

**COURSE DATA****Data Subject**

Code	33212
Name	Basketball
Cycle	Grade
ECTS Credits	6.0
Academic year	2024 - 2025

Study (s)

Degree	Center	Acad. year	Period
1312 - Degree in Physical Activity and Sport Sciences	Faculty of Physical Education and Sport Sciences	1	First term
1331 - Degree in Physical Activity and Sport Sciences (Ont)	Faculty of Physical Education and Sport Sciences	1	First term

Subject-matter

Degree	Subject-matter	Character
1312 - Degree in Physical Activity and Sport Sciences	9 - Foundations of team sports	Obligatory
1331 - Degree in Physical Activity and Sport Sciences (Ont)	9 - Fundamentos de los Deportes Colectivos	Obligatory

Coordination

Name	Department
SANCHIS SANCHIS, ROBERTO	122 - Physical and Sports Education

SUMMARY

The aim of the subject "Basketball" is to provide future graduates in Physical Activity and Sport Sciences with the basic knowledge of basketball in order to be able to develop their professional activity in the initial stages of this sport.

This compulsory first-year subject is located within the general framework of collective sports, serving as an introduction for future specialisation in subsequent years, where students will be able to perfect and deepen their theoretical and practical knowledge of this sport.



Thus, the subject "Basketball" will offer students a series of knowledge and skills that will be applicable, not only to this sport, but also to a large part of collective sports, so that it provides a comprehensive training for the graduate in Physical Activity and Sport Sciences.

PREVIOUS KNOWLEDGE

Relationship to other subjects of the same degree

There are no specified enrollment restrictions with other subjects of the curriculum.

Other requirements

No specific prior knowledge is required. However, due to the nature of the tasks that will be required throughout the course, it is recommended that students have a basic knowledge of office automation (word processing, spreadsheets, etc.) and video editing. For the correct development of the practical sessions, it is highly recommended that students have a basic knowledge of basketball regulations, as well as a basic knowledge of the basic technical-tactical skills of this sport (dribbling, passing, shooti

1312 - Degree in Physical Activity and Sport Sciences

- Apply the principles of fundamental rights, gender equality, equal opportunities, universal accessibility for people with disabilities, solidarity, environmental protection, the culture of peace and democratic values.
- Know and understand the common characteristics of collective sports (football, basketball and handball).
- Master the specific gestural motor development in collective sports (football) in the theoretical-practical aspects of the game in attack and defence.
- Integrate collective sports (football, basketball and handball) as an educational means in the school stages.
- Apply the strategic tactical fundamentals of team play in collective sports (football, basketball and handball).
- Select and know how to develop sports material and equipment suitable for each type of collective sport.
- Design, implement and evaluate the teaching and learning processes of collective sports (football, basketball and handball).

- Know the historical and rules evolution of basketball.



- Know, apply, and execute the offensive and defensive technical-tactical skills of basketball in the initial stages.
- Know and apply the basic rules aspects of basketball in the initial stages.
- Know and apply different teaching-learning methodologies for basketball in the initial stages.
- Know how to construct collective offensive and defensive game in the initial stages, starting from reduced game situations (2x2, 3x3) to global game (5x5).
- Know the basic aspects of basketball team management in the initial stages.
- Know the basic aspects of the management and preparation of basketball games in the initial stages.

DESCRIPTION OF CONTENTS

1. Player training in the initial stages.

- 1.1. Basketball analysis.
- 1.2. Offensive technical skills.
- 1.3. Defensive technical skills.

2. Nomenclature and graphic representation in basketball.

3. Basketball teaching.

- 3.1. Basketball teaching and methodology in the initial stages.
- 3.2. Management and evaluation of the teaching/learning session.
- 3.3. Risk management in the practice of basketball.

4. Attack and defence tactics in initial stages.

- 4.1. Dynamic game.
- 4.2. Positional game.
- 4.3. Space game.



WORKLOAD

ACTIVITY	Hours	% To be attended
Classroom practices	60,00	100
	0,00	100
Development of group work	5,00	0
Development of individual work	25,00	0
Study and independent work	25,00	0
Readings supplementary material	5,00	0
Preparation of evaluation activities	10,00	0
Preparing lectures	4,00	0
Preparation of practical classes and problem	5,00	0
Resolution of case studies	5,00	0
Resolution of online questionnaires	2,00	0
TOTAL	146,00	

TEACHING METHODOLOGY

The development of the course is structured around 2 theoretical and practical sessions a week for 2 hours during a semester.

90% of the total are engaged in the acquisition of specific skills of basketball and the remaining 10% is dedicated to the exhibition and group discussion of theoretical aspects.

The students presented over the semester, several works related to learning and teaching of basketball, or some of the contents of the program blocks, in order to expand the information gained by using new technologies and databases.

EVALUATION

1. CONTINUOUS ASSESSMENT

The assessment of the subject will be continuous. Throughout course, the teaching staff will require different assignments and tasks in order to favour the acquisition of the contents of the subject.



Attendance and active participation in the sessions will be necessary for the acquisition of the basic competences.

In order to be eligible for continuous assessment it will be necessary to actively participate in 80% of all sessions.

In case of injury/illness, as long as it is duly justified (medical justification), the teacher will assign complementary tasks that the student will have to carry out during the session. There will be no other type of exemption from the sessions (work, non-university competitions, etc.). Likewise, lateness and/or absence before the end of the sessions will be treated as unjustified absences.

The final mark in the CONTINUOUS ASSESSMENT will be the weighted average of sections A, B and C. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until the two examinations have been completed. When a student has obtained a mark equal to or higher than 5 in a section, he/she may not be assessed again in the same section in another examination. In case of failure, the marks of any section will not be kept for future courses.

A) Tasks and assignments (30%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the tasks/assignments will be defined by the teaching staff throughout the course.

All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Those tasks/assignments that do not comply with this requirement will be marked with a 0.

If a student submits a plagiarised work, he/she will be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original works. The teaching staff will use plagiarism detection software. Likewise, if the teaching staff finds signs of use of ChatGPT or other artificial intelligences, he/she will study the case and the student may be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may give rise to the corresponding criminal offences."

C) Theory exam/s (40%).

Before the end of the term, students must take a written exam with questions related to the contents of the course.

D) Practical exam/s (30%).

Before the end of the term, and as part of the continuous assessment, students must take one or more practical tests based on the design and implementation of one or more tasks that demonstrate the acquisition of the competences included in this guide.

*** Extra training (up to 0,75 additional points)**

With the aim of promoting the complementary training of students, those students who wish to do so may propose and participate voluntarily in training activities related to basketball. These activities may add up to 0.75 additional points to the final mark for the subject.

IMPORTANT: for an activity to be considered as extra training, it must be presented to the teaching staff before it is carried out, who will determine whether it can be considered as extra training, as well as the additional value (mark) that it would entail.

2. FINAL ASSESSMENT.

This type of assessment is reserved for those students who have not attended 80% of the sessions of the course.

The final mark in the FINAL ASSESSMENT will result from the weighted average of sections A and B. In addition, it will be an essential requirement to obtain a mark of 5 or more in each of the sections in order to pass the course, until the two examinations have been completed. When a student has obtained a mark equal to or higher than 5 in a section, he/she may not be assessed again in the same section in another examination. In case of failure, the marks of any section will not be kept for future courses.

A) Assignments and tasks (40%).

The mark in this section will result from the weighted average of the different assignments and tasks required by the teaching staff. The specific value of each of the assignments will be defined by the teacher.

Students must contact the teaching staff (by email or through the Aula Virtual) at least 60 calendar days before the date of the exam, so that they can be informed about which tasks/assignments must be submitted in order to pass this section.

All assignments and tasks required by the teaching staff must be submitted in the established form and on the established date. Tasks/assignments that do not comply with this requirement will be graded with a 0.

If a student submits a plagiarised work, he/she will be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original works. The teaching staff will use plagiarism detection software. Likewise, if the teaching staff finds signs of use of ChatGPT or other artificial intelligences, he/she will study the case and the student may be assessed with a 0 in the whole section A, regardless of whether he/she has submitted other original work.

"The literal copying, in whole or in part, of other people's work and presenting it as one's own is considered unacceptable conduct in the academic field. On the other hand, and by the Law on Intellectual Protection, total or partial reproductions of other people's works are usually forbidden, and non-compliance may lead to the corresponding misdemeanours or criminal offences."



B) Theoretical-practical exam (60%)

The theoretical-practical exam will consist of a written exam on the contents of the subject (both the notes provided by the teacher and the bibliography mentioned in this guide must be taken into account).

REFERENCES

Basic

- Goodson, R. (2016). Basketball essentials. Human Kinetics.

Lozano Piedehierro, J. A., Coque Hernández, I., Martín León, M., Jordana Dot, R. y Ramírez Loeffler, P. (2011). Entrenamiento en baloncesto: Nivel 1. Editorial FEB.

Madejón Morán, M., Martín León, M., y Jordana Dot, R. (2011). Táctica en baloncesto: Nivel 1. Editorial FEB.

Martín León, M., y Jordana Dot, R. (2011). Dirección de equipo en baloncesto: Nivel 1. Editorial FEB.

Martín León, M., y Jordana Dot, R. (2011). Formación del jugador de baloncesto: Nivel 1. Editorial FEB.

Méndez Giménez, A. (2005). Técnicas de enseñanza en la iniciación al baloncesto. Inde.

Montero Seoane, A. (2018). Didáctica del baloncesto. Paidotribo.

Olivera Betrán, J. y Ticó Camí, J. (1993). Génesis y etapas evolutivas del baloncesto como deporte contemporáneo. Tablas cronológicas (1891-1992). Apuntes. Educación Física y Deportes, 4(34), 6-42.

Sanchis-Sanchis, R., Encarnación-Martínez, A., i Pérez-Soriano, P. (2019).

Accions tecnicotàctiques individuals bàsiques del bàsquet: material docent. València.
<https://roderic.uv.es/handle/10550/72821>

Sanchis-Sanchis, R., Encarnación-Martínez, A., i Pérez-Soriano, P. (2019).

Accions tecnicotàctiques col·lectives bàsiques del bàsquet: material docent. València.
<https://roderic.uv.es/handle/10550/72824>

Wissel, H. (2012). Basketball: steps to success (3rd ed.). Human Kinetics.

Additional



- Cárdenas Vélez, D., y Alarcón López, F. (2010). Conocer el juego en baloncesto para jugar de forma inteligente. Wanceulen: Educación Física Digital, (6), 52-72. <http://hdl.handle.net/10272/4316>
- Cárdenas Vélez, D. (2010). El proceso de formación táctica colectiva desde la perspectiva constructivista. Wanceulen: Educación Física Digital, (7), 52-72. <http://hdl.handle.net/10272/4960>
- Carter, T. (Director). (2005). Coach Carter [Película]. Paramount Pictures, MTV Films.
- Doria, N. (2021). La revolución que nos enamoró: la historia de la selección femenina de baloncesto en el siglo XXI. Gigantes.
- Feinstein, J. (2023). Una temporada en el alambre: Un año con Bob Knight y los Indiana Hoosiers. Contra
- Fesser, J. (Director). (2005). Campeones [Película]. Morena Films; Movistar Plus+; Películas Pendleton.
- Whiteley, G., Leibowitz, A., y McDonald, D. (Directores). (2021). Last Chance U: Baloncesto [Serie de televisión]. Netflix.
- Wilson Jr, K. (Director). (2022). Secretos del deporte: El ascenso y la caída de AND1 [Serie de televisión]. Netflix.
- Pollard, S. D. (Director). (2023). Bill Russell: Leyenda [Película]. High Five Productions; Netflix.
- Real Decreto 980/2015, de 30 de octubre, por el que se establece el título de Técnico Deportivo en Baloncesto y se fijan su currículo básico y los requisitos de acceso, y se modifica el Real Decreto 669/2013, de 6 de septiembre, por el que se establece el título de Técnico Deportivo en Atletismo y se fijan sus enseñanzas mínimas y los requisitos de acceso. Boletín Oficial del Estado, 282, de 25 de noviembre de 2015. <https://www.boe.es/eli/es/rd/2015/10/30/980>
- Real Decreto 982/2015, de 30 de octubre, por el que se establece el título de Técnico Deportivo Superior en Baloncesto y se fijan su currículo básico y los requisitos de acceso. Boletín Oficial del Estado, 283, de 26 de noviembre de 2015. <https://www.boe.es/eli/es/rd/2015/10/30/982>
- Hodges, C., & Fanning, R. (2021). Tiro de larga distancia: Triunfos y luchas de un activista negro en la NBA. Capitán Swing.
- Mahia, F. (2022). Coast to Coast: Un viaje por los márgenes de los Estados Unidos a través del baloncesto. Contra.
- Orden ECD/481/2017, de 24 de mayo, por la que se establece el currículo de los ciclos inicial y final de grado medio correspondiente al Título de Técnico Deportivo en Baloncesto. Boletín Oficial del Estado, 127, de 29 de mayo de 2017. <https://www.boe.es/eli/es/o/2017/05/24/ecd481>
- Pérez Pueyo, Á. L., et al. (2021). Los modelos pedagógicos en educación física: qué, cómo, por qué y para qué. Universidad de León Servicio de Publicaciones. <https://buleria.unileon.es/handle/10612/13251>