

**COURSE DATA****Data Subject**

Code	33211
Name	Football
Cycle	Grade
ECTS Credits	6.0
Academic year	2019 - 2020

Study (s)

Degree	Center	Acad. year	Period
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	2	Other cases
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Faculty of Physical Education and Sport Sciences	2	Other cases

Subject-matter

Degree	Subject-matter	Character
1312 - Degree in Physical Activity and Sport Sciences	9 - Foundations of team sports	Obligatory
1331 - Degree in Physical Activity and Sport Sciences (Ont)	9 - Fundamentos de los Deportes Colectivos	Obligatory

Coordination

Name	Department
ARANDA MALAVES, RAFAEL	122 - Physical and Sports Education

SUMMARY

The aim of the subject “Fundamentals of team sports: football” is to have postgraduates in Physical Activity and Sports with a useful understanding of football into the educational and sport environment. This subject is a compulsory subject in the second year of the grade. Thereby, it must be an introduction to an specific team sport, explaining the main concepts and processes in football, but always from the point of view of the general principles of team sports.



The introductory character of this subject is based in the fact that it is a compulsory subject. This makes every student to study it, and this implies a great heterogeneity in the students. This fact, added to the scarce time to teach this subject, would make an impossible target trying the students to become experts.

Otherwise, this subject is located in the study plan to introduce and teach the fundamentals of football, giving a base to further improvements and deepening in its knowledge depending on students interests.

The subject “Fundamentals of team sports: football” will give the Physical Activity and Sports student a whole formation to be able to use his/her knowledge and abilities in everyone of the five professional fields. In addition, this subject will make the student to develop the theoretical and practical knowledge to plan, design, organize and evaluate football in five professional fields of the Physical Activity and Sports.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

None

COMPETENCES (RD 1393/2007) // LEARNING OUTCOMES (RD 822/2021)

1312 - Degree in Physical Activity and Sport Sciences

- Know and understand the fundamentals, structures and functions of human motor skills and movement patterns.
- Know and understand the fundamentals of game play and sport.
- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Design, implement and evaluate the teaching-learning processes related to physical activity and sport, paying attention to the individual, collective and contextual characteristics of people.
- Plan, implement and evaluate the motor skills training process at its different levels and practice environments.
- Select and know how to use sports material and equipment, suitable for each type of activity and population.
- Develop resources to adapt to new situations and to solve problems, and for independent learning and creativity.



- Know and understand the common characteristics of collective sports (football, basketball and handball).
- Master the specific gestural motor development in collective sports (football) in the theoretical-practical aspects of the game in attack and defence.
- Integrate collective sports (football, basketball and handball) as an educational means in the school stages.
- Apply the strategic tactical fundamentals of team play in collective sports (football, basketball and handball).
- Select and know how to develop sports material and equipment suitable for each type of collective sport.
- Design, implement and evaluate the teaching and learning processes of collective sports (football, basketball and handball).
- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, the culture of peace and democratic values.

LEARNING OUTCOMES (RD 1393/2007) // NO CONTENT (RD 822/2021)

They will be assessed during the year depending on the pacing of student's learning.

DESCRIPTION OF CONTENTS

1. Concept and classification of football.

2. History of football.

3. Structural factors and rules of football.

4. Teaching-learning methods in football.

5. Games for understanding in football.



6. 6. Concept and classification of individual technic-tactic actions in football.

7. 7. Individual offensive technic-tactic actions in football.

8. 8. Individual defensive technic-tactic actions in football.

9. 9. Different types os attack, defense and transitions attack to defense and defense to attack

10. 10. Football as a universal sport. Practice of football at different ages, gender equality and universal access. Individual and collective values of football and its environement.

WORKLOAD

ACTIVITY	Hours	% To be attended
Classroom practices	60,00	100
Attendance at events and external activities	4,00	0
Development of group work	6,00	0
Development of individual work	20,00	0
Study and independent work	20,00	0
Preparation of evaluation activities	15,00	0
Preparing lectures	5,00	0
Preparation of practical classes and problem	15,00	0
Resolution of case studies	5,00	0
TOTAL	150,00	

TEACHING METHODOLOGY

The learning methods that will be used during the year are:

- Learning in group:
 - Group dynamics.
 - Cooperative learning.
 - Case study.
 - Project oriented learning.
- Autonomous learning.
- Tutoring.



Group dynamics, case study and cooperative learning will be used during practice classes performed at classroom, from where autonomous learning will be programmed. In the pitch, students will participate and experience football practices proposed by the teacher or classmates. Students will be encouraged at the beginning of the class to think about what they are doing, and thereafter, at the end of the class, Socratic method will be used through questions, answers and suggestions.

For practices performed at home, strategies for information processing will be used, i.e. concept map developing as well as autonomous learning.

Jobs will be made in couples or individually, as well as oral presentations. Jobs performed in the pitch will be exposed individually.

Tutoring will serve to supervise jobs and also to solve any doubt or handicap respect to any content or process related to this subject.

EVALUATION

To perform the evaluation a questionnaire will be filled in order to have an autoevaluation of the subject, to know the functional aspects of the subject during the year. The questionnaire will be filled by the students and also by the teacher. It will be related to:

- Structure of the classes,
- Clarity of explanations,
- Structure of practice classes,
- Class climate,
- Materials used in classes,
- Teaching strategies,

To perform the cumulative evaluation of the students, in order to obtain the final qualification, the purpose is as follows:

- 25 %: final exam (at the end of the course).
- 20 %: weighted average of qualifications obtained in theoretic jobs and partial exams done during the year. Limit date to receive theoretic jobs will be marked by the teacher.
- 25 %: "Homework book". It will be delivered to the teacher in every moment during the course, even without previous advice.
- 30 %: qualification obtained during practice classes (including that performed in the classroom and that performed in the pitch), this is day to day evaluation.

Each one of the previous items (a.; b.; c. y d.) must be passed independently.

Given the nature of the continuous assessment for the practical contents, it is mandatory to attend 80% of them. Those students who do not attend 80% of the practical classes should perform an additional work and/or practical demonstration of some skills (as agreed with the teacher) to be evaluated from the practical section and procedural contents. There are no justified and unjustified absences for the calculation of faults, and for personal needs, the student must reserve the margin of 20% of the faults



allowed.

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REFERENCES

Basic

- Referència b1: Ardá, A. i Casal, C. (2005). Metodología de la enseñanza del futbol. Paidotribo.
- Referència b2: Bayer, C. (1986). La enseñanza de los juegos deportivos col.lectius, Hispano Europea.
- Referència b3: Blázquez Sánchez, D. (1986). La Iniciación a los Esports de Equipo. Ed. Martínez. Ruca.
- Referència b4: Blázquez Sánchez, D. (Dir.) (1995). La iniciación deportiva i el esport escolar. Ed. Inde
- Referència b5: Castelo, J. (l 999). Futbol. Estructura i dinámica del juego. Inde.
- Referència b6: Devís, J. i Peiró, C. (1992) (comps.) Nuevas perspectivas curriculares en la educación física: la salud i los juegos modificados. INDE.
- Referència b7: Gréhaigne, J. F. (2001). La organización del juego en el futbol. INDE.
- Referència b8: Hernández Moreno, J. (2001). La iniciación a los esports desde su estructura i dinámica. Aplicación a la E. F. escolar i al entrenamiento deportivo. Barcelona, INDE Publicaciones.
- Referència b9: Lasierra, G. i Lavega, P. (1993). 1015 juegos i formas jugadas de iniciación a los esports de equipo. Paidotribo.
- Referència b10: Mombaerts, É. (2000). Futbol. Del análisis del juego a la formación del jugador. Ed. Inde.
- Referència b11: Riera, J. (1989). Fundamentos del aprendizaje de la técnica i la táctica deportiva. Inde.
- Referència b12: Wein, H. (1995). Futbol a la medida del niño. RFEF. Madrid.
- Referència b13: Wein, H. (1999). Futbol a la medida del Adolescente CEDIFA. Sevilla Mateo

Additional

- Referència c1: Bangsbo, J. (1997). Entrenamiento de la condición física en el futbol. Barcelona: Paidotribo.
- Referència c2: Godik, M.A. i Popov A.V. (1993). La preparación del futbolista. Barcelona: Paidotribo



ADDENDUM COVID-19

This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

“ADENDA A LA GUÍA DOCENTE MOTIVADA POR COVID 19 - 2º CUATRIMESTRE (1º y 2º CONVOCATORIA)”

1. Contenidos

Se mantiene sin modificaciones

2. Volumen de trabajo y planificación temporal de la docencia

Se mantiene sin modificaciones

3. Metodología docente

Se mantiene sin modificaciones

4. Evaluación

1ª y 2ª Convocatoria:

a) El 50 % correspondrá a les notes obtinguts en les treballs teòric-pràctics proposats pels professors mitjançant l'aula virtual de manera no presencial. Dates d'entrega establides pel professor.

b) El 50 % de la qualificació correspondrá a la mitjana ponderada de les notes obtingudes en les pràctiques (tant en l'aula com en les instal·lacions esportives) que s'han realitzat al llarg del curs presencialment.

5. Bibliografía

Se mantiene sin modificaciones