainly to gain an apprenticeship role.

The defining characteristics of each place offered are listed in the Catalogue of placements that the School made known before the registration period for students in the Practicum. This catalogue is made up of a series of tabs, as many as places offered by the Faculty. The data contained on a card are:

- a) identification data center and square: the square-Code; Business name of the entity (address, phone ...) and contact persons responsible, section, department, location ...
- b) Program activities / tasks of the square: Timeline: Dates, times and days of practice objectives, competencies to be developed; activities and tasks, tools and implements.



- c) Prerequisites / access requirements necessary or advisable.
- d) Remarks: Other specific elements relevant or interesting in the square of practicum including: existence of scholarship or other benefits, special permits required screening interview, basic computer skills, etc..

Despite the heterogeneity of existing spaces, can be drawn from the common content appear in most of them and as detailed below:

- Know detect, assess and diagnose needs and situations requiring the intervention of a psychologist.
- Know how to identify behaviors, problems, needs and make a proposal about psychological intervention.
- Know how to identify useful resources that can carry out this intervention.
- Know how to apply, under supervision of the external fixator, part of the psychological intervention.
- Analyse and interpret qualitative and quantitative data.
- Develop oral and written reports.
- Acquire appropriate professional attitudes
- Learn to manage different customer relationships and get to put into practice, under supervision of the external fixator, some of them.
- Develop skills of cooperation with other professionals
- Make contact with the management aspects of the profession
- Become aware of the ethical component and the ethical principles of professional practice.

### **DESCRIPTION OF CONTENTS**

#### 1. CONTACT HOURS

1.1. At University (1, 2 credits, 36 hours)

Attend group sessions which provides information about the Practicum, specifying the characteristics of this matter, the administrative procedure to pre-register or pre-selection of seats and steps from the final allocation of a place. Make the appropriate paperwork. (5 hours).

Attend the first group or individual tutoring with your Internal or Academic Tutor, which gives information about the center of practice and the Contract of Practice so you can start your training period. (2 hours).

Attend a minimum of three group or individual tutorials with your Academic Tutor which keeps track of its functions and skills acquisition. (6 hours).

Attend tutorials (minimum 3) to specify the performance of memory. (3 hours).

Attend seminars and courses, usually of a group, which delves into various issues related to their internships that allow you to consolidate some of the skills (eg, reporting, management of specific assessment tools, clinical case review, ...) (20 hours).



#### 1.2. At the Center of Practice (9.6 credits, 288 hours)

Attend the meeting host (specify the hours, adaptation of the internship program, visit the center, etc..). (3 hours).

Attend regular meetings with the external tutor (professional) to monitor and track tasks and ongoing assessment of the student. (15 hours).

Develop the detailed program of activities on the ad and agreed by the two tutors (internal and external). (270 hours).

#### 2. NON-CONTACT HOURS (1.2 credits, 36 hours)

It advises and documents on technical, methodological, and so on. associated with the practices. (6 hours).

Take notes, prepares field notebook or portfolio of activities, etc. (5 hours).

Prepares the final report of the practicum and evaluation reports filled the practicum. (25 hours)

### **WORKLOAD**

ACTIVITY		Hours	% To be attended
Internship		14	100
Development of individual work		25,00	0
Study and independent work		11,00	0
	TOTAL	36,00	TIIII/N /

### **TEACHING METHODOLOGY**

#### 1) CONTACT HOURS

#### 1.1. At University (1, 2 credits, 36 hours)

- Master classes in which students interact through questions, doubts and personal writing.
- Group and individual tutoring to advise / learners on specific content of interest to its formation and development of the Practicum.
- Analysis of situations, cases and problems related to the square it occupies. This analysis can be performed both individually and in small groups.
- Performance reporting and public exhibition of the same.

#### 1.2. At the Center of Practice (9.6 credits, 288 hours)

- Participant Observation
- Individual tutoring sessions
- Analyze situations, cases and relevant issues



Performance evaluation reports of cases

### **EVALUATION**

The academic tutor is in charge of the student's final mark. Different aspects will be taken into account:

\* The quality of the final report (30% academic mark)

As a general guideline, the report should include at least the **following sections:** 

#### DESCRIPTION OF THE CENTRE AND SECTION/AREA/DEPARTMENT

- Main characteristics (aim, location, programme and services, key activities, etc.)
- Description of the department/area or team in which the work was carried out (duties, theoretical guidance, models...).

#### **ACTIVITIES CARRIED OUT (in which the student participated)**

- Type of learning, individuals addressed, knowledge of the centre, specific training, participation in programmes/specific activities
- The position of the student in the centre.
- Description of the activities (techniques used, instruments, the context in which they were used, cooperation with other professionals, manner of participation by the student, etc.).

#### **OUTCOMES AND EVALUATION OF THE EXPERIENCE**

- Meeting the aims of the work plan. Gaps between the programmed activities listed on the placement information sheet and activities actually carried out. Explanation of the gaps.
- Most important aspects of theoretical-practical learning in carrying out these tasks.
- Professional role, experiences.
- Meeting expectations and future decisions.
- Evaluating the work plan.

#### **OUTCOMES FOR THE CENTRE**



- Analysis of the student's contribution to the centre.
- \*Evaluation by the on-site supervisor regarding predisposition, interest and performance of the student (40% academic mark)
- \* Evaluation by the academic tutor regarding attendance to the follow-up sessions held throughout the year and any other information deemed appropriate which the student will be informed about at the beginning of the placement. (30% academic mark)

#### **WARNING**

Evidence of copying or plagiarism in any of the assessable tasks will result in failure to pass the subject and in appropriate disciplinary action being taken.

Please note that, in accordance with article 13. d) of the Statute of the University Student (RD 1791/2010, of 30 December), it is the duty of students to refrain from using or participating in dishonest means in assessment tests, assignments or university official documents.

During tutorials, lecturers may require individual or group interviews in order to verify the degree of participation and achievement of goals for any given task. Failure to accept the verification will result in such task or activity being failed

#### **GRADING SCHEME**

Grades shall be subject to the provisions of the University of Valencia Regulations on Marks (ACGUV 108/2017).

(http://www.uv.es/graus/normatives/2017 108 Reglament avaluacio qualificacio.pdf)

According to this, subjects are graded on a scale of 0 to 10 points to one decimal place, followed by a qualitative equivalence:

- From 0 to 4.9: fail.
- From 5 to 6.9: pass.
- From 7 to 8.9: good.
- From 9 to 10: excellent or excellent with distinction.



The different elements of assessment will only count towards the final aggregate mark if the minimum requirements established for each element are met.

In order to challenge the allotted qualification the provisions of the Reglament d'Avaluació i Qualificació de la Universitat de València per a títols de Grau i Màster (ACGUV 108/2017 of May 30, 2017). <a href="http://www.uv.es/graus/normatives/2017">http://www.uv.es/graus/normatives/2017</a> 108 reglament avaluacio qualificacio.pdf will rule.

### **REFERENCES**

#### **Basic**

- Guía de prácticum de psicología. Vicedecanato de Prácticas (en el apartado de la web de la facultad destinado a practicum)

