

# COURSE DATA

Data Subject				
Code	33307			
Name	Psychology of memory			
Cycle	Grade			
ECTS Credits	6.0			
Academic year	2022 - 2023			
Study (s)				
Degree		Center	Acad. Period year	
1319 - Degree in Psychology		Faculty of Psychology and Speech Therapy	2 Second term	
Subject-matter				
Degree		Subject-matter	Character	
1319 - Degree in Psychology		8 - Basic psychological processes I: motivation, emotion and memory	I: Obligatory	
Coordination				
Name		Department		
TRENADO SANTAI	REN, ROSA MARIA	300 - Basic Psychology		

## SUMMARY

*Psicología de la Memoria* is one of the two parts of the course called Procesos Psicológicos Básicos I, which is a core course of the Psychology degree. It is worth 6 credits and includes theoretical contents and practical activities. It is a required course offered by the Faculty in the 2nd year, 2nd term. This course examines topics that are complementary to those reviewed in other courses on psychological processes, such as learning, perception and attention, motivation and emotion, thinking and language.

This course aims for students learning of the fundamental psychological processes which explain how human memory works, by using a series of theoretical and practical activities.

For students, Psychology of Memory contributes decisively to their future opportunities to practice in Psychology, by providing them conceptual and methodological resources that are useful to interpret and understand normal psychological functioning, as well as altered states or developmental disorders.



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# PREVIOUS KNOWLEDGE

#### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

#### **Other requirements**

This course is one of the fundamental ones in training as a psychologist, therefore it has no prerequisites. However, as the details of this course guide concerns, it has been taken into account that this course is carried in the second year in the degree and thus, students can benefit from knowledge obtained in the first year. Moreover, this course provides fundamental information on Cognitive Psychology.

## OUTCOMES

#### 1319 - Degree in Psychology

- Know the functions, characteristics and limitations of the different theoretical models of Psychology of Motivation and Emotion and Psychology of Memory. Be able to critically assess their contributions and limitations.
- Know the laws and principles of the psychological processes involved in Psychology of Motivation and Emotion and Psychology of Memory.
- Be able to describe and measure affective-motivational and memory processes and variables.
- Analyse and interpret the quantitative and qualitative results from research, reports and works in Psychology of Motivation and Emotion.
- Know how to use the relevant documentary sources in Psychology of Motivation and Emotion and Psychology of Memory.

## LEARNING OUTCOMES

1. - To identify and distinguish among different structures of memory, and also among different memory processes, that are involved in a cognitive task.

2. - To establish specific hypotheses on memory phenomena, within the framework of theoretical models which are reviewed in this course, and to specify the variables which are involved in those hypotheses.

3. - To analyse the methodological features of experiments designed in order to assess hypotheses on memory phenomena.

4. - To apply procedures used in basic research on memory.



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5. - To deduce theoretical consequences from results obtained in basic research on memory.

6. - To apply and score techniques and tests which aim to assess specific aspects of memory structures or memory processes.

7. - To introduce students to design techniques and programmes intended to improve memory.

## **DESCRIPTION OF CONTENTS**

### **1. PSYCHOLOGY OF MEMORY. INTRODUCTION AND METHOD**

In this introductory part, basic topics are treated, such as conceptual issues, a historical overview and some of the main methodological issues in research on memory.

### 2. THE MODAL MODEL AND THE LEVELS OF PROCESSING THEORY

This part covers the structural features of memory. Multi-store models of memory are examined, and also another approach to memory which emphasizes the processing of material rather than the mere storage. The aim is to discuss both their merits and drawbacks.

#### **3. SENSORY MEMORY**

This part explains details on our visual and auditory memories, focusing on iconic memory and echoic memory. An additional aim is to provide brief outlines of visual short-term / long-term memory and auditory short-term / long-term memory.

#### **4. WORKING MEMORY**

Working memory, as conceived by A. Baddeley, is examined. Thus, this part includes a detailed description of the phonological loop, the visuo-spatial sketchpad and the central executive.

#### 5. DECLARATIVE SEMANTIC MEMORY

In this part, issues on semantic memory are explored, such as the principle of organization and models of organization within semantic memory.

#### 6. AUTOBIOGRAPHICAL MEMORY

This part considers the main results in research on autobiographical memory and also, the emotional factors which affect to autobiographical memories.



### 7. IMPLICIT MEMORY

Conscious memory and implicit memory are compared. The focus is on issues regarding to measurement, dissociations and theoretical proposals.

#### 8. RETRIEVAL PROCESSES IN MEMORY

In this part, the differences between recall and recognition tests of memory are discussed, the most important findings on retrieval are summarized and activation-based models of retrieval are presented.

#### 9. FORGETTING AND MNEMONIC AIDS

The main theories of forgetting are outlined: consolidation, decay and interference. Regarding to mnemonic aids, memory strategies are explained.

## WORKLOAD

ACTIVITY	Hours	% To be attended
Theoretical and practical classes	60,00	100
Development of group work	11,00	0
Development of individual work	11,00	0
Study and independent work	40,00	0
Readings supplementary material	4,00	0
Preparation of evaluation activities	4,00	0
Preparing lectures	4,00	0
Preparation of practical classes and problem	4,00	0
Resolution of case studies	10,00	0
Resolution of online questionnaires	2,00	0
ΤΟΤΑ	L 150,00	

## **TEACHING METHODOLOGY**

The instructional methodology in Psychology of Memory fosters an active student participation, meaningful learning and memory specific skill development. This course aims to provide students with the abilities to describe, discuss and apply knowledge of the psychological processes involved in memory, by using basic instructional techniques such as:

(1) Presentations and accounts of relevant topics.



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(2) Practical classes, demonstrations and problems so that students acquire the necessary knowledge to design experiments, obtain data, analyse the results and present their work in accordance with the requirements of scientific communication.

(3) Tutorial support sessions.

## **EVALUATION**

### **ASSESSMENT SYSTEMS**

- Assessment of theory and practical contents through objective questionnaire (final examination) during the scheduled final exam period. The examination will include questions about a selection of the contents and skills previously mentioned in the present course guide.

- Written or oral presentation of reports, individual or group projects, clinical cases, resolution of problems and handling of diagnostic tests.

### WARNING

Evidence of copying or plagiarism in any of the assessable tasks will result in failure to pass the subject and in appropriate disciplinary action being taken.

Please note that, in accordance with article 13. d) of the Statute of the University Student (RD 1791/2010, of 30 December), it is the duty of students to refrain from using or participating in dishonest means in assessment tests, assignments or university official documents.

In the event of fraudulent practices, the Action Protocol for fraudulent practices at the University of Valencia will be applied (ACGUV 123/2020):

https://www.uv.es/sgeneral/Protocols/C83sp.pdf

During tutorials, lecturers may require individual or group interviews in order to verify the degree of participation and achievement of goals for any given task. Failure to accept the verification will result in such task or activity being failed.

### WEIGHTING AND MINIMUM REQUIREMENTS

• First call

a) Examination: The individual final assessment (examination) will contribute 70 % to the final mark on this call. A minimum score of 3.5 must be obtained to pass the course (being 7 the maximum score).

b) The continuous assessment or student progress during the course will contribute from 0 to 3 points to the final mark on this first call. From 0 to 1.5 points for non-recoverable class activities and from 0 to 1.5 points for recoverable activities indicated by the lecturer. The recovery of these non-recoverable activities will be carried out by means of an exam, following the specifications indicated in Second Call.



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- The lecturer will specify the details of the works that the students will have to hand in during the course. These works will include practical activities, reports, oral presentations, attendance to the lecturer's office hours... etc., individually or in teams.

- Submission and presentation dates will be specified by the lecturer.

A minimum score of 3.5 must be obtained to pass the course (being 7 the maximum score), and also a final mark of 5 or higher (this final mark corresponds to the sum of the exam grade and the continuous assessment grade).

Second call

a) Students who got a score of 1.5 or higher from the continuous assessment on the first call, and failed the course or did not do the examination on the first call: These students will have to do an examination which will be scored from 0 to 7. A minimum score of 3.5 must be obtained to pass the course (being 7 the maximum score), and also a final mark of 5 or higher (this final mark corresponds to the sum of the exam grade and the continuous assessment grade).

b) Students who got a score below 1.5 from the continuous assessment on the first call, and failed the course or did not do the examination on the first call: These students will have to do an examination, which will be scored from 0 to 8.5. A minimum score of 5 must be obtained to pass the course.

### **GRADING SYSTEM**

The assessment of the subject and the challenge of the allotted qualification will abide to what is stipulated in the Reglament d'Avaluació i Qualificació de la Universitat de València per a títols de Grau i Màster (ACGUV 108/2017 of May 30, 2017).

Http://www.uv.es/graus/normatives/2017\_108\_reglament\_avaluacio\_qualificacio.pdf

According to this, subjects are graded on a scale of 0 to 10 points to one decimal place, followed by a qualitative equivalence:

- From 0 to 4.9: fail.
- From 5 to 6.9: pass.
- From 7 to 8.9: good.
- From 9 to 10: excellent or excellent with distinction.

In the event of a tie in the final mark, the excellent with distinction will be awarded to the person with the highest mark in the content assessment by means of the exam. In the event of a tie in the exam mark, the students involved will be called to take a test of open questions on the contents of the subject, and the excellent with distinction will be awarded to the person with the highest mark in this test.

- For students who did not take the exam: Absent.

The different sections considered in the evaluation will only be added up if the minimum requirements established for each one (if they have indeed been established) are exceeded.



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## REFERENCES

#### **Basic**

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- BADDELEY, A.D, EYSENCK, M.W., & ANDERSON, M.C.: Memory. Psychology Press, 2014.
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#### Additional

- ANDRADE, J. Working Memory in perspective. Hove England: Psychology Press, 2001.
- BADDELEY, A,D.; AGGLETON, J.P. & CONWAY, M.A. (eds.). Episodic Memory: new directions in research. Oxford University Press, 2002.
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