

**COURSE DATA****Data Subject**

Code	33233
Name	Specific applications for basketball training
Cycle	Grade
ECTS Credits	6.0
Academic year	2022 - 2023

Study (s)

Degree	Center	Acad. year	Period
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	4	First term
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Faculty of Physical Education and Sport Sciences	4	First term

Subject-matter

Degree	Subject-matter	Character
1312 - Degree in Physical Activity and Sport Sciences	31 - Applications for basketball training	Optional
1331 - Degree in Physical Activity and Sport Sciences (Ont)	31 - Aplicación específica en el entrenamiento en Baloncesto	Optional

Coordination

Name	Department
SANCHIS SANCHIS, ROBERTO	122 - Physical and Sports Education

SUMMARY

The aim of the subject "Specific application for basketball training" is to provide future graduates in Physical Activity and Sports Science with advanced knowledge of basketball in order to be able to develop their professional activity in the specialisation and high-performance stages.

This optional subject continues with the line started in the first year of the degree with the compulsory subject "Basketball", which provides students with a previous background to be able to tackle this subject with guarantees.



Thus, the subject "Specific application for basketball training" will offer students a complete and specialised training, both theoretical and practical, on advanced technical-tactical skills, the construction of offensive and defensive game, training, game observation (scouting), team management, and match management, in basketball at specialisation and high-performance stages.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

Since the subject "Basketball" (first year) is compulsory, it is assumed that students already have the basic theoretical and practical background necessary to be able to develop this subject with guarantees. However, due to the nature of the tasks that will be required throughout the course, it is recommended that students have a basic knowledge of office automation (word processing, spreadsheets, etc.) and video editing.

COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

1312 - Degree in Physical Activity and Sport Sciences

- Aplicar los principios del entrenamiento al baloncesto.
- Diseña desarrollar y evaluar los procesos de los deportes colectivos atendiendo las características individuales, grupales y colectivas.
- Develop leadership, interpersonal and teamwork skills.
- Develop habits of professional excellence and quality.
- Plan, implement and evaluate the motor skills training process at its different levels and practice environments.
- Apply physiological, biomechanical, behavioural and social principles to the different fields of physical activity and sport.
- Apply information and communication technologies (ICT) to the field of sports training.

LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)

- Know and apply the offensive and defensive technical-tactical skills of basketball in the specialisation and high-performance stages.
- Know and apply different teaching-learning and training methodologies in specialisation and high-performance stages.
- Know how to plan and correctly apply training in specialisation and high-performance stages.
- Know how to construct collective offensive and defensive game with technical-tactical skills specific to the specialisation and high-performance stages.



- Know how to apply scouting techniques to observe the game.
- Know advanced aspects of basketball team management in specialisation and high-performance stages.
- Know advanced aspects of management and preparation of basketball matches in specialisation and high-performance stages.

DESCRIPTION OF CONTENTS

1. Offensive technical-tactical skills in basketball at specialisation and high-performance stages.

2. Defensive technical-tactical skills in basketball in specialisation and high-performance stages.

3. The construction of the collective offensive game in stages of specialisation and high-performance.

4. The construction of the collective defensive game in stages of specialisation and high-performance.

5. The organisation of basketball training in specialisation and high-performance stages.

6. Physical training in basketball in stages of specialisation and high-performance.

7. Scouting in high-performance basketball.

8. Team management in specialisation and high-performance stages.

9. Management and preparation of high-performance games.

**WORKLOAD**

ACTIVITY	Hours	% To be attended
Theory classes	30,00	100
Classroom practices	30,00	100
Attendance at events and external activities	4,00	0
Development of group work	5,00	0
Development of individual work	25,00	0
Study and independent work	25,00	0
Readings supplementary material	5,00	0
Preparation of evaluation activities	10,00	0
Preparing lectures	4,00	0
Preparation of practical classes and problem	5,00	0
Resolution of case studies	5,00	0
Resolution of online questionnaires	2,00	0
TOTAL	150,00	

TEACHING METHODOLOGY

The development of the subject around two theoretical and practical sessions weekly, two-hour-long structure during a semester.

A session will be participated by all students of the course together, and in another session each group separately.

The sessions will be devoted to the development of theoretical and practical content of the program, both in classroom and on the playing court.

Students will have opportunity to present work to their peers, supported by the use of audiovisual equipment, which will be debated and analyzed by the whole group ..

Students will present the teacher, when and how, individual and group work indicated from throughout the course.

Highlighting the importance of the active participation of the student is in the process of learning during the development of the subject, this being the true protagonist both in the classroom and on the court.



EVALUATION

1. CONTINUOUS ASSESSMENT

The evaluation of the subject will be continuous. Throughout course, the teaching staff will require different assignments and tasks in order to favour the acquisition of the contents of the subject.

Attendance and active participation in the sessions will be necessary for the acquisition of the basic competences. Therefore, attendance will be assessed positively and will have a specific weight in the evaluation (see section A).

In order to be eligible for continuous assessment, attendance at 80% of all sessions will be compulsory.

There will not be any kind of exemption from the sessions (work, illness, injury, competitions, etc.), and no distinction will be made between justified and unjustified absences. Therefore, students must reserve 20% of the absences allowed in this type of evaluation for any type of absence from the sessions. Likewise, lateness, absence before the end of the sessions, and injuries will have a special treatment within the continuous assessment (see section A).

The final mark in the continuous assessment will result from the weighted average of sections A, B, C. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until all the exams (ordinary and extraordinary) have been taken. In case of failure, the marks of any section will not be kept for future courses.

A) Active attendance (10%).

The mark in this section will be based on the following formula: $(AS \times 10) / TS$

AS: Number of sessions attended by the student.

TS: Total number of sessions attended during the course.

Injuries, delay, or absence before the end of the class will be worth half the value of the session.

Students with an attendance of less than 80% of the total number of sessions carried out during the term will lose the right to continuous assessment and must be assessed according to the criteria of the ordinary-extraordinary assessment.

B) Tasks and assignments (40%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The number of assignments/tasks to be carried out, their characteristics, as well as the specific value of each one will be announced by the teaching staff sufficiently in advance so that they can be carried out in an adequate manner throughout the term.



All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Those tasks/assignments that do not comply with this requirement will be marked with a 0.

If a student submits plagiarised work, he/she will be assessed with a 0 in the whole section B, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may give rise to the corresponding criminal offences."

C) Theory exam/s (50%).

The mark in this section will result from the weighted average of the different theory exams taken throughout the term, related to the contents of the subject. These exams will be made up of: multiple-choice questions, short questions and written practical cases. The teaching staff will announce the specific characteristics of the exams sufficiently in advance.

*** Extra training (up to 1 additional point)**

With the aim of promoting the complementary training of students, those students who wish to do so may voluntarily participate in training activities related to basketball (clinics, talks, courses, conferences, etc.). These activities may add up to 1 additional point to the final mark for the course.

IMPORTANT: for an activity to be considered as extra training, it must be presented to the teaching staff before it is carried out, who will determine whether it can be considered as extra training, as well as the additional value (mark) that it would entail.

2. ORDINARY - EXTRAORDINARY ASSESSMENT.

This type of assessment is reserved for those students who have not attended 80% of the sessions of the course.

The final mark in the ordinary-extraordinary assessment will be the result of the weighted average of sections A and B. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until all the exams (ordinary and extraordinary) have been taken. In case of failure, the marks of any section will not be kept for future courses.

**A) Theory exam (70%)**

The theory exam will consist of a written exam on the contents of the subject (both the notes provided by the teacher and the bibliography mentioned in this guide must be taken into account). This exam will consist of: multiple-choice questions, short questions, essay questions and written practical cases.

B) Assignments and tasks (30%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the assignments will be defined by the teacher.

Students must contact the teaching staff (by email or through the Aula Virtual) at least 60 calendar days before the date of the exam, so that they can be informed about which tasks/assignments must be submitted in order to pass this section.

All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Tasks/assignments that do not comply with this requirement will be graded with a 0.

If a student submits plagiarised work, he/she will be assessed with a 0 in the whole section B, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may lead to the corresponding misdemeanours or criminal offences."

REFERENCES**Basic**

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Additional

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- Gómez, M. Á., Lorenzo, A., y Sampaio, J. (2009). Análisis del rendimiento en baloncesto. ¿Es posible predecir los resultados? Wanceulen.