

**COURSE DATA****Data Subject**

<b>Code</b>	33212
<b>Name</b>	Basketball
<b>Cycle</b>	Grade
<b>ECTS Credits</b>	6.0
<b>Academic year</b>	2020 - 2021

**Study (s)**

<b>Degree</b>	<b>Center</b>	<b>Acad. year</b>	<b>Period</b>
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	1	Other cases
1331 - Degree in Physical Activity and Sport Sciences (Ontinyent)	Faculty of Physical Education and Sport Sciences	1	Second term

**Subject-matter**

<b>Degree</b>	<b>Subject-matter</b>	<b>Character</b>
1312 - Degree in Physical Activity and Sport Sciences	9 - Foundations of team sports	Obligatory
1331 - Degree in Physical Activity and Sport Sciences (Ontinyent)	9 - Fundamentos de los Deportes Colectivos	Obligatory

**Coordination**

<b>Name</b>	<b>Department</b>
COELLO TORAN, FEDERICO JOSE	122 - Physical and Sports Education
SANCHEZ SOÑES, EMILIANO	122 - Physical and Sports Education

**SUMMARY**

Basketball is a core subject of Science Degree in Physical Activity and Sport, adopted on June 8, 2009 by the University Coordination Council. Basketball is a team sport that was born to school (School of Springfield, in Massachusetts), invented by a PE teacher (James Naismith) as an educational game. Throughout this sport, the school could acquire moral values, regulatory content respect for opponents, and develop their motor skills.



This first year of basketball in our Faculty, aims to bring students to the knowledge of this sport in the early stages of initiation. And its contents include the fields of theoretical knowledge, practical realization of the game, and in a very special way, methodological aspects necessary for teaching in the phases of initiation and school sport.

In addition, this course can be the beginning of a new stage in the student's professional life, if you go on to studying this sport. Entering in the field of sports initiation, as a coach / teacher in the school sports initiation stages. Or move on deepening concern Basketball studio and advanced courses, new courses electives.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

### Other requirements

The theoretical and practical content of this course offers students the opportunity to acquire practical and theoretical knowledge, requiring no specific requirement, regardless of minimum academic qualifications to attend this college. However, it is recommended that students have: the basic skills of the sport, a willingness to work together and mastery of basic computing tools.

## OUTCOMES

### 1312 - Degree in Physical Activity and Sport Sciences

- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Know and understand the common characteristics of collective sports (football, basketball and handball).
- Master the specific gestural motor development in collective sports (football) in the theoretical-practical aspects of the game in attack and defence.
- Integrate collective sports (football, basketball and handball) as an educational means in the school stages.
- Apply the strategic tactical fundamentals of team play in collective sports (football, basketball and handball).
- Select and know how to develop sports material and equipment suitable for each type of collective sport.



- Design, implement and evaluate the teaching and learning processes of collective sports (football, basketball and handball).

## LEARNING OUTCOMES

- Understanding the historical and regulatory developments Basketball.
- Understanding the theoretical and practical technical and tactical elements of basketball and regulatory stages of initiation.
- Possessing a wide range of exercises and teaching aids for their implementation.
- Performing basic gestural motor adequately specific program content.
- Knowing how to build the game of attack and defense of 5x5 in a position to match.
- Understanding and apply different methodologies in the teaching and learning.
- Provide sufficient capacity for teaching and training in the school categories.
- Directing basketball games in the school stages.
- Using basketball as an educational tool in the formative stages.

## DESCRIPTION OF CONTENTS

### 1. BIRTH AND REGULATORY DEVELOPMENTS BASKETBALL HISTORICAL

Study and understanding of the precursors, inventors, and further development of basketball. Games and sports throughout history have served as a precedent basketball. James Naismith and his times. Evolution of basketball since 1891. Olympic and world expansion. Their entry and development in Spain. Structures.

### 2. NOMENCLATURE, GRAPHICAL REPRESENTATION AND USE OF FORMS OF OBSERVATION

Graphics and graphic representation in basketball. Basic basketball terminology. Templates observation and learning environment for teaching and learning basketball. Preparation and use of observation forms part of the alumni / ae. Using the official form of basketball.

### 3. TECHNICAL-TACTICAL MEDIA BASKETBALL IN PHASES OF ATTACK

Individual technical and tactical offensive: The 1X1 and offensive items (boat, field goal, fakes and dribbling, etc.). Collective technical and tactical offensive: 2X2 and 3X3 the (passes, isolation, pick and roll, etc.).



#### **4. TECHNICAL-TACTICAL MEDIA BASKETBALL IN THE STAGES OF DEFENSE**

Individual defensive technique and tactics: The 1X1 and offensive elements (position and movement, footwork, the player with the ball defense, etc.).. Collective technical and tactical defensive 2X2 and 3X3 the (defending the player without the ball, help, cuts and picks defense, body checks, etc.).

#### **5. COLLECTIVE CONSTRUCTION OF GAME TEAM (5X5) ATTACK IN THE INITIATION OF EMPLOYMENT FROM SPACE, PASS AND CATCH (INCLUDING FASTBREAK)**

Different stages of the attack 5X5: Fastbreak, transition and static attack. Basic organizational systems offensive initiation: free play and passing game concepts, rules of application and teaching thereof.

#### **6. COLLECTIVE CONSTRUCTION OF GAME TEAM (5X5) IN DEFENSE BASED SUPPORT AND RECOVERY.**

Different defensive systems in the 5X5: individual defense, zone defense and defense mixed. The individual defense as a basis for initiating defensive systems. Educational and regulatory justifications. Learning the individual defense of aid in  $\frac{3}{4}$ , middle and the whole court.

#### **7. TEACHING LEARNING PROCESS OF BASKETBALL IN THE INITIATION PHASE.**

Basketball as an educational tool. Important elements of collaboration, participation and competition in basketball. Educational differences between basketball and competitive basketball. Teaching progressions in basketball.

#### **8. THE EVALUATION PROCESS, DESIGN AND USE OF OBSERVATION SHEETS.**

Different means of assessing the educational process in basketball. The leaves of observation as a key element in the educational process and evaluation. Error detection process, strategies for correction and feed-back.

#### **9. RULES OF THE SPORT, ARBITRATION AND ITS APPLICATION IN THE CATEGORY OF TRAINING.**

Learning basic rules: FIBA rules, regulations and rules gateway, mini-basketball. Referee role as a fundamental element in the management group's role as educator: learning basic technique and its application in the game.

**10. ADDRESS AND PREPARATION OF THE MATCH.**

The match: his previous organization, equipment, infrastructure and people involved in it. Coaching: the importance of the figure of the coach-educator. Learning the use of elements related to the game: a scoreboard, timers, acts, elements in the desk, and so on. Different roles we can play in the game: player, coach, teacher, referee, scorer, and so on.

**WORKLOAD**

ACTIVITY	Hours	% To be attended
Classroom practices	60,00	100
	0,00	100
Attendance at events and external activities	4,00	0
Development of group work	5,00	0
Development of individual work	25,00	0
Study and independent work	25,00	0
Readings supplementary material	5,00	0
Preparation of evaluation activities	10,00	0
Preparing lectures	4,00	0
Preparation of practical classes and problem	5,00	0
Resolution of case studies	5,00	0
Resolution of online questionnaires	2,00	0
<b>TOTAL</b>	<b>150,00</b>	

**TEACHING METHODOLOGY**

The development of the course is structured around 2 theoretical and practical sessions a week for 2 hours during a semester.

90% of the total are engaged in the acquisition of specific skills of basketball and the remaining 10% is dedicated to the exhibition and group discussion of theoretical aspects.

The students presented over the semester, several works related to learning and teaching of basketball, or some of the contents of the program blocks, in order to expand the information gained by using new technologies and databases.





## EVALUATION

The evaluation of the basketball course will be continuous, the professors will be asking throughout the semester tasks and works that will help the students in the learning of this sport.

Attendance and active participation in basketball classes will help the student acquire the basic skills. Attendance will be assessed positively and will have a specific weight in the assessment.

Attendance is mandatory to 80% of the classes to be able to access the continuous assessment.

There is no type of exemption in the practical classes (work, illness, injury, competitions, etc.). There are no justifiable or justified defects.

For the personal needs, the student must reserve the 20% of the allowed faults. The delay, the absence before finishing classes and the injuries will have a special treatment in the continuous evaluation and that will explain next.

### **A) The attendance has a weight in the final mark of 20%.**

For the treatment of this section we will follow this criterion: For the calculation of the attendance in class we will use a mathematical formula that will be:  $\text{Núm. Of sessions} / 100$

In the first week of each semester the teachers will inform about the value of each session according to the programmed classes.

Injuries, delays or absence before finishing the class will be half the value of the session.

Students who prove less than 80% of the attendance in class will lose the right of the continuous evaluation and will pass to the ordinary assessment.

### **B) Tasks, jobs, etc. They have a weight in the final mark of 20%.**

The work requested by the teachers must be delivered in a timed and established date.

The students that in the continuous evaluation of this section do not obtain more than 5, that will be obtained doing the average weighted of the different works will have to appear to the ordinary evaluation

*"The literal, total or partial, copy of other works and presenting them as their own is considered unacceptable in the academic field. On the other hand, and by the Law of Intellectual Protection, they are usually prohibited Total or partial reproductions of the works of others, and their failure to comply may lead to the corresponding faults or criminal offenses. "*

### **C) The theoretical tests have a weight in the final mark of 30%.**



Before the end of the semester, the students will carry out a written test that will consist of doing a test-type test, with questions related to the contents of the subject.

Throughout the semester, teachers can also do theoretical tests and will be explained to the students at the time.

For the continuous evaluation to be positively valued in this section the student must obtain a minimum score of 5 in the weighted average of all the theoretical tests that can be done within the semester.

The students that in the continuous evaluation do not obtain more than 5, that will be carried out doing the weighted average of the different theoretical examinations that are requested during the semester will have to appear to the ordinary evaluation.

**D) Practical tests have a weight in the final mark of 30%.**

Before the end of the semester, and within the continuous assessment, the students will carry out a practical test that will consist of demonstrating the skills acquired in basketball.

These skills will consist of:

1. Analytical exercises will be related to shooting, lay up, changes of direction ...
2. A practical demonstration of all concepts seen throughout the course through real play in a 3x3.

The students who do not receive more than 5 in the continuous assessment, which will be taken using the weighted average of the different exercises and practical activities that are requested during the semester, will have to be presented to the ordinary call.

*The final grade will emerge from the weighted average of section A, B, C, D, and will have to be approved independently until all the calls are exhausted. In case of suspension, the notes of any section for the next courses will not be saved.*

**2. ORDINARY EVALUATION - EXTRAORDINARY.**

Students who did not attend 80% of the practical classes (A) or exceeded any of the sections B, C, D of the continuous evaluation may be submitted to the ordinary-extraordinary evaluation established by the Faculty.



The tests to be developed will be as follows:

**A) Practical assumption 20%**

The students will have to do a written examination of a theoretical-practical case related to the contents of the course.

**B) Tasks, homework etc. They have a weight in the final mark of 20%.**

Students will have to contact the teachers to know the tasks or work they have to present to pass this section.

*"The literal, total or partial, copy of other works and presenting them as their own is considered unacceptable in the academic field. On the other hand, and by the Law of Intellectual Protection, they are usually prohibited Total or partial reproductions of the works of others, and their failure to comply may lead to the corresponding faults or criminal offenses. "*

**C) Theoretical tests have a weight in the final mark of 30%.**

The students will have to:

Do a theoretical examination of the contents of the subject (notes and bibliography).

**D) Practical tests have a weight in the final mark of 30%.**

The students will have to:

Take a practical examination of the contents of the subject.

*The final grade will emerge from the weighted average of section A, B, C, D, and s will have to be approved independently until all the announcements are exhausted. In case of suspension, the notes of any section for the next courses will not be saved.*

## REFERENCES

### Basic

- ALDERETE, JL. & JUAN, J. (1998) BALONCESTO. TÉCNICA DE ENTRENAMIENTO Y FORMACIÓN DE EAUPOS DE BASE. GYMNOS. MADRID.
- ALDERETE, JL. & JUAN, J. (1998) TECNICA INDIVIDUAL DEFENSIVA. GYMNOS. MADRID.
- BAYER, C. LA ENSEÑANZA DE LOS JUEGOS DEPORTIVOS COLECTIVOS. HISPANO EUROPEA.
- BOSCH, G. BALONCESTO. INICIACIÓN Y PERFECCIONAMIENTO. HISPANO EUROPEA.





BOSCH, G. & POULAIN, T. BALONCESTO. DE LA ESCUELA A LAS ASOCIACIONES DEPORTIVAS. AGONOS.  
DEL RIO, J. A. METODOLOGÍA DEL BALONCESTO. PAIDOTRIBO.  
HERNANDEZ MORENO, J. ANALISIS DE LAS ESTRUCTURAS DEL JUEGO DEPORTIVO. INDE.  
HERNANDEZ MORENO, J. BALONCESTO, INICIACIÓN Y ENTRENAMIENTO. PAIDOTRIBO.  
LASIERRA, G. Y LAVEGA, P. - 1015 JUEGOS Y FORMAS JUGADAS DE INICIACIÓN A LOS DEPORTES DE EQUIPO. PAIDOTRIBO.  
OLIVERA BELTRÁN, J. - 1250 EJERCICIOS Y JUEGOS EN BALONCESTO. PAIDOTRIBO.  
ORLICK, T.- LIBRES PARA COPERAR, LIBRES PARA CREAR. PAIDOTRIBO.  
PIAGET, J.- EL CONCEPTO DEL ESPACIO EN EL NIÑO. PAIDOS.  
PIERON, M. (1999) PARA UNA ENSEÑANZA EFICAZ DE LAS ACTIVIDADES FISICO-DEPORTIVAS. INDE. BARCELONA.  
PRIMO, G. C. BALONCESTO. LA DEFENSA. MARTINEZ ROCA.  
PRIMO, J. C. BALONCESTO. EL ATAQUE. MARTINEZ ROCA.  
SMITH, D. BALONCESTO. ATAQUES Y DEFENSAS MULTIPLES. PILA TELEÑA S. A.  
VARIOS AUTORES.- ANÁLISIS DE LA PRÁCTICA DEPORTIVA. (Las ayudas defensivas entre jugadores del perímetro. Aproximación metodológica y ejercicios. CALATAYUD, F. Cap. 3). PROMOLIBRO.  
VARIOS AUTORES.- CURSO DE ENTENADOR DE 1r i 2n NIVEL. E.N.E. F.E.B.

#### **Additional**

- GONZÁLEZ, ANGEL. El juego por conceptos. [en línea]. Federación Española de Baloncesto. El club del entrenador. <http://www.clubdelentrenador.com/articulos/149.pdf> [consulta: 9 julio 2011]
- SÁNCHEZ, JAVIER. El contraataque. La primera opción de ataque. [en línea]. Federación Española de Baloncesto. El club del entrenador. <http://www.clubdelentrenador.com/articulos/146.pdf> [consulta: 9 julio 2011]
- FEB. Planificación práctica del entrenamiento. [en línea]. Federación Española de Baloncesto. El club del entrenador. <http://www.clubdelentrenador.com/articulos/128.pdf> [consulta: 9 julio 2011]

#### **ADDENDUM COVID-19**

**This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council**

#### ***Addendum to the teaching guide for the 2nd term of the academic year 2020/2021:***

The teaching from February 2021 will start on 8 February, in online and synchronous mode, and will be maintained until the Consell de Govern de la Universitat de València reports on its completion and/or modifications.