



## COURSE DATA

### Data Subject

<b>Code</b>	33244
<b>Name</b>	External internships
<b>Cycle</b>	Grade
<b>ECTS Credits</b>	18.0
<b>Academic year</b>	2024 - 2025

### Study (s)

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	4	Second term
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Faculty of Physical Education and Sport Sciences	4	Second term

### Subject-matter

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
1312 - Degree in Physical Activity and Sport Sciences	26 - External internship	External Practice
1331 - Degree in Physical Activity and Sport Sciences (Ont)	26 - Prácticas Externas	External Practice

### Coordination

<b>Name</b>	<b>Department</b>
PRIEGO QUESADA, JOSE IGNACIO	-

## SUMMARY

External practices are the way for students to apply academic knowledge acquired during the race and, in parallel, to acquire a practical knowledge of everyday life in the working reality. Therefore, it is a way to complete the academic training of university students within the real needs of the company.

/ As students will be tutored by two tutors, one academic and another company, who ensure the proper conduct of the 180 contact hours in the relevant company. In addition, the academic tutor should tutorizar memory of practices that students must submit at the end of the traineeship.



## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

Have approved at least 150 credits of the degree.

## COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

### 1312 - Degree in Physical Activity and Sport Sciences

- Acquire suitable professional skills.
- The ability to handle different relationships with clients.
- Develop skills to cooperate with other professionals.
- Tomar conciencia del componente ético y los principios deontológicos del ejercicio de la profesión.
- Saber identificar los recursos útiles que permitan llevar a cabo esa intervención.
- Conocer la oferta específica de la institución en que se integra el/la estudiante, sus objetivos y sus recursos.
- Elaborar informes (diagnostico, propuestas y evaluación de la actividad).
- Gain basic scientific training applied to physical activity and sport in their diverse forms.
- Understand and produce written and audiovisual texts related to physical activity and sport sciences.
- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Design, implement and evaluate the teaching-learning processes related to physical activity and sport, paying attention to the individual, collective and contextual characteristics of people.
- Understand the scientific literature in the field of physical activity and sport in English and in other languages with significant presence in the scientific field.
- Use the sources of certified scientific knowledge in the field of physical activity and sport sciences.
- Be able to apply knowledge to work in a professional manner, to elaborate and defend arguments and to solve problems within the area of physical activity and sport sciences.
- Develop leadership, interpersonal and teamwork skills.
- Be able to detect needs and situations that require the professional's intervention.
- Know how to apply and develop the intervention.

**LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)**

They will established over the course in terms of competences.

**WORKLOAD**

ACTIVITY	Hours	% To be attended
Internship		100
Study and independent work	270,00	0
Internship	180,00	0
<b>TOTAL</b>	<b>450,00</b>	

**TEACHING METHODOLOGY**

The student will carry out the practices at the place of the professional in the field or the company in which the practices are carried out. An active methodology will be used that makes the student's involvement in their learning essential. To achieve this, a process of periodic tutorials will be followed, being able to be both individual and collective, which will be in charge of the academic tutor.

In addition, there are other options to guide and direct the proper development of practices, such as conducting a daily practice, seminars, etc.

**EVALUATION**

The evaluation consists of two parts (both have to be approved with a 5 or higher to be able to average between both marks):

a) Verification of the practice and completion of the final report of the entity tutor (evaluation questionnaire of external practices). Once completed by the entity tutor, the evaluation will be sent automatically to the academic tutor. This qualification represents 50% of the total final grade.

b) Qualification of the FCAFE academic tutor, which accounts for 50% of the total final grade and is based on:

-The practice report of 20-30 pages that the student delivers through the virtual classroom task on the established date (at the end of the practice) and in the format that each tutor recommends (depending on the characteristics of the practice), and in the interviews and tutoring follow-up during the internship period.



-10% of the qualification will be reserved for participation in the FCAFE occupation and entrepreneurship forum that is held annually and organized by the FCAFE together with UV-occupation. If this forum does not take place, 10% of the grade will be part of the evaluation of the academic tutor.

## REFERENCES

### Basic

- Fluixa, M et al (2012). Elementos para una buena experiencia de prácticas externas. Barcelona: Octaedro.

- Regulación de les prácticas externas de la Universidad de Valencia:

[http://www.uv.es/DOCUMENTOS\\_B/PRACTICAS%20EN%20EMPRESAS/NORMATIVA%20PRACTICAS\\_CASTELLANO9](http://www.uv.es/DOCUMENTOS_B/PRACTICAS%20EN%20EMPRESAS/NORMATIVA%20PRACTICAS_CASTELLANO9)

- Schön, D.A. (1992) La formación de profesionales reflexivos. Barcelona: Paidós.

- Zabalza Beraza, M.A. (2011). El prácticum en la formación universitaria. Revista de Educación, 3  
[http://www.revistaeducacion.mec.es/re354/re354\\_02.pdf](http://www.revistaeducacion.mec.es/re354/re354_02.pdf)