

**COURSE DATA****Data Subject**

<b>Code</b>	33243
<b>Name</b>	Sociology
<b>Cycle</b>	Grade
<b>ECTS Credits</b>	6.0
<b>Academic year</b>	2022 - 2023

**Study (s)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	2	Other cases
1331 - Degree in Physical Activity and Sport Sciences (Ontinyent)	Faculty of Physical Education and Sport Sciences	2	Annual

**Subject-matter**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
1312 - Degree in Physical Activity and Sport Sciences	2 - Sociology	Basic Training
1331 - Degree in Physical Activity and Sport Sciences (Ontinyent)	2 - Sociología	Basic Training

**Coordination**

<b>Name</b>	<b>Department</b>
AGULLO CALATAYUD, VICTOR	330 - Sociology and Social Anthropology
LLOPIS GOIG, RAMON	330 - Sociology and Social Anthropology
PARICIO DE CASTRO, HELENA	330 - Sociology and Social Anthropology

**SUMMARY**

This subject is taught in the second year of the Degree in Physical Activity and Sports Sciences, it is compulsory. The level is basic training. It must signify the basis that gives students the skills to deepen in their empirical knowledge of the social phenomena in which they register, are conditioned, and also condition the practice of physical activity and sport.



The course is made up of two parts:

- A) Basic sociological training
- B) Sociology applied to the environments of physical activity and sport

Part A is taught in theory classes in which the master class is combined with debates. The theoretical content is considered for a final test. Contributions are continuously evaluated.

Part B is carried out through practical exercises in continuous evaluation.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

There are no specified enrollment restrictions with other subjects of the curriculum.

## OUTCOMES

### 1312 - Degree in Physical Activity and Sport Sciences

- Ser capaz de penetrar en los fenómenos sociales, y dentro de ellos en el deporte y el mundo de la actividad física, desde una perspectiva sociológica.
- Conocer y comprender las estructuras sociológicas en que se inscriben la actividad física y el deporte. Conocer así mismo la estructura social de la práctica deportiva.
- Capacidad para relacionar la organización social, sus tipos y evolución, con el fenómeno deportivo, y con la organización social del deporte.
- Capacidad para relacionar el entorno político y económico con la realidad social en materia de deporte y actividad física. Valorar el fenómeno de la mercantilización del deporte, y del deporte de alto nivel.
- Conocer las fuentes de empleo relacionado con la actividad física y deportiva.
- Comprender el papel del deporte en la cultura, y en el proceso de socialización.
- Conocer la relación entre deporte y terapias sociales.
- Conocer la función de los media en nuestra sociedad, y su relación con los fenómenos deportivos, muy especialmente con los grandes eventos.
- Capacidad para relacionar deporte y sostenibilidad, en sus múltiples dimensiones transversales, comenzando por la medio ambiental, y siguiendo por los demás temas implicados en una verdadera ecología humana.



- Capacidad para evaluar la relación entre deporte y diferencias de sexo y edad, así como en función de los constructos de género y etapas vitales. Distinguir entre diferencias de orden natural y diferencias discriminatorias.
- Saber relacionar deporte y actividad física con salud de la comunidad. Valorar los efectos mutuos entre salud y actividades física y deportiva.
- Conocer los diferentes métodos, cualitativos y cuantitativos, que se pueden emplear para investigar los fenómenos deportivos.
- Gain basic scientific training applied to physical activity and sport in their diverse forms.
- Know and understand the epistemological, historical and educational foundations of physical activity and sport.
- Know and understand the behavioural and social factors that determine the practice of physical activity and sport.
- Know and understand the effects of the practice of physical exercise on the psychological and social dimensions of the human being.
- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Promote and evaluate the acquisition of enduring and autonomous habits of practising physical activity and sport.
- Apply physiological, biomechanical, behavioural and social principles to the different fields of physical activity and sport.
- Select and know how to use sports material and equipment, suitable for each type of activity and population.
- Understand the scientific literature in the field of physical activity and sport in English and in other languages with significant presence in the scientific field.
- Develop resources to adapt to new situations and to solve problems, and for independent learning and creativity.
- Develop habits of professional excellence and quality.
- Be able to penetrate into social phenomena and, within them, into sport and the world of physical activity, from a sociological perspective.
- Know and understand the sociological structures of which physical activity and sport form part. Know the social structure of the sport practice.
- Be able to relate the social organisation, its types and evolution, with the sporting phenomenon, and with the social organisation of sport.
- Be able to link the political and economic environment with the social reality of sport and physical activity. Value the phenomenon of the commercialisation of sport and high-level sport.



- Know the sources of employment related to physical activity and sports.
- Understand the role of sport in culture and in the socialisation process.
- Know the relationship between sport and social therapies.
- Know the role of the media in our society, and their relationship with sports phenomena, especially with major events.
- Be able to relate sport and sustainability in their multiple cross-disciplinary dimensions, from the environment to the other issues involved in a true human ecology.
- Be able to assess the relationship between sport and differences in gender and age, as well as in terms of gender constructs and life stages. Distinguish between natural and discriminatory differences.
- Know how to relate sport and physical activity with the health of the community. Assess the mutual effects between health and physical and sports activities.
- Know the different qualitative and quantitative methods that can be used to investigate sports phenomena.

## LEARNING OUTCOMES

This subject must be oriented so that the students, as a result of an adequate combination of the different instruments of the teaching-learning process, achieve:

A) In the field of specific competences:

- 1) To know general sociology and its way of penetrating social issues, especially related to sports and physical activity.
- 2) Know and understand the sociological structures in which physical activity and sport are inscribed. Know also the social structure of sports practice.
- 3) Relate the social organization, its types and evolution, with the sport phenomenon, and also with the social organization of sport.
- 4) Relate the political and economic environment with the social reality in terms of sport and physical activity. Assess the commercialization phenomenon of high-level sport.
- 5) Assess the occupation and work problems related to physical and sports activity.
- 6) Establish the role of sport in culture, and in the socialization process.
- 7) Know the role of the media in our society, and its relationship with sports phenomena, especially with major events.
- 8) Relate sport and sustainability, in its multiple transversals' dimensions, starting with the environment.



- 9) Evaluate the relationship between sport and sex and age differences, as well as considering gender constructs and life stages.
  - 10) Relate sport and physical activity with community health. Assess the mutual effects between health and physical and sports activities.
  - 11) Know the different methods, qualitative and quantitative, that can be used to investigate the sport phenomenon.
  - 12) Develop the data search capabilities in bibliographic and documentary resources, with the physical and virtual tools available at the University of Valencia, and considering all the resources available to public and private, national and international social institutions.
  - 13) Develop secondary data search capabilities in public administrations and other entities (employers, federations, private entities, clubs, third sector entities, etc...)
  - 14) Being able to penetrate social phenomena and, within them, in sport and the world of physical activity, from a sociological perspective.
- B) In the field of transversal competences:
- 15) To deepen into all kinds of cross-cutting issues, such as human rights, or the search for a sustainable society, which are present within social phenomena.
  - 16) Be able to relate and structure information from different sources and to integrate relevant ideas and knowledge of diverse origin within the field of Physical Activity and Sport Sciences.
  - 17) Develop the learning skills necessary to undertake further studies or improve their training with autonomy and ability to work as a team

## DESCRIPTION OF CONTENTS

### 1. The sociological perspective of sport

### 2. Social structure of sports practice

### 3. Sports culture and socialization

### 4. Gender and age in sport



**5. Social Controversies in Sport****6. Media and digital society****7. Leisure, work and sport****WORKLOAD**

ACTIVITY	Hours	% To be attended
Theory classes	45,00	100
Classroom practices	15,00	100
<b>TOTAL</b>	<b>60,00</b>	

**TEACHING METHODOLOGY**

The teaching methodology to be used in the classes will be the master class complemented with empirical work sessions with computer means, with which the teachers will explain the different topics and points of the program. The methodology of the master class will be interspersed with the recourse to the active participation of the students in class and with the use of all the search documentary potentialities in the network.

This active participation will come from the possible doubts or comments that may arise from the student as a consequence of the teacher's explanation, as well as the questions, exercises and cases that the teacher proposes to the student, thus trying to achieve a greater connection of these in the teaching-learning process.

**EVALUATION**

The evaluation of the theoretical-practical knowledge acquired in this subject, as well as the control of the learning of the competences will be carried out through a final exam that will contain two blocks.

- A first block consisting of a test in which the knowledge of the theoretical part of the subject will be evaluated. Optionally, some short development questions can be added, valuing here the interrelation of ideas and concepts, as well as the capacity for synthesis and exposition.
- A second block consisting of short questions about the content of the practices. To pass the course credits, each student must pass both the theoretical and practical parts of the exam.



In the event that both parts have been passed, the weighting of the final grade will follow the following proportion: 50% theory and 50% practice.

While the note of the theoretical part will be obtained from the answers to a test (and if it is the case to the short questions), for the practical part, in addition to taking into account the evaluation of the short questions included in the exam, it will be taken into account class attendance, presentations and participation in the classroom, as well as the preparation of those summaries or exercises that the teacher may establish throughout the course.

The final grade for the course will be obtained from the average of both tests, provided that each of them has deserved, at least, the pass, independently of the other.

## REFERENCES

### Basic

- García Ferrando, M., Puig, N., Lagardera, F., Llopis Goig, R. y Vilanova, A. (2017): *Sociología del Deporte*. 4ª edición. Madrid, Alianza Editorial

### Additional

- Brohm, J. M. (1982) *Sociología política del deporte*, México: Fondo de Cultura Económica
- Coakley, J. (2015): *Sports in Society. Issues and Controversies* (eleventh edition). New York: McGraw-Hill International Edition.
- Coakley, J. y Dunning, E. (eds.) (2000): *Handbook of Sport Studies*. London: Sage.
- Craig, P. y Beedie, P. (eds.) (2013): *Sport Sociology* (second edition). London: Sage Publications.
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- Heinemann, K. (1999): *Sociología de las organizaciones voluntarias. El ejemplo del club deportivo*. Valencia: Tirant lo Blanch.
- Horne, J. (2006): *Sport in Consumer Culture*. Basingstoke: Palgrave.
- Jarvie, G. (2006): *Sport, Culture and Society. An Introduction*. London: Routledge. Taylor and Francis Group.
- Pociello, C. (1995): *Les cultures sportives. Pratiques, représentations et mythes sportifs*. Paris : Presses Universitaires de France.