

**FITXA IDENTIFICATIVA****Dades de l'Assignatura**

Codi	46446
Nom	Work psychology
Cicle	Màster
Crèdits ECTS	5.0
Curs acadèmic	2024 - 2025

Titulació/titulacions

Titulació	Centre	Curs	Període
2248 - Internati. Joint Research Master Work&Organizat.	Facultat de Psicologia i Logopèdia	1	Primer quadrimestre

Matèries

Titulació	Matèria	Caràcter
2248 - Internati. Joint Research Master Work&Organizat.	2 - Work psychology	Obligatòria

Coordinació

Nom	Departament
RAMOS LOPEZ, JOSE	306 - Psicologia Social

RESUM

Course taught in Maastricht University during the first semester at the first academic year.

Prof. Ute Hulsleger is the coordinator lecturer.

This course focuses on people at work in organisations. It will provide answers to questions as 'Why do some people flourish while others suffer at work?', 'How does work affect our health and well-being?', or 'How can a healthy work-life balance be achieved'. These questions will be addressed by discussing theories of work design, work stress, and occupational health. Using this knowledge, it will be discussed how jobs can (or should) be changed, to optimise individual performance and the well-being of the job incumbent. At the end of this course students should be able to provide answers to questions as: What are important work characteristics? How can health and well-being be fostered in organizations? How can people optimally recover from the demands of work? Is remote work a blessing or a curse?



CONEXEMENTS PREVIS

Relació amb altres assignatures de la mateixa titulació

No heu especificat les restriccions de matrícula amb altres assignatures del pla d'estudis.

Altres tipus de requisits

Sense requisits previs.

Students are able to:

- explain and compare different theories of job design, work stress, emotional labor, workplace mistreatment, and the work-life interface;
- apply this theoretical knowledge to understand and suggest solutions to work-related problems;
- understand and critically evaluate research methodologies used in research studies;
- propose optimal research designs to study research questions;
- present scientific articles to peers.

DESCRIPCIÓ DE CONTINGUTS

1. Paraules clau

Disseny de llocs de treball

Estrés laboral

Recuperació del treball

Treball emocional

Tractament inadequat al treball

Relacionons entre treball i no treball



VOLUM DE TREBALL

ACTIVITAT	Hores	% Presencial
Classes teoricopràctiques	50,00	100
Estudi i treball autònom	75,00	0
TOTAL	125,00	

METODOLOGIA DOCENT

Conference)(s)

Problem-Based Learning

Presentations

Case studies and assignments

AVALUACIÓ

Written Exam

Individual final assignment

REFERÈNCIES