

**COURSE DATA****Data Subject**

Code	33320
Name	Intervention and psychological treatment
Cycle	Grade
ECTS Credits	9.0
Academic year	2021 - 2022

Study (s)

Degree	Center	Acad. year	Period
1319 - Degree in Psychology	Faculty of Psychology and Speech Therapy	3	Annual

Subject-matter

Degree	Subject-matter	Character
1319 - Degree in Psychology	19 - Psychological intervention and treatment	Obligatory

Coordination

Name	Department
MARCO SALVADOR, JOSÉ HELIODORO	295 - Personality, Evaluation and Psychological Treatment

SUMMARY

Intervention and Psychological Treatment is a core subject of basic training for Degree in Psychology, third year. The student will have the opportunity to acquire basic knowledge, along with other subjects such as Psychology, Social and Community Intervention, also taught in third grade, Psychological Assessment, the second year, and Design Research in Psychology and Psychopathology, to be taught in fourth grade. That training will provide a solid foundation for the development of further training in other Grade electives such as Clinical Psychology, Clinical Child Psychology, Intervention in Educational Contexts, and the external practice training. Also, this course brings its own set of skills essential for professional development in the field of Clinical Psychology and Health, as well as other areas of professional intervention



PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

It is a desirable requirement to have passed the following subjects:

1. Psychology of Learning.
2. Personality and Individual Differences.
3. Psychological Assessment.

It is recommended to have passed the following subjects:

1. Statistics.
2. Psychometrics.
3. History of Psychology, Science and Profession.

OUTCOMES

1319 - Degree in Psychology

- Understand the legal, ethical and deontological limits of psychological treatments.
- Adopt a scientific spirit and a critical judgment to evaluate the goodness and quality of theoretical models and derived therapeutic procedures.
- Become familiar with the professional role of the psychotherapist (basic competences and skills).

LEARNING OUTCOMES

- 1.- To know the history and main concepts of intervention techniques and psychological treatments, so that the field can be considered as a fully integrated area in Psychological Science, and later to place the contents (from this and other subjects) in an appropriate framework.
- 2.- Be able to use a clear basic concepts and terminology of this discipline, so that it can handle the literature of the subject at hand.
- 3.- To know the quality criteria required more frequently on the information used in psychological treatments.
- 4.- To know the various techniques and processes of interventions and psychological treatments and their main applications.
- 5.- Be able to design intervention plans and psychological treatments.
- 6.- Being able to use information resources necessary to guide the search for teaching materials or information about psychological treatments may be needed.



DESCRIPTION OF CONTENTS

1. BASES OF INTERVENTION AND PSYCHOLOGICAL TREATMENTS

- Topic 1. - History of intervention techniques and psychological treatments.
Topic 2. - Definition and basic concepts in the field of psychological treatments.
Topic 3. - The psychotherapeutic process.
Topic 4. - Research in psychotherapy and psychological treatments.
Topic 5. - Ethics of psychological treatments.

2. MAIN MODELS IN THE FIELD OF PSYCHOLOGICAL TREATMENTS

- Topic 6. - Psychoanalysis and psychodynamic psychotherapies major.
Topic 7. - Humanistic and experiential models.
Topic 8. - Behavioral therapies.
Topic 9. - Cognitive-behavioral treatments.
Topic 10. - The cognitive psychotherapies.
Topic 11. - The constructivist psychotherapies.
Topic 12. - The systemic models.
Topic 13. - Other models and procedures.
Topic 14. - Common principles of psychotherapy and integrating therapeutic models.
Topic 15. - Developments and recent advances on psychological treatments.
Topic 16. - Applications of psychological treatments to clinical psychology and health.

WORKLOAD

ACTIVITY	Hours	% To be attended
Theoretical and practical classes	90,00	100
Attendance at events and external activities	25,00	0
Development of group work	20,00	0
Development of individual work	20,00	0
Study and independent work	20,00	0
Preparation of evaluation activities	50,00	0
TOTAL	225,00	

TEACHING METHODOLOGY

1. Lectures.
2. Reading, discussion and analysis of texts, both of the original authors and later handbooks.
3. Viewing and discussion of videos.
4. Discussion of conceptual and practical issues.



5. Analysis of research reports on specific psychological treatments.
 6. Design research on a concrete psychological treatment.
 7. Presentation and discussion of cases that have made mistakes and faults ethics in psychological treatments.
 8. Discussion of concepts and role play a therapy sessions.
 9. A case analysis from various psychological approaches.
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10. Group work.
 11. Presentations by students on non-contact work.

EVALUATION

Minimum requirements to pass the course: The grade to pass the course is 5 (out of 10). In order to pass the subject, a 5 (or its corresponding weighting) in the exam must be obtained in the official calls. Following the regulations of the University of Valencia, approved in the Governing Council of May 30, 2017 (ACGUV 01.08 / 2017), the global evaluation of the student can be obtained as the result of a combination of the assessment obtained in the final test together with that achieved in the different continuous evaluation activities carried out. These activities can be practical and carried out in class or individually, reading texts and preparing reports on the matter, joint or individual works with their corresponding reports, class presentations of the works, etc.

Subject evaluation: 100%.

The evaluation of the first semester will account for 40% of the grade, and that of the second semester will account for 60% of the final grade.

The final grade will consist of the evaluation throughout the course of the activities (academic work, readings, proposed resolution of cases, practical, written and audiovisual material produced by the students, practical exercises, etc.) and a final test carried out in the two official UV calls.

The final test of the subject will suppose between 30-70% of the note.

The continuous evaluation will suppose between 30-70% of the note.

There are no differences between the first and second call regarding the evaluation system.

The teacher responsible for the subject will state in the Agenda, and at the beginning of the course, how the evaluation of the theoretical matter and practical activities will be organized, as well as the weight that he considers most appropriate in relation to the organization of the subject matter.



This evaluation cannot be modified throughout the course. It will also state what activities, subject, etc. They will be recoverable and in what way in each of the official calls of the subject. Non-recoverable activities will be communicated at the beginning of the course by the teacher.

If the recoverable activities are not approved, these can be recovered in both calls through development questions, or alternatives, or through the proposed works, etc. 100% of the activities will be recoverable.

Optionally, the professor in charge of the subject may propose an evaluation test for the first semester.

The final grade and the award of an honors degree will be based, in addition to the exam grades, individual and group work, activities, class attendance and participation, as well as attendance at tutorials. In accordance with RD1125 / 2003, the mention of honors (MH) can be awarded to the student who has obtained a grade equal to or greater than 9.0, and in strict order of marks in the grade record.

The exams will be written, of alternatives and may include the resolution of practical cases.

The qualification of the subject will be subject to the provisions of the Evaluation and Qualification Regulation of the University of Valencia for Bachelor's and Master's degrees (ACGUV 108/2017 of May 30, 2017). http://www.uv.es/graus/normatives/2017_108_reglament_avaluacio_qualificacio.pdf

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ADDENDUM COVID-19



This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

The modifications proposed in this addendum refer only to the second semester of the 2020-21 academic year. This Addendum may be modified based on changes in the exceptional situation caused by COVID.

1. CONTENTS

The contents initially collected in the syllabus are maintained.

2. VOLUME OF WORK AND TEMPORARY TEACHING PLANNING

The workload of the different activities that add up the hours of dedication in ECTS Credits marked in the original syllabus are maintained. Sessions are scheduled on the same dates and times with the same duration, combined with sessions where schedules are not maintained, and which are replaced by material uploaded to the classroom, readings, independent work, forums, and online tutorials.

The 25% of the theoretical-practical classes will be held in person and 50% will be conducted virtually in alternate weeks planned by the center. The remaining 25% is study and autonomous student work.

The classes will adapt to the ONLINE format and will be extended the time determined by the Academic Committee of the Degree following the guidelines received from the Rector's Office.

The workload will be adapted to the prevailing model at each moment.

1. 3. TEACHING METHODOLOGY

1. Upload of materials in the Virtual Classroom.
2. Proposal of activities in the Virtual Classroom.
3. Synchronous or asynchronous videoconference by BBC, Zoom, and others.
4. Transparencies or didactic material made by the teacher.
5. Discussions in the Virtual Classroom forum.
6. Solved problems or exercises.
7. Tutorships by videoconference, virtual classroom, mail, etc.
8. Distribution of videos, tasks, and audios.

4. EVALUATION

The minimum requirement to pass the course will be a grade of 5 (out of 10).

The evaluation of the first semester will suppose 40% of the grade, and the evaluation of the second semester will suppose 60% of the final grade.



Evaluation of the contents of the first semester. It will mean 40% of the grade for the final grade. This grade will be formed by the continuous evaluation of the activities (academic works, readings, case resolution proposal, practical, written and audiovisual material produced by the students, practical exercises, etc.) and a final test carried out in the first semester, in the case of having been carried out.

Evaluation of the contents of the second semester. It will mean 60% of the grade for the final grade. This grade will be formed by the continuous evaluation of the activities (academic works, readings, case resolution proposal, practical, written and audiovisual material produced by the students, practical exercises, etc.) and a final test carried out following the following the official exam dates published by the University of Valencia.

Following what is stated in the Teaching Guide, the teachers of the subject will adapt the before mentioned evaluation possibilities to their teaching organization, showing it in the Adendddum at the beginning of the course.

Two possible assessment situations are established in the first semester that will be determined by the situation of greater or less attendance of the course.

- A Proposal (Face-to-face + Online): Continuous assessment (50%) with final face-to-face test (50%).
- B Proposal (Online): If an in-person evaluation could not be made due to COVID: Continuous evaluation (70%) with final online test (30%).

Students who have not successfully completed the activities of the first semester must retrieve the content (activities and / or test) during the second semester.

At the end of the first semester and attending to the situation of the pandemic and the health recommendations, the students will be informed of the organization, development, and evaluation of the second semester.

The final exams will be held according to the regime determined by the Consell de Governments' agreements in force.

5. BIBLIOGRAPHY

The recommended bibliography is maintained because it is accessible and available from the beginning of the course.