



## COURSE DATA

### Data Subject

<b>Code</b>	36320
<b>Name</b>	Child and Adolescent Psychiatry and Psychosomatic Pathology
<b>Cycle</b>	Grade
<b>ECTS Credits</b>	4.5
<b>Academic year</b>	2024 - 2025

### Study (s)

Degree	Center	Acad. year	Period
1204 - Degree in Medicine	Faculty of Medicine and Odontology	5	First term

### Subject-matter

Degree	Subject-matter	Character
1204 - Degree in Medicine	18 - Optional subjects	Optional

### Coordination

Name	Department
DUALDE BELTRAN, FERNANDO	260 - Medicine

## SUMMARY

The **objective** of the lectures is that students know learn to recognise, diagnose and guide the management of psychiatric disorders in children and adolescents, and the psychopathology in adult patients in the context of the general hospital, also linked to other medical and surgical specialities. Students will also develop skills interviewing children and adolescents to elicit psychiatric syndromes, adults in specialised medical and also in relation to in-patient and surgical units.

## PREVIOUS KNOWLEDGE

### Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.



### Other requirements

It is recommended that students have passed the following subjects: Communication, Medical Psychology and Psychiatric.

It is principally offered to students in their 5th and 6th grade.

### 1204 - Degree in Medicine

- Students must be able to apply their knowledge to their work or vocation in a professional manner and have acquired the competences required for the preparation and defence of arguments and for problem solving in their field of study.
- Students must have the ability to gather and interpret relevant data (usually in their field of study) to make judgements that take relevant social, scientific or ethical issues into consideration.
- Recognise the standards of normal human behaviour and its alterations.
- Understand and recognise the effects, mechanisms and manifestations of diseases over the structure and function of the human body.
- Organizar y planificar adecuadamente la carga de trabajo y el tiempo en las actividades profesionales.
- Capacidad para trabajar en equipo y para relacionarse con otras personas del mismo o distinto ámbito profesional.
- Criticism and self-criticism skills.
- Capacity for communicating with professional circles from other domains.
- Acknowledge diversity and multiculturality.
- Consideration of ethics as a fundamental value in the professional practise.
- Working capacity to function in an international context.

- Compiling a clinical history focused on psychosomatic and psychiatric child and adolescent pathologies.
- Stating an initial diagnose and establishing a rational diagnostic strategy for a psychosomatic patient and in children and adolescents suffering from mental disorders.
- Knowing and applying biological treatment to mental disorders in child and adolescent population, and to patients suffering from psychosomatic or mental disorders in relation to other medical-surgical pathologies.
- Knowing how to choose appropriate techniques of psychological intervention in order to meet the objectives regarding patients suffering from a psychosomatic pathology, and child and adolescents with mental pathology.



- Acknowledging and handling situations and risk factors, and prevention of psychosomatic pathology, as well as child and adolescent mental illness.
  - Knowing how to apply the adequate strategies in each step of and intervention, depending on the purpose of such intervention.
  - Integrating in the health care dispositive by participating in mental health-related activities, in diverse medical-surgical specialities.
  - Knowing how to integrate processes in the health-illness equation. Widen perspectives for understanding patients and their pathology.
  - Evaluating the actions on the psychological-psychiatric field, and promote their improvement.
- Posing preventive measures for mental health.

## DESCRIPTION OF CONTENTS

### 1. Lectures

- 1- Psychological development of the normal child as a framework for pathology.
- 2- Nosology and epidemiology of childhood or early adolescence onset mental illness.
- 3- Eating disorders and elimination disorders.
- 4- Anxiety disorders and sleep disorders in childhood and adolescence.
- 5- Tic disorder. Obsessive-compulsive disorder (OCD).
- 6- Borderline pathologies of childhood.
- 7- Childhood depression and suicide.
- 8- Childhood onset schizophrenia.
- 9- Therapeutic intervention techniques: drugs.
- 10- Therapeutic intervention techniques: psychotherapy.
- 11- Liaison psychiatry and Psychosomatic Medicine. Health and illness behaviours.
- 12- Illnesses of the musculoskeletal system: Fibromyalgia. Chronic Fatigue Syndrome. Chronic pain.
- 13- Specialised Units: Transplantation. Patient selection.
- 14- Specialised Units: Oncology.
- 15- Specialised Units: Endocrine and metabolic disorders.
- 16- Specialised Units: Infectious diseases. AIDS.
- 17- Specialised Units: Surgery.

### 2. Practical teaching

The following topics will be revised, through seminars of non-compulsory attendance, presentation and discussion of clinical cases (detection and management), and support through Aula Virtual

- 1- Child interview in psychiatry.
- 2- Family as a risk and protection factor. Parenthood and parenting styles.
- 3- Abnormal psychosocial situations: Abuse, neglect, broken homes.
- 4- Severe emotional dysregulation in childhood and adolescence



- 5- Legal aspects in child psychiatric health care.
- 6- Stress and physical illness.
- 7- The chronic patient.
- 8- The terminally ill patient.
- 9- Agitation and violence.
- 10- Hospitalisation. Hospitalism and social problems.
- 11- Psychiatric treatment in the general hospital (drugs and psychological intervention).
- 12- Treatment from the psychosomatic perspective: Brief Integrative Psychotherapy.
- 13- Practical exercises with clinical cases. Intervention protocol.

## WORKLOAD

ACTIVITY	Hours	% To be attended
Seminars	26,00	100
Theory classes	19,00	100
Development of group work	10,00	0
Study and independent work	27,50	0
Readings supplementary material	10,00	0
Preparation of evaluation activities	10,00	0
Preparing lectures	4,00	0
Preparation of practical classes and problem	4,00	0
Resolution of case studies	2,00	0
<b>TOTAL</b>	<b>112,50</b>	

## TEACHING METHODOLOGY

This subject will consist of 40% of credits (ECTS) regarding theoretical classes (15% of lectures, 23% of practical credits and tutorials, including seminars with studies on clinical cases and problem-solving; and 1.7% of the final test), and will also consist of 60% of distance credits (devoted to study, preparation of seminars and reports, which students can be asked to do in order to deepen and clarify related content).

The gender perspective, the respect for diversity, and the sustainable development goals (SDGs) will be incorporated into teaching, whenever possible.

## EVALUATION

**a) Traditional theoretical evaluation:** It represents 50% of the final score and will be about the contents of both the theoretical program and the seminars. It will consist of a test with multiple choice answers. Each correct question will be worth 1 point, unanswered questions 0 points and each wrongly answered question will subtract 0.33 points.



**b) Continuous evaluation of practical competencies:** It represents 50% of the final score. It will be carried out by evaluating participation in the following activities:

- Compulsory group work consisting of writing a literature review which will later be presented orally in a seminar for a maximum of 15 minutes with a round of questions (40% final grade).
- Attendance and participation in the seminars (10% final score). Attendance at practices (seminars) is mandatory. The unjustified non-attendance will mean the impossibility of passing the subject.

The course will be passed with the equivalent of 5 points out of 10. To pass the course both parts are to be passed separately.

Some seminars require the use of a personal computer in the classroom. If the student does not have one, a request to the *Laptops Loan* service available in the Health Sciences Library in time and form must be made.

In order to access to an advance on the call of this subject, it is a requirement that the student has coursed all his/her practices.

Attendance at practical activities is mandatory. The student is considered to meet this requirement if he or she has attended a minimum of 80% of these activities and has adequately justified the impossibility of attending the remaining sessions due to the occurrence of a cause of force majeure. It will be essential to comply with this requirement to pass the subject.

Students are reminded of the importance of carrying out evaluation surveys on all the teaching staff of the degree subjects.

## REFERENCES

### Basic

- Psiquiatría del niño y del adolescente
  - Rutter's child and adolescent psychiatry. Anita Thapar et al (eds). Wiley, 2015
  - Tratado de psiquiatría del niño y del adolescente. Lebovici, S., Diatkine, R., Soulé, M. Biblioteca Nueva, 1990
  - Tratado de Psiquiatría de la infancia y adolescencia. Wiener JM& Dulcan MK. Masson, 2005.
  - Developmental psychopathology, 4 vols. Cichetti, D. et al (eds). Wiley, 2016
- Patología psicósomática
  - Introducción a la psicopatología y psiquiatría. Vallejo Ruiloba J. 7ª edición. Masson, 2011.
  - Sinopsis de Psiquiatría. Kaplan-Sadock. 9ª edición. Waverly Hispanica S.A., 2004.
- Recursos-e Salut:
  - . ClinicalKey Student Medicina, Odontología y Enfermería  
[ <https://uv-es.libguides.com/RecursosSalut> ]
  - . Acces Medicina  
[ [https://uv-es.libguides.com/Access\\_Medicina](https://uv-es.libguides.com/Access_Medicina) ]
  - . Médica Panamericana  
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**Additional**

- Trabajo con padres y terapia con hijos. Un modelo integrador. Novick, Kerry Kelly y Novick, Jack. Herder, 2019

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