

**COURSE DATA****Data Subject**

Code	33065
Name	Human genetics
Cycle	Grade
ECTS Credits	5.0
Academic year	2020 - 2021

Study (s)

Degree	Center	Acad. year	Period
1100 - Degree in Biology	Faculty of Biological Sciences	4	First term

Subject-matter

Degree	Subject-matter	Character
1100 - Degree in Biology	16 - Fundamentals of health biology	Optional

Coordination

Name	Department
MOLTO RUIZ, MARIA DOLORES	194 - Genetics

SUMMARY

The subject Human Genetics is taught in the fourth course of the Biology degree (Plan 2009) and belongs to the intensification Fundamentals of Health Biology (FHB). It is a theoretical and practical subject of the first semester of the course along with the subjects Reproduction and Endocrinology and Clinical Biochemistry.

Human Genetics studies heredity and variation of biological traits in humans' beings, occupying a central position in Sanitary Biology and Biomedicine. The knowledge of language and concepts of Human Genetics, as well as the incorporation of the genetic and genomic perspectives of health and disease, has lead to establish a framework for learning which is essential in the health professional practice nowadays.

Human Genetics is a very broad field of biology, where traditional methodologies and more innovative strategies coexist in perfect harmony. This has allowed the study of a large number of genetic alterations responsible for disease, enabling the development of strategies for the detection, diagnosis and treatment of such pathologies. The Human Genome Project has definitively promoted the research on the isolation of genes causing diseases, initially Mendelian-type, and, more recently, diseases with complex inheritance, much more prevalent in the human population. The nature of the continuous progress in this field has high social impact, and issues related to human genetics have a constant presence in the media



and are subject to debate, not only for the scientific community but also for public opinion.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

You must have 120 ECTS approved

OUTCOMES

1100 - Degree in Biology

- Conocer y saber aplicar el método científico.
- Capacidad de organización, planificación y gestión de la información usando bases de datos bibliográficas adecuadas.
- Utilización del vocabulario específico de la Biología sanitaria.
- Capacidad de resolución de problemas y toma de decisiones.
- Capacidad de elaborar artículos, informes o proyectos y de exponerlos a diferentes auditorios.
- Habilidad para el trabajo en equipo y en contextos multidisciplinares.
- Capacidad de análisis crítico de textos científicos.
- Aprendizaje autónomo y adaptación a nuevas situaciones.
- Potenciar la creatividad, iniciativa y espíritu emprendedor.
- Apreciación del rigor, el trabajo metódico, y la solidez de los resultados.
- Potenciación de la capacidad de liderazgo.
- Capacidad de utilización de herramientas matemáticas y estadísticas.
- Reflexión ética sobre la actividad profesional.
- Conocimiento de bases de legislación relacionada con la Biología.
- Saber analizar datos usando herramientas estadísticas apropiadas.
- Conocimiento de sistemas de gestión en tareas profesionales en Biología sanitaria.
- Conocer los principales métodos y técnicas experimentales aplicadas al estudio de las enfermedades humanas, su etiología y la efectividad de los tratamientos.
- Conocimiento de las enfermedades y disfunciones más frecuentes durante las distintas etapas de la vida.



- Diferenciar entre enfermedades cromosómicas, genéticas de transmisión mendeliana y multifactoriales.
- Conocer las estrategias genéticas para la prevención de enfermedades hereditarias como fundamento del consejo y diagnóstico genético.
- Conocer los fundamentos de terapia génica.
- Conocer las aplicaciones de los análisis genéticos en la identificación de individuos y la determinación de relaciones de parentesco.

LEARNING OUTCOMES

About knowledge

- Knowing and applying correctly the vocabulary and terminology specific to Human Genetics.
- Acquisition of essential knowledge about genetic and molecular bases of inherited diseases.
- Acquisition of basic knowledge about the origin of karyotypic alterations and its application in clinical cytogenetics.
- Acquisition of knowledge and its application about the methodology developed for identification of Mendelian genes and genetic risk factors in multifactorial diseases and cancer.
- Acquisition of basic knowledge of strategies to address the prevention and treatment of genetic diseases.
- Acquisition of knowledge about the genetic basis of interindividual differences in response to different drugs and its application in the context of personalized medicine.

About procedure

- Identification of the different Mendelian inheritance patterns, as well as the factors that can alter them, based on the study of genealogies and assignment of genotypes.
- Assessment of genetic prediction and recurrence risk in hereditary diseases.
Recognition of loss of function vs gain of function mutations in hereditary diseases.
- Mapping a disease gene from the results of the different methodologies of genetic mapping.
- Distinguishing between pathological mutations and genetic polymorphisms.
Learning the protocol for obtaining human karyotype and chromosomal abnormalities identification.
- Learning different genotyping techniques.
- Knowing the different techniques of molecular markers analysis and their application in determining biological paternity and identification of individuals.
Interpretation and presentation of genetic analysis results from different types of samples and tests applied in the genetic diagnosis.
- Management of bibliographic sources related to human genetics from books, journals and database.



DESCRIPTION OF CONTENTS

1. Introduction

Genetics and Health Biology. Technical and scientific advances in Human Genetics. The Human Genome Project. Largest international projects in genomics. Genomic databases. Genetic and hereditary diseases. Disease Prevalence and Incidence.

2. Chromosomal and genomic basis of diseases: Autosomes alterations

The human chromosomes. Gametogenesis and mutagenesis. Karyotype abnormalities. The structural anomalies of autosomes. The numerical anomalies of autosomes. Uniparental disomy and diploidy. Major cytogenetic syndromes.

3. Chromosomal and genomic basis of diseases: Sex chromosome disorders

Dosage compensation. X-chromosome inactivation: molecular aspects. Abnormalities in the heterochromosomes. Fragile sites. Fragile X syndrome.

4. The genetic and molecular bases of inherited diseases

Mendelian inheritance patterns. Human pedigree analysis. Genetic prediction and risk of recurrence. Loss and gain of function mutations. Variations on Mendelian inheritance. Penetrance. Expressivity. Locus heterogeneity. Genetic anticipation. Pleiotropy. Genetic imprinting. Lethality. Mosaicism. Mitochondrial inheritance.

5. Genetic diseases with complex inheritance

Continuous and discontinuous multifactorial inheritance. Genetic vulnerability factors. Familial clustering. Twin studies: concordance rates and heritability. Adoption studies. Congenital malformations. Multifactorial disorders of adult life.

6. Blood groups

ABO and Rh blood groups. . Incompatibilities.

7. Genetic identity

The application of molecular markers for genetic fingerprinting. DNA profiling as a tool to assist in the identification of individuals. Assigning probabilities in forensic genetics. Assigning probabilities in paternity testing and biological relationship.



8. Genetics of cancer

Genetic basis of cancer. Hereditary and sporadic cancer. Environmental risk factors. Oncogenes and tumor suppressor genes mutations. Alterations in DNA repair. Chromosomal instability. Tumor progression

9. Cloning human disease genes

Identification of Mendelian diseases genes: Positional cloning. Genetic mapping: Linkage analysis. Exome/genome sequencing. Sequencing of gene panels. Identification of genetic risk factors: association studies. Ethical issues.

10. Prevention of genetic diseases

Genetic counseling. Determining recurrence risks. Genetic diagnosis: preimplantational, prenatal and presymptomatic. Diagnostics and laboratory tests. Genetic screening in populations.

11. Treatment of genetic diseases

Treatment strategies. Gene therapy: types. Therapeutic genes and constructs. Transfer vectors and methods. Candidate diseases. Applying genomics to individualize cancer therapy. Mitochondrial replacement therapy. Pharmacogenetics and personalized medicine. Ethical issues in human genetics.

12. Laboratory sessions

LABORATORY 1. Genotyping ADH3 polymorphisms by dot blot hybridization and ASO probes. gDNA amplification by PCR. Dot blot. Hybridization using Allele Specific Oligonucleotides (ASO) probes. Hybrid detection by colorimetry. Results interpretation.

LABORATORY 2. Genetic Identity.

Genotyping of a DRD4 microsatellite. Identification of X and Y chromosomes using molecular markers. Results interpretation. Elaboration of individualized molecular profiles, based on the results of the two laboratory results, for the assignment of the identity of a reference sample.

13. Problems and case studies

Problems and case studies

Pedigree analysis and determining inheritance patterns. Genetic risk and recurrence risk assessments in Mendelian diseases and chromosomal disorders. Linkage analysis. Recombination frequency calculation. Determination of LOD values. Case-control association studies: Odds ratio calculation. Assigning probabilities in forensic genetics and paternity testing. Indirect genetic diagnosis by using molecular markers.



WORKLOAD

ACTIVITY	Hours	% To be attended
Theory classes	27,00	100
Laboratory practices	15,00	100
Classroom practices	6,00	100
Tutorials	2,00	100
Study and independent work	35,00	0
Preparation of evaluation activities	20,00	0
Preparing lectures	8,00	0
Preparation of practical classes and problem	8,00	0
Resolution of case studies	4,00	0
TOTAL	125,00	

TEACHING METHODOLOGY

The following teaching methods will be used to develop this subject:

- 1. Theory classes.** The teacher will present the most relevant contents for the subject, using audiovisual equipment for agile development. The material necessary for proper monitoring of the lectures will be previously available in Aula Virtual.
- 2. Laboratory classes.** These classes will take place in 5 sessions of 3 hours each. Attendance is compulsory for laboratory classes.
- 3. Problems classes.** In these 1-hour sessions, the concepts presented in the theory classes will be reinforced and the active participation of the students will be stimulated through the discussion and resolution of problems and clinical cases. The teacher will prepare a series of exercises for each thematic block, which will allow working individually (through student personal preparation) and collectively (through exposure and discussion in the group class).
- 4. Group mentoring.** It will be revised those concepts that are more complex or more difficult for students using two sessions, one hour each distributed along the course.
- 5. Personalized tutoring.** Students will be encouraged to use this resource for advice and discussion with the teacher of any topic about the program, the course, or degree studies.

EVALUATION



The contents of the subject will be evaluated continuously (representing 30% of the final mark) and in a final test (70% of the final mark) as specified below:

1. Evaluation of the knowledge of theory

The evaluation of the theory knowledge will represent 60% of the final mark.

For the First Call, 10% will be obtained from the resolution of multiple-choice tests at the end of the different thematic blocks. The mark obtained in these continuous evaluation tests is unrecoverable in the event of not passing or of not having submitted to any of them. The remaining 50% will correspond to written tests with short answer questions and a multiple-choice test at the end of the semester.

In the Second Call, a single test of short answer questions and a multiple-choice test will be performed with a value of 60% of the final mark.

2. Evaluation of practical skills

The value of this part will be 40% of the final mark for the course.

The student's ability to solve genetic questions and problems will be evaluated through a written test at the end of the semester along with the exam of theory. The value of this test is 20% of the final course grade.

Laboratory learning will be assessed taking into account the presentation of laboratory results and their discussion, 15 days after the end of these classes (10% of final mark), and a written test to be carried out in the last session of the laboratory classes (10% of final mark). Attendance to lab sessions is a prerequisite to pass the course.

Other considerations: The final mark will be the sum of the marks achieved in the different sections. To pass the course, it will be necessary to obtain a global mark equal to or greater than 5 out of 10, as long as the mark for theoretical and practical knowledge (both problems and laboratory) is independently, equal to or greater than 4 out of 10.

For students who have not passed the subject in the first call, the marks of the knowledge of theory and practical skills will be saved for the second call if it is equal to or greater than 4 out of 10. The mark obtained from the laboratory skills is saved for the next year, if it is equal to or greater than 5 out of 10. Students, who do not assist to any part of the final exam (theory or practice) and do not pass the course, will have NOT EVALUATED in the records.

ADVANCE CALL: To request the advance call of this subject, students should have performed the mandatory activities listed in this teaching guide.

REFERENCES



Basic

- JORDE LB, CAREY JC y Bamshad MJ. *Genética Médica*. 2016 (5ª ed). Editorial Elsevier España SL. ISBN 9788491130581.
- NUSSBAUM R.L., McINNES R.R., WILLARD H.F. *Genética en Medicina*. 2016 (8ª Ed). Elsevier España. ISBN: 9788445826423.
- PIERCE B.A. *Genetics: A Conceptual Approach*. 2018 (5ª Ed.). WH Freeman. ISBN 1319187811. La cuarta edición tiene traducción al castellano: *Genética: un enfoque conceptual*. 2016 (4ª ed). Editorial Médica Panamericana.
- PRITCHARD D.J. / KORF B.R. *Genética Médica*. 2015 (3ª ed). Editorial Médica Panamericana. ISBN 9788479033958.
- STRACHAN T, GOODSHIP J, and CHINNERY P. 2015. *Genetics and Genomics in Medicine*. Garland Science, Taylor & Francis Group, LLC. ISBN 978-0-8153-4480-3.
- STRACHAN and READ. *Human Molecular Genetics*. 2018 (5ª ed, ISBN 0815345895); 2010 (4ª ed, ISBN, 9780815341499) Garland Science/Taylor & Francis Group. La tercera edición tiene traducción al castellano (2006, Mc.Graw-Hill Interamericana, ISBN970-10-5135-1).

Textos electrónicos:

- Relación de libros electrónicos sobre temas de biomedicina. <https://www.ncbi.nlm.nih.gov/books/>
- Help me to understand genetics: <https://ghr.nlm.nih.gov/primer>

Additional

- -CRESPILLO MÁRQUEZ Manuel C y BARRIO CABALLERO Pedro A. (editores). *GENÉTICA FORENSE. Del laboratorio a los Tribunales*. 2019. Editorial Díaz de Santos. Madrid. ISBN: 978-84-9052-213-4.
- DELGADO RUBIO A., GALÁN GÓMEZ E., GUILLÉN NAVARRO E., LAPUNZINA BADÍA PABLO D., PENCHASZADEH VICTOR B., ROMEO CASABONA CARLOS MARÍA, EMALDI CIRIÓN AITZIBER. *Asesoramiento Genético en la práctica médica*. 2012. Editorial Médica Panamericana.
- LORENTE, J.A. *Un detective llamado ADN*. 2004, Ediciones Temas de Hoy. ISBN: 84-8460-386-5.

WEBS recomendadas

ENCODE www.nature.com/encode/#/threads

GeneCards: <http://www.genecards.org/>

Gene Names: www.genenames.org

Genetic Diagnosis: <http://www.gendia.net/index.html>

GeneReviews: <http://www.genereviews.org/>

OMIM - Online Mendelian Inheritance in Man: <https://omim.org/>

Orphanet (portal europeo de información de referencia en enfermedades raras y medicamentos)



huérfanos):

<https://www.orpha.net/consor/cgi-bin/index.php?lng=ES>

Roadmap Epigenome Project: <http://www.roadmapepigenomics.org/>

ADDENDUM COVID-19

This addendum will only be activated if the health situation requires so and with the prior agreement of the Governing Council

Workload and teaching planning

The contents and the workload included in the course guide, regarding to the theoretical and practical issues (laboratory and problems) will be maintained.

Methodology

In the case that COVID-19 may force a reduction in attendance, the following measures will be considered:

- 1) The classroom activities will preferably be replaced by the Synchronous Videoconferencing tool available in the Virtual Classroom and, if it will be no possible, by narrated Powerpoint Presentations.
- 2) The laboratory activities will be replaced by the following methodologies:
 - Narrated Powerpoint Presentations in Virtual Classroom
 - Exercises with supplied experimental data
- 3) For supervision and questions the following methodologies will be used:
 - Synchronous chats in Virtual Classroom
 - Asynchronous forums in Virtual Classroom
 - Direct teacher-student communication through institutional mail

Evaluation

The course guide of the subject specifies that:

- 1) **THEORY**. Represents 60% of the final grade. 10% is obtained from the continuous evaluation of the contents through the face-to-face resolution of questions. The remaining 50% corresponds to a final test on the exam date approved by CAT.

In the case of reduction of attendance, the 10% of the final mark corresponding to the continuous evaluation of the theory will be increased to 20%. Questions will be done in person, complying with the security measures indicated by the educational and health authorities, and by using the Virtual Classroom Questions tool.

- 2) **PROBLEMS**. Represents 20% of the final mark, which is obtained from a final test on the established exam date. In case of reduction of attendance, half of this mark (10% of the final mark) will be obtained by solving problems using the Virtual Classroom Tasks tool.



The evaluation of the laboratory content will be maintained as specified in the teaching guide because the laboratory groups contain smaller number of students.

The changes indicated in this section involve increasing the contribution of continuous evaluation by 20% to the final mark, from the initial 30% to 50%.

In case the exams could not be face-to-face, they would be carried out 'online' in the Virtual Classroom using the available tools.

