

**COURSE DATA****Data Subject**

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|----------------------|-------------|
| Code | 33212 |
| Name | Basketball |
| Cycle | Grade |
| ECTS Credits | 6.0 |
| Academic year | 2022 - 2023 |

Study (s)

| Degree | Center | Acad. year | Period |
|-------------------------------------------------------------------|--------------------------------------------------|-------------------|---------------|
| 1312 - Degree in Physical Activity and Sport Sciences | Faculty of Physical Education and Sport Sciences | 1 | Other cases |
| 1331 - Degree in Physical Activity and Sport Sciences (Ontinyent) | Faculty of Physical Education and Sport Sciences | 1 | Second term |

Subject-matter

| Degree | Subject-matter | Character |
|-------------------------------------------------------------------|--------------------------------------------|------------------|
| 1312 - Degree in Physical Activity and Sport Sciences | 9 - Foundations of team sports | Obligatory |
| 1331 - Degree in Physical Activity and Sport Sciences (Ontinyent) | 9 - Fundamentos de los Deportes Colectivos | Obligatory |

Coordination

| Name | Department |
|--------------------------|-------------------------------------|
| SANCHIS SANCHIS, ROBERTO | 122 - Physical and Sports Education |

SUMMARY

The aim of the subject "Basketball" is to provide future graduates in Physical Activity and Sport Sciences with the basic knowledge of basketball in order to be able to develop their professional activity in the initial stages of this sport.

This compulsory first-year subject is located within the general framework of collective sports, serving as an introduction for future specialisation in subsequent years, where students will be able to perfect and deepen their theoretical and practical knowledge of this sport.



Thus, the subject "Basketball" will offer students a series of knowledge and skills that will be applicable, not only to this sport, but also to a large part of collective sports, so that it provides a comprehensive training for the graduate in Physical Activity and Sport Sciences.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

No specific prior knowledge is required. However, due to the nature of the tasks that will be required throughout the course, it is recommended that students have a basic knowledge of office automation (word processing, spreadsheets, etc.) and video editing. For the correct development of the practical sessions, it is highly recommended that students have a basic knowledge of basketball regulations, as well as a basic knowledge of the basic technical-tactical skills of this sport (dribbling, passing, shooting, etc.).

OUTCOMES

1312 - Degree in Physical Activity and Sport Sciences

- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Know and understand the common characteristics of collective sports (football, basketball and handball).
- Master the specific gestural motor development in collective sports (football) in the theoretical-practical aspects of the game in attack and defence.
- Integrate collective sports (football, basketball and handball) as an educational means in the school stages.
- Apply the strategic tactical fundamentals of team play in collective sports (football, basketball and handball).
- Select and know how to develop sports material and equipment suitable for each type of collective sport.
- Design, implement and evaluate the teaching and learning processes of collective sports (football, basketball and handball).



LEARNING OUTCOMES

- Know the historical and rules evolution of basketball.
- Know, apply, and execute the offensive and defensive technical-tactical skills of basketball in the initial stages.
- Know and apply the basic rules aspects of basketball in the initial stages.
- Know and apply different teaching-learning methodologies for basketball in the initial stages.
- Know how to construct collective offensive and defensive game in the initial stages, starting from reduced game situations (2x2, 3x3) to global game (5x5).
- Know the basic aspects of basketball team management in the initial stages.
- Know the basic aspects of the management and preparation of basketball games in the initial stages.

DESCRIPTION OF CONTENTS

1. Birth and historical evolution of basketball.

2. Nomenclature and graphic representation in basketball.

3. The rules of the game and their application in the initial stages.

4. Offensive technical-tactical skills in basketball in the initial stages.

5. Defensive technical-tactical skills in basketball in the initial stages.

6. The construction of the collective offensive game in the initial stages.

7. The construction of the collective defensive game in the initial stages.

**8. The teaching-learning process of basketball in the initial stages.****9. The evaluation of the teaching-learning process of basketball in the initial stages.****10. Management and preparation of matches.****WORKLOAD**

| ACTIVITY | Hours | % To be attended |
|----------------------------------------------|---------------|------------------|
| Classroom practices | 60,00 | 100 |
| | 0,00 | 100 |
| Development of group work | 5,00 | 0 |
| Development of individual work | 25,00 | 0 |
| Study and independent work | 25,00 | 0 |
| Readings supplementary material | 5,00 | 0 |
| Preparation of evaluation activities | 10,00 | 0 |
| Preparing lectures | 4,00 | 0 |
| Preparation of practical classes and problem | 5,00 | 0 |
| Resolution of case studies | 5,00 | 0 |
| Resolution of online questionnaires | 2,00 | 0 |
| TOTAL | 146,00 | |

TEACHING METHODOLOGY

The development of the course is structured around 2 theoretical and practical sessions a week for 2 hours during a semester.

90% of the total are engaged in the acquisition of specific skills of basketball and the remaining 10% is dedicated to the exhibition and group discussion of theoretical aspects.

The students presented over the semester, several works related to learning and teaching of basketball, or some of the contents of the program blocks, in order to expand the information gained by using new technologies and databases.



EVALUATION

1. CONTINUOUS ASSESSMENT

The evaluation of the subject will be continuous. Throughout course, the teaching staff will require different assignments and tasks in order to favour the acquisition of the contents of the subject.

Attendance and active participation in the sessions will be necessary for the acquisition of the basic competences. Therefore, attendance will be assessed positively and will have a specific weight in the evaluation (see section A).

In order to be eligible for continuous assessment, attendance at 80% of all sessions will be compulsory.

There will not be any kind of exemption from the sessions (work, illness, injury, competitions, etc.), and no distinction will be made between justified and unjustified absences. Therefore, students must reserve 20% of the absences allowed in this type of evaluation for any type of absence from the sessions. Likewise, lateness, absence before the end of the sessions, and injuries will have a special treatment within the continuous assessment (see section A).

The final mark in the continuous assessment will result from the weighted average of sections A, B, C, D. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until all the exams (ordinary and extraordinary) have been taken. In case of failure, the marks of any section will not be kept for future courses.

A) Active attendance (10%).

The mark in this section will be based on the following formula: $(AS \times 10) / TS$

AS: Number of sessions attended by the student.

TS: Total number of sessions attended during the course.

Injuries, delay, or absence before the end of the class will be worth half the value of the session.

Students with an attendance of less than 80% of the total number of sessions carried out during the term will lose the right to continuous assessment and must be assessed according to the criteria of the ordinary-extraordinary assessment.

B) Tasks and assignments (30%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the tasks/assignments will be defined by the teaching staff throughout the course.



All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Those tasks/assignments that do not comply with this requirement will be marked with a 0.

If a student submits plagiarised work, he/she will be assessed with a 0 in the whole section B, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may give rise to the corresponding criminal offences."

C) Theory exam/s (30%).

The mark in this section will result from the weighted average of the different theory tests taken throughout the term.

Before the end of the term, students must take a written exam (test) with questions related to the contents of the subject. In addition, other types of written tasks may also be required (such as written practical case, for example), which will be explained by the lecturers beforehand.

D) Practical exam/s (30%).

The mark in this section will result from the weighted average of the different practical exams carried out during the term.

Before the end of the term, and as part of the continuous assessment, students must take one or more practical exams based on the execution of the individual and collective technical-tactical skills worked on throughout the course.

The practical exams will consist of:

1. Exercises and/or tasks related to the execution of individual technical-tactical skills (dribbling, shooting, etc.).
2. Exercises and/or tasks related to the execution of collective technical-tactical skills in reduced and/or global game situations (e.g. 3x3 game situations).

*** Extra training (up to 1 additional point)**

With the aim of promoting the complementary training of students, those students who wish to do so may voluntarily participate in training activities related to basketball (clinics, talks, courses, conferences, etc.). These activities may add up to 1 additional point to the final mark for the course.



IMPORTANT: for an activity to be considered as extra training, it must be presented to the teaching staff before it is carried out, who will determine whether it can be considered as extra training, as well as the additional value (mark) that it would entail.

2. ORDINARY - EXTRAORDINARY ASSESSMENT.

This type of assessment is reserved for those students who have not attended 80% of the sessions of the course.

The final mark in the ordinary-extraordinary assessment will be the result of the weighted average of sections A and B. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until all the exams (ordinary and extraordinary) have been taken. In case of failure, the marks of any section will not be kept for future courses.

A) Theory exam (50%)

The theory exam will consist of a written exam on the contents of the subject (both the notes provided by the teacher and the bibliography mentioned in this guide must be taken into account).

B) Assignments and tasks (30%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the assignments will be defined by the teacher.

Students must contact the teaching staff (by email or through the Aula Virtual) at least 60 calendar days before the date of the exam, so that they can be informed about which tasks/assignments must be submitted in order to pass this section.

All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Tasks/assignments that do not comply with this requirement will be graded with a 0.

If a student submits plagiarised work, he/she will be assessed with a 0 in the whole section B, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may lead to the corresponding misdemeanours or criminal offences."



C) Practical exam/s (20%)

The mark in this section will result from the weighted average of the different practical exams required.

Students must perform a series of practical exams based on the execution of individual and collective technical-tactical skills related to the contents of the subject.

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- Goodson, R. (2016). Basketball essentials. Human Kinetics.
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Additional

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