



COURSE DATA

Data Subject

Code	33246
Name	Theory and history of physical activity and sport
Cycle	Grade
ECTS Credits	6.0
Academic year	2023 - 2024

Study (s)

Degree	Center	Acad. year	Period
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	1	Other cases
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Faculty of Physical Education and Sport Sciences	1	First term

Subject-matter

Degree	Subject-matter	Character
1312 - Degree in Physical Activity and Sport Sciences	4 - History	Basic Training
1331 - Degree in Physical Activity and Sport Sciences (Ont)	4 - Historia	Basic Training

Coordination

Name	Department
MOLINA ALVENTOSA, JUAN PEDRO	122 - Physical and Sports Education

SUMMARY

The subject of Theory and History of Physical Activity and Sport, taught in the first year Bachelor of Science in Physical Activity and Sport and takes place in a semester. This subject belongs to the group of core subjects in the branch of Health Sciences, with a total of six credits.

This course addresses issues philosophical, anthropological, historical and cultural physical activity and sport in the Grau. Understand and reflect on these issues is critical to think, criticize and make sense of many positive social and professional practices that form the center of interest of these studies.

The themes of historical develop a vision of development that have physical activity throughout history, from the role they had Those peculiar practices in primitive societies and Greek Olympic Games, to the



birth and development of the modern sport in the nineteenth century.

The topics presented theoretical discussion of current issues in this field that is generated by the implant these practices, through the analysis of the present reality: ideology and politics in sport; sports ethics and behavior; gender equality and sport; Physical Activity and Health; Business and marketing of sport; sports education, integration and sport for development and peace.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

Any. The nature of the subject makes prior knowledge of other keep a little to do with it, since it is this that gives the student a series of skills that enable you to understand other content developed later in the subjects of the degree and master

COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

1312 - Degree in Physical Activity and Sport Sciences

- Expand the cultural framework of reference with which the student arrives at university.
- Know the historical periods and the main stages of physical culture.
- Know and understand the epistemological and historical theories of physical activity and sport.
- Know and understand the different stages in which these theories have developed.
- Apply information and communication technologies (ICTs) in the field of the history of physical activity and sport.
- Be able to analyse and reflect on the development of physical activity and sport from cultural and historical criteria so as to participate in the debates held in the practical lessons and to apply knowledge to the professional field.
- Know how to apply the rights of equal opportunities between men and women and of people with disabilities, as well as the values of democracy, in a society that requires education along these lines.

LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)

Preten is that l'alumne:

- Conega Processos Exercici d'els de l'physical activitat i l'esport in the llarg societat history,
- Follow relate Capac etapes them claus of the history of physical activitat l'esport i amb els històrics periods,
- Sapia analitzar them distintes Teories de l'physical activitat i l'esport,
- Conega les fonts d'informació per a l' bàsiques studied the history of l'esport.



DESCRIPTION OF CONTENTS

1. Introduction: the sociohistorical study of physical activities and the concept of sport.

2. Physical events before Modernity.

3. The birth of Physical Education and the conformation of European Gymnastics.

4. The genesis, development and spread of modern sport.

5. The political and economic instrumentalization of sport.

6. Fair play and the educational use of sport.

7. Physical activity, sport and social justice: gender, race, social class and disability.

8. Ethics and sport in the XXI century: sustainability, health, hyper-technologization and human enhancement.

WORKLOAD

ACTIVITY	Hours	% To be attended
Theory classes	45,00	100
Classroom practices	15,00	100
Development of group work	10,00	0
Study and independent work	40,00	0
Readings supplementary material	15,00	0
Preparation of evaluation activities	10,00	0
Preparation of practical classes and problem	15,00	0
TOTAL	150,00	



TEACHING METHODOLOGY

In the classroom the teacher explains the contents of the course that make up the core of knowledge that must acquire the students.

In practical classes, students must develop experiential form of the knowledge acquired in the classroom or the latent knowledge of theoretical topics covered. Some of the classes will be devoted to the presentation and discussion of the work done by students. Also used audiovisual media and reading, although it may be the same as those used as supplementary material in the theoretical sessions, in which case its aim is to generate discussion and propose a practical analysis of the subject.

In addition to these strategies directly linked to the development of the classes of the course, others will also be used, such as group work, individual study to achieve mastery of course content, readings material complementary and tutorials to guide a particular student learning.

EVALUATION

Hay dos procedimientos de evaluación en el aprendizaje de la asignatura: 1) mediante una evaluación continua sumativa (sólo en 1ª convocatoria), o 2) mediante un examen final (en 1ª o 2ª convocatoria).

1) Evaluación continua sumativa (sólo en 1ª convocatoria): se valorará sobre 10 puntos atendiendo a la siguiente distribución porcentual de actividades que se han de presentar en tiempo y forma que se comunique durante el desarrollo de la asignatura:

Parte teórica (50%):

1.a) 25% examen final con preguntas abiertas de desarrollo sobre los temas y contenidos de la asignatura.

1.b) 25% club de lectura sobre una selección de libros relacionados con los contenidos de la asignatura.

Parte práctica (50%):

1.c) 25% elaboración de un documental en grupo de 4-5 estudiantes (tal y como se detallará en las primeras clases).

1.d) 25% participación en el blog de la asignatura conforme indique los primero días de desarrollo de la asignatura.

2) Evaluación final (en 1ª o 2ª convocatoria): examen final (75% sobre los contenidos del temario de la asignatura y 25% sobre el contenido de uno de los libros señalados en clase.

Para aprobar la asignatura, en cualquiera de ambos procedimientos, el alumnado debe superar el 5.

Se recuerda a los estudiantes que la copia literal total o parcial de obras ajenas presentándolas como



propias se considera una conducta inaceptable en el ámbito académico. Además, esta conducta es contraria a la legislación vigente de la propiedad intelectual por lo que puede ocasionar faltas o delitos penales.

REFERENCES

Basic

- Elias, N., y Dunning, E. (1992). Deporte y ocio en el proceso de civilización. Madrid: Fondo de Cultura Económica.
- Guttmann, A. (1978). From ritual to record: the nature of modern sports. New York: Columbia University Press. (También existe traducido al francés).
- Holowchak, M.A. y Reid, H.L. (2013). Aretism an ancient sports philosophy for the modern sports world. Lanham (Maryland): Lexington Books.
- Perelman, M. (2014). La Barbarie deportiva: crítica de una plaga mundial. Barcelona: Virus. (También hay en la biblioteca la versión original en francés).
- Pujadas, X. (coord.) (2011). Atletas y ciudadanos: historia social del deporte en España (1870-2010). Madrid: Alianza.
- Terret, T. (dir.) (2012). Histoire du sport et Géopolitique. Paris: LHarmattan.
- Torreadella, X. (2013). Gimnástica y educación física en la sociedad española de la primera mitad del siglo XIX. Lleida: Universidad de Lleida.

Additional

- Barbero, J.I. (ed.) (1993). Materiales de sociología del deporte. Madrid: La Piqueta.
- Brohm, J. M. (1982). Sociología política del deporte. México: Fondo de Cultura Económica.
- Dunning, E., Malcolm, D. y Waddington, I. (Eds) (2006). Sport Histories: Figurational Studies of the Development of Modern Sports. London: Routledge.
- González Aja, T. (ed.) (2002). Sport y autoritarismos: la utilización del deporte por el comunismo y el fascismo. Madrid: Alianza.
- Mandell, R. (1986). Historia Cultural del Deporte. Barcelona: Bellaterra.
- Rivero, J. y Tamburrini, C. (2014). Del juego al estadio: reflexiones sobre ética y deporte. Madrid: Clave Intelectual.
- Rodríguez, L.P. (dir.) (2003). Compendio histórico de la actividad física y el deporte. Barcelona: Masson.
- Simson, V. y Jennings, A. (1992). Los señores de los anillos. Poder, dinero y doping en los JJ. OO. Barcelona: El Triangle.